

451 S. Albany, Bolivar, MO (417) 326-4916
<http://extension.missouri.edu/polk>
Angelia Ham
 4-H Youth Specialist
hama@missouri.edu



2010-2011 4-H Council Officers!

Member Council:
Brittany Eagleburger, President
Corey Edwards, Vice-President
Terri Anglen, Secretary
Recreation Leader,
Regional teen reps: Terri Anglen, Brittany Eagleburger, Corey Edwards (alt)

Adult Council:
Faith Cannon, President
Vice President/Reporter, Cindy Anglen
Secretary/Treasurer, Debra Horn
Member Liaison, Lori Edwards

DALLAS COUNTY RECOGNITION NIGHT 2010!

**NOV 8, 6:30PM, @ THE DAV BUILDING
 IN BUFFALO.**

Awards will be given for year completion, Super 4 - H 'ers, projects and much more! Please bring two covered dishes. If you have any questions, fell free to call
 Cindy Anglen, 417 - 345 - 7335.

Up-Coming Events

Recognition Night	Nov 8
County Committees to meet pg 5	Nov 13
Level 1 & 2 forms DUE for Regional Judging! Pg 5	Nov 15
Club Enrollments DUE!	Nov 15
Club Account Audits DUE! Pg 4	Nov 15
Bright & Bold pg 4	Nov 20
4-H Family Orientation pg 5	Nov 29



4-H Council Taking the Lead...

Dallas County 4-H Council Member Council officers have been elected! Adult officers are currently the same. If you are an adult officer and cannot attend council meetings or no longer wish to serve in that role, please contact the Extension office as soon as possible so we can elect new officers and continue moving Dallas County 4-H into the future!!!

University of Missouri,
 Lincoln University,
 U.S. Department of Agriculture
 & Local University Extension
 Councils Cooperating **University Outreach and Extension** does not discriminate on the basis of race

Angelia Ham



4-H Day with the Rams vs Chiefs...

Regrettably, there are no longer any tickets available for this event.

SOLD OUT

PREPARE FOR SUCCESS: YOUTH AS PROFESSIONALS COMING TO MIZZOU CAMPUS DEC. 4

"It Will Get Your Skills Pumping!" –Missouri 4-H Member

The State 4-H Council proudly presents the second year of "Youth as Professionals," a seminar for teens age 15-18. This workforce preparation experience focuses on attaining the skills needed to identify a good career fit, excel in job interviews, dress appropriately and succeed in the workforce. Additional content will include entrepreneurship and citizenship. Sessions will be taught by experts (faculty and possibly graduate students) from 4-H, MU Extension Human Resources, the College of Human Environmental Sciences, and the MU Career Center.

This event is scheduled for December 4 as a compliment to Camp Food & Fitness (Dec. 4-5), allowing the older "professional" and younger "camp" youth to pool travel arrangement resources in their counties.

Location will be the MU Campus, and youth may register directly with the 4-H Center via the web site at <http://4h.missouri.edu/go/events/professionals/>. Cost is \$15/person.

4-H CAMP FOOD AND FITNESS

The seventh annual 4-H Camp Food and Fitness is December 4-5, 2010 on the MU campus. Check the 4-H website for details and registration materials at <http://4h.missouri.edu/events/foodandfitness/>. Registration is due to the State 4-H office by November 15 (**due to your local Extension office by November 10**). Enroll quickly in this popular program because it is limited to 30 people!

The primary audience for the camp is youth age 12-14 enrolled in 4-H Foods projects but young people associated with any Extension program are eligible to attend if they

meet the age criteria. Cost is \$90/person and includes lodging at Stoney Creek Inn, meals, and take home materials. Start time is 10:00 a.m. on December 4 and the camp adjourns at 10:30 a.m. on December 5. **4-H faculty and staff serve as chaperones.**

Here's cool stuff youth get to do:

- Learn about culinary skills and practices
- Learn about food/nutrition and healthy eating
- Prepare and eat an evening meal
- Increase physical activity



COMPUTERS ON THE FARM Bradd Anderson

This annual event is geared for Missouri youth and adults interested in computer applications on the farm. Demonstrations and discussion of computer technologies for farm applications are emphasized in these hands-on, interactive sessions. Registration is required, but there is no registration fee for 4-H'ers and their parents to attend Computers on the Farm on January 7-8, 2011.

