

# The Project's Purpose

*The Carry-On Suitcase Project assists your local battered womens' shelter, by providing a suitcase filled with personal care items to every woman, teen and child who comes into the shelter. personal care items include things such as a new towel and washcloth. This project gives the women and children some of the necessities they will need as they journey into the future.*

## Mission Statement



## Startling Facts about domestic violence

- ~ A woman is beaten every 9 seconds.
- ~ Spouse murders account for 1/8 of all homicides in the U.S.
- ~ Nearly all of the victims of domestic violence are women.
- ~ Battered women come from all races, classes, ages, educational backgrounds, and religious backgrounds.

# The Carry-On Suitcase Project

## Contact Information



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The idea for the Carry-On Suitcase Project originated in the Wal-Center 4-H Club located in Cass County, Missouri.

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# The Carry-On Suitcase Project



“Everyone can be great, because everyone can serve.”

~ Martin Luther King Jr.



## The Suitcase

Suitcases are packed especially for adults/teens, children, and babies.

Personal care items must be new including the towel and washcloth. The books, stuffed animals, toys and suitcases can be used if they are in excellent condition.

These are some suggested items that could be included in the suitcases.

### 1. Adult/Teen

New towel, washcloth, shampoo, conditioner, toothbrush, toothpaste hairbrush, disposable razor, soap, deodorant, perfume samples, blow dryers, and curling irons.

### 2. Child

New towel, washcloth, shampoo, conditioner, toothbrush, toothpaste reading book, coloring book, stuffed animal, crayons, and other toys.

### 3. Baby

Baby bath soap, baby lotion, receiving blanket, new towel, washcloth, baby wipes, baby toys, stuffed animals, etc.



# All About the Carry-On Suitcase Project



"We can do no great things—only small things with great love." ~ Mother Teresa



When women and children leave their broken homes, they often bring little or nothing with them, fleeing with only their life and painful memories. They have a hard road in front of them while starting over. When the women and children leave a battered women's shelter, each person receives a suitcase.

## Project Impact

This project enables everyone in the family to have a place to keep and carry their clothes, belongings, and other personal care items. This project shows them that someone cares about them and they aren't really alone in the world.



## Suitcase Project on the Web

The Carry-On Suitcase Project is now on the world-wide web. At <http://extension.missouri.edu/fcrp/cosmanual.htm> you can access a full and complete project manual explaining in detail of how the Carry-On Suitcase Project can work for you!