Checklist for Kindergarten (K) Show Me Nutrition (SMNK02) Curriculum:
Adventures in Nutrition with the Show-Me-Chef
Updated 6/2014

This checklist identifies materials you will need for this curriculum from campus, the share drive and selected Publications items. Be sure to review the Curriculum Information section and Supplies Needed section for each activity to see what other teaching materials you will need to teach this curriculum.

Description:
Students practice new skills such as tasting healthy foods, washing their hands and having fun moving their bodies.

NOTE: K is not to be used with EFNEP audiences

BEFORE TEACHING
___ FNP: Check with your supervisor that the school/site is on the current Approved Site List

MARKETING
___ Show Me Nutrition DVD – 11 minute overview of the FNP Program - Check-out from your region or contact Stefanie Crupe at: crupes@missouri.edu
___ √ Show Me Nutrition for Kids Pocket Folder - N996
___ √ Tiger Business Cards - N575: FNEP Program Business Cards qty of 50 – contain current required statements

TEACHING MATERIALS FROM CAMPUS – contact Stefanie Crupe

TEACHING
___ Children’s Books for this curriculum
___ All 4Kids DVD and Healthily Ever After DVD
___ Show Me Nutrition Songs CD
___ Show Me Chef Puppet & FightBAC! Puppet (if you use puppets)
___ Dairy Council Food Model Cards
___ Spin Game - Magnetic Whiteboard Spinners Only
___ Glo Germ Lotion & UV Lamp – (check-out from your region)

TEACHING MATERIALS FROM PUBLICATIONS

___ Publication #: SMNK02
___ Teaching materials available for each activity:
  *Tomato Truck Stickers - N763  *MyPlate Stickers – N920
**Newsletters (NS is Spanish):**

- **N001, NS001** – Lesson 1
- **N002, NS002** – Lesson 2
- **N003, NS003** – Lesson 3
- **N004, NS004** – Lesson 4
- **N005, NS005** – Lesson 5
- **N006, NS006** – Lesson 6
- **N007, NS007** – Lesson 7
- **N009** - Lesson 9 *(Spanish N/A)*

**NOTE:**

*English Newsletters – revised versions - available summer 2014*

*Spanish Newsletters – old versions are currently available in Publications. New versions will be available on the s: drive for print-on-demand – date TBD*

---

**MATERIALS ON THE SHARE DRIVE**

S:\MUCampus\HES\FNEP\Curricula & teaching materials\Show Me Nutrition SMN 2nd grade

---

**Food Supply List** - revised 5/2014

---

**NUTRITION EDUCATION REINFORCEMENTS**

*Guidance for distribution of nutrition education reinforcements:*

- Approved reinforcements are ones supplied by campus and have a nutritional message. Regions are no longer able to buy and distribute reinforcements locally.
- Each region has a **limited quantity** that must last for the program year. Do not give an item to each participant for each class they attend. Distribute an item after attendance in a series of classes.
- Allow for flexibility. If participants already have an item, give them another choice but make sure the item/message “matches” the lesson.
- Availability of reinforcements varies by region. Contact your regional Project Director (Coordinator) about what items are available in your region.

---

**FORMS**

- **Consent Form** *(FNP Only)*: [http://extension.missouri.edu/fnep/admin.htm](http://extension.missouri.edu/fnep/admin.htm)
- **Food Restrictions Form – Food Tasting (FNP & EFNEP Youth):** [http://extension.missouri.edu/fnep/admin.htm](http://extension.missouri.edu/fnep/admin.htm)
- **Program Information Form, N525:** [http://extension.missouri.edu/fnep/admin.htm](http://extension.missouri.edu/fnep/admin.htm)

---

**EVALUATION/REPORTING FORMS**

*Instructions for using all FNP evaluation tools:* [http://extension.missouri.edu/fnep/performeval.htm](http://extension.missouri.edu/fnep/performeval.htm)

*Success Stories – submit online at* [http://extension.missouri.edu/fnep/evaluation.htm](http://extension.missouri.edu/fnep/evaluation.htm)

**Questions?** Contact Candy Gabel, Curriculum Coordinator at GabelC@missouri.edu

**Checklist located at:** [http://extension.missouri.edu/fnep/teaching.htm](http://extension.missouri.edu/fnep/teaching.htm)