



The Bootheel 4-H Bulletin

Missouri 4-H website: <http://4h.missouri.edu/index.htm>
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Dunklin/New Madrid County 4-H

4-H Clubs

South Dunklin County 4-H

Meeting times vary in Cardwell. Contact Sherry McClelland for times and location.

4-H Youth in Action

Meets on the second and fourth Fridays in New Madrid.

Risco 4-H

Meets last Monday of every month at 5:30 pm at Risco Middle School.

Deadlines & Events

January 17- Regional Energizer Applications Due

January 19- Regional Rep Application Due

January 31- 4-H Mannequin Challenge due to State

February 18- 4-H Regional Energizer, Advance

February 20-22- Legislative Academy, Jefferson City

February 25- State Meat Judging Contest, Columbia

March 3-5- Youth Civic Leaders Summit, Windermere

March 24-26- Shooting Sports Leader Certification, Clinton

March 25-26- Teen Conference



January Birthdays!

William Jackson 5th

Jalicia Johnson 19th

Last Chance! SE Regional Representative to State 4-H Council-

Any 4-H participant, age 14-17 on January 1 of the election year, may apply to be a candidate for Regional Representative. The 4-H'er must meet the age requirements listed above, must be currently enrolled in a 4-H program, in good standing in their local 4-H club or unit, and have completed the previous year of 4-H work. Candidates should be selected by their region on the following basis: 40% 4-H experience; 50% personal interview; 10% recommendation by county 4-H staff. Application and Cover Letter due **January 19th**. Interviews will be held February 18th at the Regional Energizer. Application and information can be found at: <http://4h.missouri.edu/missouri-4h-council.aspx>

Payment of 4-H Membership Fees-

A benefit to 4-H members who have Medicaid **AND** are covered by a managed care plan is eligibility to have their membership paid. Currently 54 counties in Missouri are covered by managed care plans. We have updated the information sheets to include the names of the counties. You can also find a map of the counties at this link.

<http://dss.mo.gov/mhk/hregions.htm>

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Last Chance to Register! Southeast Regional Energizer-

Mark your calendar for the Southeast Regional Energizer. It will be held on Saturday, February 18th from 9:30 a.m. to 5:00 p.m. at **Advance High School in Advance. Registration is due January 17.**

The day will have workshops, games, food, dancing, and networking with 4-H members from the Southeast region.

Youth Civic Leaders Summit-

The Youth Civic Leaders Summit is a statewide event for 4-H members ages 14-18 and adult leaders who are involved in service and want to have a positive impact on their communities. It is held at Windermere at the Lake of the Ozarks. The dates are March 3-5, 2017. You can register for it online at <http://mo.4honline.com> and deadline to register is **February 1**. Cost is \$150 per person. Information is available at: <http://www.4h.missouri.edu/YCLS/main>

Shooting Sports Leader Certification-

The next Shooting Sports Leader Certification workshop will be March 24-26 in Clinton, Missouri. Registration will be open via 4HOnline from February 1st to March 15th, 2017 or until full. Registration is limited and will close when a discipline class reaches maximum number; or when the camp is full. All registrations accepted on a first-come, first-served basis when accompanied by a \$80.00 fee. Workshops usually fill up before the deadline, so don't procrastinate-register ASAP! For more information about the workshop click on the following link:

<http://4h.missouri.edu/shooting-sports-events/shooting-sports-leader-certification>

Currently SE region has a grant to reimburse the \$80 fee after attending the workshop. For more information contact 686-8064.

Teen Conference-

Grab your surfboard and ukulele, and catch a wave at Teen Conference on the tropical island of Columbia, Missouri! This is the first big trip away from home for many young islanders, and it's an awesome choice that you'll be talking about the rest of the year. Why? Because you'll make new friends, learn how to be a better leader and get a heads-up on all the exciting things waiting for you as a 4-H teenager! Teen Conference is for youth ages 11-13 and is March 25-26. Cost is \$179 and you can register at <http://mo.4honline.com> through January 15, 2017. For more information, go to: <http://4h.missouri.edu/teen-conference/main>

