1. Freddie Frog loves to run outdoors but sometimes needs a little push to get him going. So what do we tell fast Freddie?
   “Take a Jog, Frog.”

2. Carly Caribou and friends have fun racing down the river. So what do we tell Carly?
   “Paddle that canoe, Caribou.”

3. Charlie Chimpanzee wants to find something fun to do outside in the winter. So what do we tell chilly Charlie?
   “Learn to ski, Chimpanzee.”

4. Angie Antelope loves to play in the snow. So what do we tell Angie?
   “Sled down the slope, Antelope.”

5/6. Amy Ape wants to have lots of energy. So what do we tell awesome Amy?
   “Stay in shape, Ape.”

7. Buster Bobwhite is looking for something to do on a windy day. So what do we tell Buster?
   “Fly a kite, Bobwhite.”

8. Wally Whale would like to try a new water sport. So what do we tell wild Wally?
   “Set sail, Whale.”
9

Al Albatross likes to play catch with his friends.
So what do we tell Al?
“Give the ball a toss, Albatross.”

10

David Dolphin knows that in order to play better he needs to practice.
So what do we tell David?
“Let’s go golfin’, Dolphin.”

11/12

Shelly Shark loves to play with her friends, but knows it’s not safe to play in the street.
So what do we tell Shelly?
“Play in the park, Shark.”

13

Marvin Mule knows that swimming is fun and good for his muscles.
So what do we tell Marvin?
“Swim laps in the pool, Mule.”

14

Teddy Turtle loves to run and jump but sometimes things get in his way.
So what do we tell steady Teddy?
“Clear the hurdle, Turtle.”

15

Gerard St. Bernard wants to play outside but needs to stay close to home.
So what do we tell Gerard?
“Play in the yard, St. Bernard.”

16

Henry Hawk likes to spend time with his family after dinner.
So what do we tell Henry?
“Go for a walk, Hawk.”
<table>
<thead>
<tr>
<th>17/18</th>
<th>Trent Trout wants to learn more about the world around him.</th>
</tr>
</thead>
<tbody>
<tr>
<td>“Get out and about, Trout.”</td>
<td></td>
</tr>
<tr>
<td>19</td>
<td>Brooke Bumblebee is looking for something to do at the picnic.</td>
</tr>
<tr>
<td>“Throw a frisbee, Bumblebee.”</td>
<td></td>
</tr>
<tr>
<td>20</td>
<td>Sammy Snake gets bored just laying in the sun.</td>
</tr>
<tr>
<td>“Water-ski on the lake, Snake.”</td>
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</tr>
<tr>
<td>21</td>
<td>Margaret Mole is looking for something to do on a rainy day.</td>
</tr>
<tr>
<td>“It’s fun to bowl, Mole.”</td>
<td></td>
</tr>
<tr>
<td>22</td>
<td>Godfrey Goat needs to get his family to the other side of the lake.</td>
</tr>
<tr>
<td>“Row a boat, Goat.”</td>
<td></td>
</tr>
<tr>
<td>23</td>
<td>Paula Pike wants to visit her friends before it gets dark.</td>
</tr>
<tr>
<td>“Ride your bike, Pike.”</td>
<td></td>
</tr>
<tr>
<td>24</td>
<td>William Weasel wants to be creative.</td>
</tr>
<tr>
<td>“Paint on an easel, Weasel.”</td>
<td></td>
</tr>
</tbody>
</table>
Bryce Blue Jay spends too much time watching TV.

So what do we tell Bryce?

“Go play, Blue Jay.”

Faith Fawn wants to help with the family chores.

So what do we tell Faith?

“Rake the lawn, Fawn.”

Mindy Mink wants to do something fun for her birthday.

So what do we tell Mindy?

“Skate in the rink, Mink.”

Heather Hippo loves to cool off on a hot summer day.

So what do we tell Heather?

“Go for a dip-o-Hippo.”

Quincy Quail loves nature and wants to get some fresh air.

So what do we tell Quincy?

“Hike a trail, Quail.”

Maisy Mouse gets tired sitting around the house all day.

So what do we tell lazy Maisy?

“Get out of the house, Mouse.”