**April 4:** State 4-H Congress Applications

**April 6-12:** National Volunteer Week

**April 7:** 4-H Cardinals Forms Due

**April 11-13:** Hunting Skills Leader Certification: Roach, MO (Lake of the Ozarks)

**April 12-13:** Advanced Shotgun Clinic: Columbia, MO

**April 31:** MOVE Log Forms due to local Extension office

**May 1:** Starter Flock Application Due

**May 23:** Deadline for SEMO Camp Counselor Applications (Ages 14-18)

**May 31:** 4-H State Sport fishing Event: Millersburg, MO

**June 6:** Deadline for SEMO Camp Applications (Ages 8-13)

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**PROJECT HIGHLIGHT:**

**COMMUNICATIONS**

Have you ever had an important idea to share? Have you ever felt that there might be something being said somewhere that may be worth listening to? Do you think you'll want to have a great job someday? Would you like to get better at meeting friends & influencing people? If the answer to any of these questions is "yes", then you should check out the communications project.

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**SEMO 4-H CAMP**

This year’s camp is coming soon! Camp is scheduled for June 23-25 and theme is “Shoot for the Stars!” Camp is for ages 8-13, ages 14-18 can apply to become counselors. For more info contact your local extension office.

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**WILDLIFE HABITAT EDUCATION APRIL 26**

Study resources & detailed information about the event is posted on the WHEP web page:

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**HAPPY BIRTHDAY!**

Whitney Hall 7th

Dale McClelland 29th
http://4h.missouri.edu/go/projects/wildlife/whep.htm  Any member in good standing may register and participate. There is no requirement to be enrolled in a specific project. The contest will take place at University of MO Bradford Research and Extension Center (Bradford Farm) 11 miles outside of Columbia. Pre-registration is due April 15.

STATE 4-H CONGRESS
MAY 28-30, 2014

Congress is designed for MO 4-H’ers ages 14-19. 4-H’ers will learn the life skills of a super leader, connecting with experts in quality workshops & learning opportunities! Experience campus living in residence halls, cafeterias, classrooms, you name it! Applications are due April 4 to your local office. For more info visit: http://4h.missouri.edu/events/congress/

FILMFEST 2014

This event connects young filmmaking enthusiasts with film industry professionals and with other youth who share those same interests. Festivalgoers are free to make arrangements for travel, lodging, and meals that best fit their needs. Your $129 All Access Pass is your ticket to the event and includes film screenings, field trips, festivities, meetings, exciting workshops with film industry professionals, and other opportunities. Now is the time to get started! Film submission forms are online, and films will be accepted through July 1, 2014. As with last year, there is a 10-minute time limit on films, so that we can screen as many as possible in the most interesting ways. We continue to urge filmmakers to avoid scenes that involve youth pointing guns at each other! This will help us give your films the widest possible exposure through 4-H channels, without creating unnecessary complications. This year's film categories are:
- Narrative
- Animation
- Documentary
- 4-H Promotional
- Voices of 4-H History

If you have any questions about FilmFest 4-H, please email filmfest4h@missouri.edu.

DAIRY COW CAMP
MAY 24-26

Campers work in pairs and take part in workshops to learn about judging dairy animals, dairy management, animal care ethics and showmanship. Persons working in the dairy industry visit with campers about careers in the dairy industry as well. Participants will also be certified in the Show-Me Quality Assurance program. A judging contest and showmanship competition provide the culmination for the camp.
The registration and health form may be found at http://extension.missouri.edu/lawrence. For more info, contact Karla Deaver at (417) 466-3102, or your local county extension center.

**SUMMERS @ MIZZOU**

Do you have an idea you want to turn into your own business? Do you want to move from a seat in the audience to the Director’s Chair? Do you like helping people? Do you like maps? Do you enjoy helping animals? Are you interested in science?

If any of these apply to you, Summers @ Mizzou is where you should be this summer. Camps will be offered the week of July 13-17 and July 20-24th. Early registration is due by May 7. For registration & available scholarships see http://4h.missouri.edu/programs/summers

**2014 MISSOURI YOUTH MEDIA CONTEST**

How would youth tell their peers to eat healthy foods and be physically active? The MO Council for Activity & Nutrition (MOCAN), in partnership with the Missouri Department of Health and Senior Services, wants to know! Missouri middle school students (ages 11-14) are invited to submit an entry in the Youth Media Contest. Youth are asked to create a catchy slogan and submit a poster or short video showing how they would promote healthy eating and exercise to their peers.

Prizes are Amazon.com gift cards- 1st place: $500, 2nd place: $300 and 3rd place: $100. Each winner’s program wins the same prize, too! The deadline is April 25, 2014 and more information is available on the MOCAN website: http://extension.missouri.edu/mocan/YouthMediaContest/index.htm.

**2014 THEACHER ENVIRONMENTAL CONTEST**

This allows high school students the opportunity to show off their science and technology skills by submitting research projects focused on the use of remote sensing & analysis tools. *Cash Awards from $200 to $2,000!* Participation is open to all U.S. students in grades 9-12. Entries may be submitted by individuals or student teams. Entries must be postmarked or emailed by May 5, 2014.

For full contest rules and to enter, please visit http://bit.ly/Lt6CnN or call 703-312-0825.

“Hope is a waking dream.”
- Aristotle

**Stephanie Milner, 4-H Youth Specialist**

**UNIVERSITY OF MISSOURI Extension**

Butler County
222 N Broadway
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Phone (573) 686-6064/Fax: 778-8021
Web: extension.missouri.edu/butler

University of Missouri Extension provides equal opportunity to all participants in extension programs and activities and for all employees and applicants for employment on the basis of their demonstrated ability and competence without discrimination on the basis of race, color, national origin, sex, sexual orientation, religion, age disability or status as a Vietnam-era veteran.
Clover Kids can create every letter in the alphabet using their bodies. While participants wiggle, squirm and problem solve they are also getting good exercise, enhancing flexibility, agility, strength and awareness of their bodies.

**Stir the Soup**
Each participant finds a partner to do this stretching activity. Both partners sit on the floor, face to face, with their feet touching in a wide straddle. They reach out and grab each other's wrists and move side to side and forward and back. Remind youth to keep their knees straight!
Partners can make circles—small ones and then larger ones as muscles loosen.

**Balloon Soccer**
Material needed is a 10-inch round balloon. This activity can be played outdoors or indoors in a wide, open room.
Youth stand in a circle, shoulder to shoulder, holding hands. Youth kick the balloon around the circle passing to each player. After the balloon has been kicked around the circle, ask participants to take a giant step back and kick the balloon around again (hands may need to be dropped). Keep playing until there is no more space! Encourage youth to try kicking with the other leg in the opposite direction or pass the balloon by bouncing it off their heads.