4-H MOVE Across Missouri-

MOVE promotes physical activity and encourages youths and adults to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more. Youth and adults can enroll in the Move Across Missouri (MOVE) project (HF775) in 4-H Online. Using a paper tracking system found on the 4-H website, youth and their families can "log" the number of minutes they accumulate throughout the year and during the competitive component of the MOVE. Record keeping through the paper tracking system is important because the competition period will be from February 1 to April 30. Youth and families will submit their total number of minutes logged and activities throughout the 12-week competitive period between May 1 - 15 in 4-H Online. 4-Hers and adults can register for the competitive event as individuals and/or as part of a team. For more information about 4-H MOVE visit - <http://4h.missouri.edu/4hmove/main>

2017 Missouri 4-H Equine Tour-

May 22-28, is headed to Oklahoma and Texas exploring the western equine world for teens dreaming of an equine related career or aspiring to learn more about the horse world. Each year's tour has a unique itinerary to help youth explore the diverse equine industry indigenous to the destinations. The 2017 will have a focus on the western performance and rodeo industry with visits to leading medical facilities, tours of top performance quarter horse ranches including the Lazy E, the Remington Horse Racing Track, the Cowboy Hall of Fame, and Fort Worth Stockyards. Visits to higher education institutions such as Northeastern Oklahoma College, Oklahoma State University, will be included with additional opportunities to meet nationally recognized leaders and trainers in the western equine industry. The \$600 tour fee includes charter bus transportation, tours, hotels, most meals, tour t-shirt, travel bag and other associated costs. Applications are available:

<http://4h.missouri.edu/equine-tour/equineregist>

The fifty four seats typically fill prior to the March 1 deadline. To avoid disappointment, submit complete application packet early! Questions? Debbie Davis, davisdd@missouri.edu or 816-539-3765.

MFA Saddle Award-

The MFA Saddle Award is awarded annually at the Missouri State Horse Judging Contest. Awarded to the Missouri 4-H member aged 14 years and older participating in the Missouri 4-H horsemanship program who demonstrates knowledge and skills in horsemanship and horse science, the ability to share the

knowledge and skills with other members and the commitment to better their community. This award is sponsored by M.F.A. Agri-Services-Feed Division, Ms. Janice Spears, Coordinator, 201 Ray Young Dr., Columbia, MO 65201.

Application is made via the Missouri 4-H MFA Saddle Application Form (available below). **Applications must be postmarked by January 2 and submitted to:**

MFA Saddle Award, State 4-H Office, 1110 S. College Avenue, Room 103, Columbia, MO 65211-3410.

State Meats Judging Contest-

When: February 25, 2017

Where: UMC Eckles Hall, Meat Lab

Time: Registration 8:30 and the contest starts at 9 a.m. and will conclude about noon with lunch provided for all participants, coaches and parents.

Entries: Through 4-HOnline. Youth and coaches must register. Substitutions are accepted before and day of contest. Cost: \$20 per member and no fee for coaches. If paying by check, your payment must be received at your County Extension Center office within five days of registration or your registration may be deleted. Please make checks payable to University of Missouri.

For more information go to

<http://4h.missouri.edu/meatsjudging/main> .

Show Me Equine Summit Competitive Horse Judging 101-

Join us for a clinic on competitive horse judging and oral reasons from Kayla Wells on Friday February 24, 2017 from 2:00 pm – 6:00 pm at the National Equestrian Center in Lake St Louis, MO 63367. Please see the attached Flyer and Registration form for more details!

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2017 4-H Agriculture Innovators Experience -

Would you like to bring an engaging Ag Literacy Activity to your camp, after school program, or community? The 2017 Ag Innovator Experience is a perfect opportunity to for your teens to teach and engage younger youth around Science and Agriculture.

Missouri 4-H is seeking fifteen teens (4-H age 14-18) to serve as leaders for the 2017 4-H Agriculture Innovators Experience: Healthy Soils C.S.I. Challenge.

