

## Checklist for 2<sup>nd</sup> Grade Show Me Nutrition (SMN202)

### Curriculum: Food Group Express

**Updated 6/2014**

*This checklist identifies materials you will need for this curriculum from campus, the share drive and selected Publications items. Be sure to review the Curriculum Information section and Supplies Needed section for each activity to see what other teaching materials you will need to teach this curriculum.*

#### **Description:**

Students learn that eating a variety of healthy foods from My Plate + being active = good health. To help them build a healthy body image, they learn that healthy bodies come in all sizes and shapes. Students become "ad-busters" by learning about techniques advertisers use to persuade consumers to buy food.

#### **BEFORE TEACHING**

\_\_\_ FNP: Check with your supervisor that the school/site is on the current **Approved Site List**

#### **MARKETING**

\_\_\_ **Grade Level Expectations (GLE) Handout:** <http://extension.missouri.edu/fnep/marketing.htm>

\_\_\_ **Show Me Nutrition DVD** – 11 minute overview of the FNP Program - Check-out from your region or contact Stefanie Crupe at: [crupes@missouri.edu](mailto:crupes@missouri.edu)

\_\_\_ **✓ Show Me Nutrition for Kids Pocket Folder** - N996

\_\_\_ **✓ Tiger Business Cards** - N575: FNEP Program Business Cards qty of 50 – contain current required statements

**TEACHING MATERIALS FROM CAMPUS – contact Stefanie Crupe**

#### **TEACHING**

\_\_\_ Children's Books for this curriculum

\_\_\_ All 4Kids DVD

\_\_\_ Spin Game - Magnetic Whiteboard Spinners Only

\_\_\_ Dairy Council Food Model Cards

**TEACHING MATERIALS FROM PUBLICATIONS**

\_\_\_ **Publication #** SMN202

\_\_\_ **Teaching materials** available for each activity:

\*N921 MyPlate poster OR N923 MyPlate Food poster

\*Physical Activity Cards - N862

\*Fruit Bingo Cards - N577

\*MyActivity Log for Kids - N864

\*MyPlate sticker – N920

\*I like to move it! Stickers – N851

\*MyActivity Pyramid for Kids Poster - MP687

\*Fresh Fruit & Vegetables Cards - N576 (copy provided with curriculum)

\_\_\_ Newsletters (NS Spanish):

\*\* N120, NS120 – Lesson 1  
\*\*N122, NS122 – Lesson 3  
\*\*N124, NS124 – Lesson 5  
\*\*N126, NS126 – Lesson 7

\*\*N121, NS121 – Lesson 2  
\*\*N123, NS123 – Lesson 4  
\*\*N125, NS125 – Lesson 6

**Note:**

\*English Newsletters – revised versions - available summer 2014

\*Spanish Newsletters – old versions are currently available in Publications.

New versions will be available on the s: drive for print-on-demand – date TBD

**MATERIALS ON THE SHARE DRIVE**

S:\MUCampus\HES\FNEP\Curricula & teaching materials\Show Me Nutrition SMN 2nd grade

\_\_\_ v Food Supply List - revised 5/2014

**NUTRITION EDUCATION REINFORCEMENTS**

Guidance for distribution of nutrition education reinforcements:

- Approved reinforcements are ones supplied by campus and have a nutritional message. Regions are no longer able to buy and distribute reinforcements locally.
- Each region has a limited quantity that must last for the program year. Do not give an item to each participant for each class they attend. Distribute an item after attendance in a series of classes.
- Allow for flexibility. If participants already have an item, give them another choice but make sure the item/message “matches” the lesson.
- Availability of reinforcements varies by region. Contact your regional Project Director (Coordinator) about what items are available in your region.

**FORMS**

Consent Form (FNP Only): <http://extension.missouri.edu/fnep/admin.htm>

Food Restrictions Form – Food Tasting (FNP & EFNEP Youth): <http://extension.missouri.edu/fnep/admin.htm>

Program Information Form, N525: <http://extension.missouri.edu/fnep/admin.htm>

**EVALUATION/REPORTING FORMS**

Instructions for using all FNP evaluation tools: <http://extension.missouri.edu/fnep/performanceval.htm>

Success Stories – submit online at <http://extension.missouri.edu/fnep/evaluation.htm>

Questions? Contact Candy Gabel, Curriculum Coordinator at [GabelC@missouri.edu](mailto:GabelC@missouri.edu)

Checklist located at: <http://extension.missouri.edu/fnep/teaching.htm>