

**Checklist for Eating from the Garden**  
**(EFTG)**

**Updated 6/2015**

*This checklist identifies materials you will need for this curriculum from campus, the share drive and selected Publications items. Be sure to review the Curriculum Information section and Supplies Needed section for each activity to see what other teaching materials you will need to teach this curriculum.*

**Description:**

Through nutrition and gardening activities, *Eating From the Garden* hopes to increase consumption of fruits and vegetables. With help from area partners and volunteers, the program also promotes healthier food choices, gardening knowledge and physical activity.

**BEFORE TEACHING**

- \_\_\_ **Check with your Coordinator** – this is a team-taught curriculum that involves other partners to implement
- \_\_\_ **FNP:** Check with your supervisor that the school/site is on the current **Approved Site List**
- \_\_\_ **EFTG Kits:** Please check-out the EFTG Kits from your region which provides tools/supplies
  - \**Catch a Rainbow* Poster not provided – use: *What is a Fruit*, *What is a Vegetable*, and *Color Power* Poster

**MARKETING**

- \_\_\_ **Grade Level Expectations (GLE) Handout:** <http://extension.missouri.edu/fnep/marketing.htm>
- \_\_\_ **Eating from the Garden promotional brochure:** <http://missourifamilies.org/eatfromgarden/>
- \_\_\_ **Newsletters** – in the curriculum at the end of every Lesson
- \_\_\_ **Tiger Business Cards** - N575: FNEP Program Business Cards qty of 50 – contain current required statements

**TEACHING MATERIALS FROM CAMPUS – contact Stefanie Crupe**

- \_\_\_ **Dairy Council Food Model Cards**

**TEACHING MATERIALS FROM PUBLICATIONS**

- \_\_\_ **Curriculum** - N755
- \_\_\_ **MyActivity Log** – N864
- \_\_\_ **FNEP Food Label Cards** – N574
- \_\_\_ **MyActivity Pyramid** – N386

**MATERIALS ON THE SHARE DRIVE**

S:\MUCampus\HES\FNEP\Curricula & teaching materials

- \_\_\_ **Food Supply List**

## **NUTRITION EDUCATION REINFORCEMENTS GUIDANCE**

- Approved reinforcements are supplied by campus and have a nutrition message
- Each region has a limited quantity that must last for the program year. Do not give an item to each participant for each class they attend, distribute an item after attendance in a series of classes

## **FORMS**

**Consent Form (FNP Only):** <http://extension.missouri.edu/fnep/admin.htm>

**Food Restrictions Form – Food Tasting (FNP & EFNEP Youth):** <http://extension.missouri.edu/fnep/admin.htm>

**Program Information Form, N525:** <http://extension.missouri.edu/fnep/admin.htm>

## **EVALUATION/REPORTING FORMS**

**Instructions for using all FNP evaluation tools:** <http://extension.missouri.edu/fnep/performeval.htm>

**Success Stories** – submit online at: <http://extension.missouri.edu/fnep/evaluation.htm>

**Questions?** Contact Candy Gabel, Curriculum Coordinator at [GabelC@missouri.edu](mailto:GabelC@missouri.edu)

**Checklist located at:** <http://extension.missouri.edu/fnep/teaching.htm>