To be nominated the teens must:

- Have a positive attitude and be excited about teaching others
- Be of 4-H age 14-18
- Be able to attend a state training in Columbia, Missouri

The teens will receive:

- A toolkit to conduct the Challenge Activity including materials
- A name tag and polo identifying them as a trainer
- The opportunity to participate in a national experience

Grant deliverables:

- Teens and supervising adult will submit an action plan by April 11
- Teens will reach 75 youth with the challenge activity (April 1-July 15)
- Teens will submit a short impact article by July 15
- Teens will respond to communication about program
- Submit photos of challenge activity
- Submit final report of grant activities by July 15

For questions or additional information please contact Shane Potter, pottersh@missouri.edu, 572-882-3835

Fostering, Growing and Sustaining 4-H Clubs: Project Leaders-

Project volunteers have a lot of responsibilities when it comes to keeping youth engaged and excited about 4-H project work across the span of several months. Be sure to check out *Session 7: Creating a Project Plan* resource. This outstanding training was put together through the national 4-H Military Partnership. Access this and other practical volunteer resources by going to the Missouri

4-H volunteer page

<http://4h.missouri.edu/volunteer.aspx> and click on click on 4-H 201: *Fostering, Growing and Sustaining 4-H Clubs* under the Volunteer Training heading.

AG EXPO-

This year's Ag Expo will be January 20-21. All 4-H members/volunteers who are interested may come and help at the 4-H booth.

There will be a lot of youth activities for ALL! Adults cost to attend is \$1 and students get in free! The 4-H/FFA Public Speaking Contest will be held on Friday, January 20 at 4 pm. Rules are attached. For more information, contact 686-8064.

Scholarships-

GCA (Garden Club of America) offers several scholarships available to undergraduate and graduate students that benefit plant species and their habitat.

See them all at:

<https://www.gcamerica.org/scholarships>

Zeller Summer Scholarship in Medicinal Botany
For summer study following any undergraduate year

Award: \$2,000

Deadline: February 1, of the year preceding the summer of study

The Garden Club of America Board of Associates Centennial Pollinator Fellowship
Graduate Student Fellowship

Award: \$4,000

Deadline: February 6, 2017

The Garden Club of America Award in Desert Studies

For graduates and advanced undergrads

Award: \$4,000

Deadline: January 15

Sodexo Stop Hunger Foundation Youth Grants-

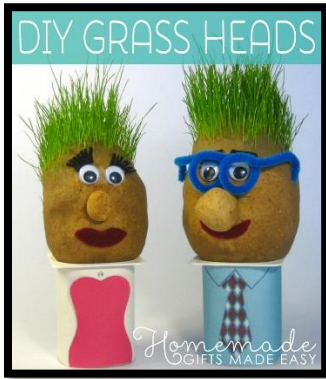
Deadline: January 15

beyond. www.YSA.org/SodexoYouth

"Always do your best. What you plant now, you will harvest later."- Og Mandino

 **4-H GROWS HERE**

DIY Grass Heads-



Supplies:

- ✓ **Old nylon stockings** or pantyhose
- ✓ **Grass seeds**
- ✓ **Sawdust or potting mix** for stuffing. Or just some soil from your garden.
- ✓ **Small yogurt cup**
- ✓ **Decorations.** Goggly eyes and fabric scraps for the heads, coloured paper for the bodies, pipe-cleaners for spectacles... get creative :-)
- ✓ **Water-proof glue**

Instructions:

- 1) Cut off an 8" (20cm) section of stocking that includes the toe
- 2) Stretch the stocking over a large cup or mug, and spoon in about 2 teaspoons full of grass seeds.
- 3) Pack in some sawdust or potting soil. Aim for the head to be roughly tennis ball sized.
- 4) Tie a knot to close the end
- 5) You can make a nose or ears by grabbing a bit of stocking and twisting. Fasten base of the nose with some thread or a small rubber band.
- 6) Decorate! Use fabric scraps or permanent marker to decorate the face, and colored paper to make the yogurt container into a dress or a suit or whatever you like - get creative! Just make sure that any glue or markers you use for the head are water-proof.
- 7) When you're ready to grow your head, dip it in a bowl of water to moisten the sawdust/soil. Half-fill the yogurt container with water, and put the head on top, with the excess stocking dangling down into the water.
- 8) Put your creation on a windowsill or somewhere with plenty of sunlight. Check every day to make

sure the head is moist - you might need to dribble a few drops of water onto the head now and then. "Hair" takes about 1 week to sprout. A full head of hair takes 3-4 weeks to grow, and "greying and balding" will occur after about 6 weeks. Experiment with different hairstyles!

Source <http://www.homemade-gifts-made-easy.com/grass-heads.html>

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