

FNEP Curriculum

Preschool	Kindergarten	First Grade	Second Grade
Show Me Nutrition: <i>Let's Read about Healthy Eating</i> Chick It Out The Foods I Eat – The Foods You Eat	Show Me Nutrition: <i>Adventures in Nutrition with the Show-Me Chef</i> Chick It Out Kids in the Kitchen	Show Me Nutrition: <i>Fun with Food and Fitness</i> Chick It Out Kids in the Kitchen	Show Me Nutrition: <i>Building MyPyramid</i> Chick It Out <i>Kids in the Kitchen</i>
Third Grade	Fourth Grade	Fifth Grade	Sixth Grade
Show Me Nutrition: <i>Building MyBody</i> Chick It Out <i>Kids in the Kitchen</i>	Show Me Nutrition: <i>Choosing Foods for Me</i> Chick It Out <i>Fight BAC</i> <i>Healthy Body Image</i> <i>Kids in the Kitchen</i>	Show Me Nutrition: <i>Exploring MyPyramid</i> Chick It Out <i>Discovering Food Science</i> <i>Fight BAC</i> <i>Healthy Body Image</i> <i>Kids in the Kitchen</i> <i>Mirror, Mirror</i> <i>Six Easy Bites</i> <i>This is Your Life</i>	Show Me Nutrition: <i>Digging Deeper</i> Chick It Out <i>Discovering Food Science</i> <i>Fight BAC</i> <i>Healthy Body Image</i> <i>Kids in the Kitchen</i> <i>Mirror, Mirror</i> <i>Six Easy Bites</i> <i>This is Your Life</i>
Seventh – Eighth Grades	Ninth – Twelfth Grades	Pregnant and Parenting Teens	Special Focus Programs
Show Me Nutrition: <i>Choices and Challenges</i> Chick It Out Discovering Food Science Fight BAC Healthy Body Image Mirror, Mirror This is Your Life	Destination Wellness Discovering Food Science Fight BAC Cyber Shop This is Your Life	Teenage Moms	Fight BAC Healthy Body Image This is Your Life