Location is Tan-Tar-A resort, and rooms are available at a special low conference rate. Lodging

KANSAS CITY 4-H GLOBAL SUMMIT Alison Copeland

The 2011 Kansas City 4-H Global Summit is March 16-19! Visit the Missouri 4-H website for more details including the participant age requirement, workshop and tour descriptions and registration forms - <http://www.4h.missouri.edu/events/globalconf/>. The cost is \$275 for youth and \$360 for adults.

The Summit provides opportunities for youth to explore careers, technology, environment and cultural diversity in a global society. Program features include:

Tours to Kansas City area businesses and organizations (i.e., Bayer Crop Science, Lee Jeans, Board of Trade, NBC TV 41, Midwest Research, Cerner Medical Systems, Smith Electric Vehicles and Farmland Foods)

Workshops showcasing a variety of careers (i.e., engineering, international law, CSI, archeology, DJ Audio, nuclear pharmacy, veterinary medicine, law enforcement, marketing and food science)

Cultural events - ethnic enrichment festival, including food, music and art

Dances, group events and other programs that provide opportunities for participants to meet youth from Arkansas, Kansas, Missouri, and Oklahoma.

Registration is due to the Dallas County Extension office by Dec 6th!

AIR RIFLE AND AIR PISTOL – STATE TEAMS TRY OUTS - Gerry Snapp

4-H members, 14 years and older as of Dec 31, 2010, are eligible to participate as a state team member in the national competition for 4-H Shooting Sports, June 19-25 in San Antonio, Texas. This year's state team member selection is comprised of 2 selection matches. The 4-H member must participate in both. The

4 youth with the best scores will make the state team. Pre-registration is required and due by December 10.

Location: Boone Co Fairgrounds – Columbia, MO

Dates: December 18, 2010 and January 30, 2011

For pre-registration form and additional information go to the Missouri 4-H Shooting Sports website at <http://4h.missouri.edu/go/projects/shootingsports/contests.htm>

TEEN CONFERENCE - February 5-6, 2011

4-H...a Teen Leader's Paradise

Are you interested in building useful skills while you make about 300 new friends? If the answer is "yes," you will definitely want to do that in a leader's paradise, at Teen Conference! Along with new skills, you'll learn about what's waiting for you as a 4-H teenager and meet other youth from across the state. Your teenage leaders on the State 4-H Council have planned this event and they'll all be there, leading the workshops themselves! This event is exclusively for youth ages 11-13 (age as of Dec 31) and there's a reason it always sells out, so contact the county 4-H office today and get signed up! The cost is \$100 and tickets can be pre-ordered at \$15/each. For more info, check the website at

BRIGHT AND BOLD - EXPLORING 4-H 2010

A Member, Leader and Family Workshop

Saturday, Nov. 20, 9am-3:00pm, Lay Hall @ Drury University , Springfield, MO

Sessions include...

Volunteer Orientation- Part 1 of 2 9:45am-12:45pm (*Must take parts 1 & 2*) **Clover Kids Activities** - for ages 5-7

Taking the Lead - A Leadership Workshop ideal for *Presidents & Vice Presidents* -as well as those aspiring to lead!

Club Leader Workshop

Discover the Fun in 4-H Demonstrations

Fun with Finance - Handling club funds, an ideal workshop for *Treasurers!*

Traveling with 4-H - 4-H can take you places!

Project Leader Workshop - For adults and teen project leaders.

Hot Off the Press - An ideal workshop for *Secretary & Reporter*: writing press releases, taking good notes, etc

History in the Making - Ideal for *Historians* and scrapbookers!

Walk on the Wild Side - 4-H Wildlife

Meeting the Challenge - Team Building for Youth - Fun for youth & great ideas for adults!

Poultry

Electricity

Robotics

Photography

Photography

Cake Decorating

Show-Me Quality Assurance

To register: Complete the registration form attached to this e-mail or inserted into this news-letter!

DALLAS COUNTY NEWS

CLUB LEADERS:

Forms you need...

Name & Emblem Request

Enrollment/Re-enrollment Forms

Volunteer Form

Volunteer Confidentiality Form

Turn in by Nov 15th!

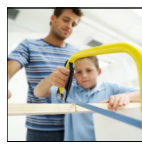
CLUB ACCOUNT AUDITS!! These are past due - due Nov 1st

This is a requirement from the Univ. of MO Extension Regional Director's office! The form is on the last page of the club Treasure's book and must be completed by someone outside of the club. Our local banks have been more than happy to assist with this! Your club treasurer can take the account materials to the bank and get assistance. What a great opportunity to learn! Once completed, turn in a copy to the Extension office. If you do NOT have an account for 4-H club transactions, please let us know.

