MEAFCS presents:

MEAFCS presents: A 1 mile run/walk

Send registration and payment to:

$20 fee

Waiver: I, for myself or as a parent or guardian, hereby assume all the risk and hazards incidental to the conduct of the activities. I understand that no insurance coverage is provided by the race coordinators and sponsors. I further give permission for proper emergency care to be rendered to myself or child should I not be available to give such permission. I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. Having read this release and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to action in my behalf or on behalf of my estate, waive and release the City of Columbia, the University of Missouri Extension, Missouri Affiliate of NEAFCS and the Holiday Inn, all sponsors of the race, and any other persons assisting with the race, from all claims and liabilities of any kind arising out of my participation in the race even though the liability may arise out of negligence or carelessness on the part of the persons referred to in this waiver. No refunds. Participant (or parent/guardian of participant) gives consent to be photographed for any future promotional purposes.

Signature (parent or guardian if under 18)__________________________ Date____________

For questions or more information contact: Amy Bartels at 573-346-2644 or bartelsa@missouri.edu

VITAL RUN/WALK!

Crunched for time?

Do the Virtual 1 mile run/walk any time before October 24, 2018.

Post to social media: #sneakersformusummit #MUsummitsneakers