

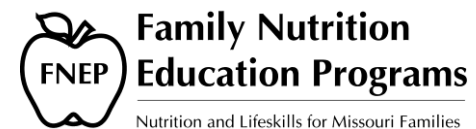
School Staff,

The **Show Me Nutrition Education Display** you see here is provided by University of Missouri Extension and the Family Nutrition Education Program to help you stay current on important nutrition and health topics, to help you maintain a healthy lifestyle, and to support your school's wellness policy.

You are encouraged to view the display board, read through the handouts provided, and take the knowledge you have gained back to your students using the resource information or by modeling healthy behaviors for your school.

Please indicate that you have viewed the board on the sign-in sheet and let us know how you plan to use the information.

Thank you for supporting the Family Nutrition Education Program.



Running out of money for food? Contact your local Food Stamp office, or go to www.dss.mo.gov/fsd/fstamp. For more information, call MU Extension's Show-Me Nutrition Line at 1-888-515-0016. Funded in part by USDA SNAP.