Club Leaders: Please check with all of your members to be sure we have a current e-mail address to send news-letters to. If they do NOT have e-mail, please be sure the Extension office is informed so a copy can be sent by mail! Our new-letter is also available on the Polk County

website: <http://extension.missouri.edu/polk/>

PROJECT LEADER TRAINING—*We had it! Did you miss it? Vital details were shared at this important training. If you missed it, check in with the Extension office to receive the packet of information you need to make sure your 4-Hers project work is eligible !*



VOLUNTEER ORIENTATION—We had it - TWICE! If you missed it, check in with the Extension office to find out how to meet this volunteer requirement. This orientation is a one time required class for all adults working with 4-H members and strongly encouraged for ALL adults! *If you are a project leader, this orientation is REQUIRED (if you have not already completed it).*

PROJECT RESOURCES AVAILABLE ONLINE

Leaders and 4-H members, check out the project resources on the Missouri 4-H website under Projects at <http://4h.missouri.edu/projects/>. For example, there is a really good dog project related link under Dog project at <http://www.workingdogweb.com/Kids&Dogs.htm>. Of particular interest was the AKC link for activity sheets at http://www.akc.org/public_education/resources.cfm?page=7/. Under Projects are project briefs that also contain ideas for demonstrations, community service, etc. From A to Z, every project has lots of resource information worth checking out.

QUICK IDEA #1!

I am the activity leader for health and I need a program for tomorrow night. What do I do? Go to the 4-H website, <http://4h.missouri.edu/>. You can find a list of what should be in a first aid kit in LG638. <http://4h.missouri.edu/resources/materials/docs/LG638.pdf> Work with the youth on your health committee to share this document with the whole club and make a plan for each club member (or as many as possible) to bring items to the next club meeting to create your club's first aid kit. Your committee can decide on what type of container. Submit this idea to the club for approval to buy what will hold all the items. Your committee can purchase this container and then submit the bill to the treasurer. Use the list as an inventory and celebrate when the club has a complete kit! You not only engaged everyone in a health activity, your committee member learned how to handle a financial purchase for the club in a proper manner.

QUICK IDEA #2!

I have my first woodworking project meeting tonight. I don't know for sure how many kids will be at my house. The project literature is not even ordered. What do I do?

Go to the Missouri 4-H Website!! [Projects S-Z -- Missouri 4-H, University of Missouri Extension](#) Print a Skill-A-Thon to have something for kids to do and peak their interest at the meeting.

<http://4h.missouri.edu/projects/skillathons/docs/woodworkingmeasuringaboard.pdf>

Print the Project Brief for Woodworking so the kids have an idea to start planning what they want to do in the project.

DALLAS COUNTY NEWS

4-H 101 - A 4-H Family Orientation!

**Mon, Nov 29, 6pm-7:30pm
Bolivar United Methodist Church**

All 4-H families are invited to learn more about opportunities in 4-H! There will be activities for Clover Kids while members and parents participate in the orientation.

RSVP REQUIRED by Fri, Nov 19th!

Level 1 & Level 2 Recognition Forms DUE Nov. 15!

Turn in your revised Level 1 & Level 2 Recognition Forms for Regional Judging by Nov 15! (Level 3 DUE Jan 1.)

State Level winners receive:

SAVE the DATE! Polk County Shooting Sports Safety Training - Anticipated date: January 7 & 8

*Safety Training is a requirement for ALL first time shooting sports participants. If you are planning to participate in any of the Shooting Sports in POLK County, you are required to attend this training even if you are

“University Extension does not discriminate on the basis of race, color, national origin, sex, religion, age, disability, sexual orientation or status as a Vietnam era veteran in employment or programs.”

CLOVER KIDS CORNER - Alison Copeland

Thanksgiving Meal Placemats

Materials

- Large construction paper
- Markers or crayons
- Brown, orange, and yellow finger paints
- Paper plates
- Clear contact paper

Directions

Draw a turkey on a white piece of construction paper

Children can color or decorate the turkey with markers and crayons

Pour the finger paint in a paper plate

Have each child place their hand into the paint and use the handprint as the turkey's tail feathers

When the paint is dry, cover both sides of the paper with the contact paper to create an easy-to-clean placemat

