Checklist for Eating from the Garden (EFTG)  
Updated 6/2015

This checklist identifies materials you will need for this curriculum from campus, the share drive and selected Publications items. Be sure to review the Curriculum Information section and Supplies Needed section for each activity to see what other teaching materials you will need to teach this curriculum.

Description:  
Through nutrition and gardening activities, Eating From the Garden hopes to increase consumption of fruits and vegetables. With help from area partners and volunteers, the program also promotes healthier food choices, gardening knowledge and physical activity.

BEFORE TEACHING  
___ Check with your Coordinator – this is a team-taught curriculum that involves other partners to implement  
___ FNP: Check with your supervisor that the school/site is on the current Approved Site List  
___ EFTG Kits: Please check-out the EFTG Kits from your region which provides tools/supplies  
* Catch a Rainbow Poster not provided – use: What is a Fruit, What is a Vegetable, and Color Power Poster  

MARKETING  
___ Grade Level Expectations (GLE) Handout: http://extension.missouri.edu/fnep/marketing.htm  
___ Eating from the Garden promotional brochure: http://missourifamilies.org/eatfromgarden/  
___ Newsletters – in the curriculum at the end of every Lesson  
___ Tiger Business Cards - N575: FNEP Program Business Cards qty of 50 – contain current required statements

TEACHING MATERIALS FROM CAMPUS – contact Stefanie Crupe

___ Dairy Council Food Model Cards

TEACHING MATERIALS FROM PUBLICATIONS

___ Curriculum - N755  
___ MyActivity Log – N864  
___ FNEP Food Label Cards – N574  
___ MyActivity Pyramid – N386

MATERIALS ON THE SHARE DRIVE  
S:\MUCampus\HES\FNEP\Curricula & teaching materials

___ Food Supply List
NUTRITION EDUCATION REINFORCEMENTS GUIDANCE

- Approved reinforcements are supplied by campus and have a nutrition message
- Each region has a limited quantity that must last for the program year. Do not give an item to each participant for each class they attend, distribute an item after attendance in a series of classes

FORMS
Consent Form (FNP Only): [http://extension.missouri.edu/fnep/admin.htm](http://extension.missouri.edu/fnep/admin.htm)
Food Restrictions Form – Food Tasting (FNP & EFNEP Youth): [http://extension.missouri.edu/fnep/admin.htm](http://extension.missouri.edu/fnep/admin.htm)
Program Information Form, N525: [http://extension.missouri.edu/fnep/admin.htm](http://extension.missouri.edu/fnep/admin.htm)

EVALUATION/REPORTING FORMS
Instructions for using all FNP evaluation tools: [http://extension.missouri.edu/fnep/performeval.htm](http://extension.missouri.edu/fnep/performeval.htm)
Success Stories – submit online at: [http://extension.missouri.edu/fnep/evaluation.htm](http://extension.missouri.edu/fnep/evaluation.htm)

**Questions?** Contact Candy Gabel, Curriculum Coordinator at GabelC@missouri.edu

**Checklist located at:** [http://extension.missouri.edu/fnep/teaching.htm](http://extension.missouri.edu/fnep/teaching.htm)