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Clinton County Office  
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816-539-3765  

Clinton County Web Site:  
extension.missouri.edu/Clinton  

Caldwell/Daviess Office  
102 N. Main, STE 1  
Gallatin, Missouri 64640  
1-888-663-3232  

Caldwell/Daviess Web Site:  
extension.missouri.edu/caldwell  
DeKalb County Website:  
extension.missouri.edu/dekalb  

Dr. Ina Linville  
State 4-H Director  
linvillei@missouri.edu  
1110 College Avenue  
Columbia, MO 65211-3410  
573-882-9359  

State 4-H Website:  
http://4h.missouri.edu  
(where ALL the answers are)  

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### February  

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>23</td>
<td>Clinton County Extension Annual Meeting, Youth Building, 7pm</td>
</tr>
<tr>
<td>6</td>
<td>Live Radio 4-H Breakfast Club—KKWK 100.1 FM 8:10 am</td>
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### March  

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>1</td>
<td>Equine Tour application DUE</td>
</tr>
<tr>
<td>2</td>
<td>Live Radio 4-H Breakfast Club—KKWK 100.1 FM 8:10 am</td>
</tr>
<tr>
<td>5</td>
<td>Clinton County 4-H Council Meeting, 7pm, Lathrop FCC and Make up filming for Contest Day</td>
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<tr>
<td>6-8</td>
<td>Civic Youth Leaders Summit. Windermere, Roach, Mo.</td>
</tr>
<tr>
<td>14</td>
<td>Clinton County Contest Day 8:30 am-2 pm, Plattsburg Middle School</td>
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<tr>
<td>14</td>
<td>State Horse Judging, MU, Columbia</td>
</tr>
<tr>
<td>21</td>
<td>DeKalb County Contest Day, United Methodist Church, Maysville, Saturday 2-5 pm</td>
</tr>
<tr>
<td>22</td>
<td>Caldwell County Contest Day, Nazarene Church, Kingston, Sunday, 2-5pm</td>
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### April  

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>6</td>
<td>Live Radio 4-H Breakfast Club—KKWK 100.1 FM 8:10 am</td>
</tr>
<tr>
<td>20</td>
<td>DeKalb County 4-H Council meeting, United Methodist Church, Maysville, 7pm</td>
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</tbody>
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Northwest Regional Energizer Held  
The second annual Northwest Regional Energizer was held on Saturday, January 24, 2015 in Hamilton at the Elementary school. The energizer was open to all 4-H members from the nineteen counties in the region.

There were 49 workshop facilitators who co-led 31 different workshops. Workshop facilitators included regional and campus 4-H specialists, 4-H staff, youth and program partners such as the MO Department of Conservation, the Missouri Star Quilt Company of Hamilton and Crowder State Park in Trenton. There were 286 youth and adult participants in the various workshops.

Tied fleece blankets were made by all youth as a community service learning project. Pictured below are all our youth participants and the 37 blankets that were completed. 15 of the blankets were donated by our counties to the Green Hills Women’s shelter.

Plans are already being made for a bigger and better, if not the BEST 2016 energizer.
Shooting Sports Safety Classes Available

If you want to participate in the 4-H Shooting Sports, you must take a safety class. Here are some options.

Andrew county shooting sports safety class will be held February 22, 8:30 am, REC building in Savannah. There will be an hour break for lunch. You can call the Andrew County Extension office at 816-324-3147 for more information.

Callaway County has their final Shooting Sports Safety Course on February 20-21. They meet Friday from 6 to 9 pm and on Saturday from 9 am to noon. They need to be at both days to complete the safety certification. They can register by calling the Extension Center at 573-642-0755.

Bates County’s class will be held March 1st at 2:00 p.m. at the Adrian Optimist Building, Adrian, MO. Sign-in begins at 1:30.

There will be a safety training held in McDonald County on Saturday, February 28 from 9:00 AM to 3:00 PM. The training will be held at New Life Church- 427 New Life Lane in Anderson, MO. Members must have an adult to chaperone them for this day. Send your registrations to the McDonald County Extension Office- P.O. Box 336, Pineville, MO 64856 by February 20. Call Jimmy Thacker for more details, 417-846-3455. Cost is $5 per person if you pre-register. Registration at the door is $7. This fee covers lunch. All who plan to eat lunch, youth and adult must pay this fee.

4-H Shooting Sports—Leader Certification Workshop

Registration will be via 4-H Online. If currently in the 4-H Online system, a leader should access their family profile to register. If new to 4-H, you are asked to go to the internet and use either Chrome or Firefox browser (not Explorer) at https://mo.4honline.com and follow the instructions on creating a family and adult profile. Event registration help guide is found at http://4h.missouri.edu/enroll/.

WHEN:       March 20-22, 2015

Check In:     6:00- 7:00 pm Friday, for 1st timers
              (if not completed Volunteer Orientation)
Repeat participants may check in:
7:00- 10:00 pm Friday OR 7:30-8:00 am Saturday

1st Session: Friday, March 20, 7:00 p.m.
Workshop concludes 3:15 pm - Sunday

WHERE:       Camp MoVal
              Union, MO

COST: $75- includes 5 meals, overnight lodging (1 or 2 nights), and workshop materials

PRE-REGISTRATION: Required by March 1.
Application and Leader Resources for Sportfishing Leaders

Sportfishing is not just about taking kids fishing. There are 4 parts to this program: 1) Angling Skills 2) Tackle Craft 3) Aquatic Ecology 4) People & Fish.

This year’s State Sportfishing event to be held May 30, 2015, just outside of Columbia, requires that youth participating have a “Certified Sportfishing Leader” to be eligible to win prizes. Sportfishing Leaders should read and fill out the application (available at http://4h.missouri.edu/go/projects/sportfishing/). They will submit an application to the state office and payment to receive the leader resources, which includes all youth projects as well as 2-inch binder of resources, background information and more activities! To complete certification the leader must complete the quiz based on these materials and our risk management poli-

2015 Missouri 4-H Equine Tour Heads North!

Do you dream of combining your equine passion with a future career, love to learn more about the horse industry, and enjoy making new 4-H friends who share your love of horses? The University of Missouri Extension 4-H Annual Equine Tour may be just for you! The 2015 tour, May 23-29, will be exploring the horse industry in Missouri, Illinois, Wisconsin, Canada and Michigan and is open to Missouri 4-H teens, ages 14-18. Tour highlights will include collegiate equine education departments, harness racing, visiting a variety of equine farms, meeting 4-H horse members in Wisconsin and Canada, and touring Mackinac Island. Participants will learn from leading equine professionals in the fields of equine therapy, dressage, entertainment, training, art, harness racing, equine facility management and equine welfare. In its ninth year, the tour has proven to be a great opportunity for participants to expand and clarify their possible equine related career paths.

“The Missouri 4-H Equine Tour has helped me grow as an equine professional and find where my passion lied within the industry. The many different connections I have made have opened doors and lead to new career paths, showing just how vast the industry really is. The trip definitely helped to light a spark in me and strive to become an active and intriguing member of the equine industry. It has led me to take working student positions in other states and not be afraid to chase my passion for horses overseas in Poland and Germany. I thank everyone involved with the Missouri Equine Tour for helping me pursue and live my equine dreams.”

Addie Rowles, Wentzville hometown, Williams Woods Junior, Equestrian Studies

“I wouldn’t call it a dream job, but rather living the dream. These 60 hour workweeks test the best of everyone, and the horses are constant teachers and reminders about always doing your job and doing it well. This work is enough to make anyone realize whether they truly love horses or the idea of them, and about your own personal work ethic. During the spring and summer, the ranch is in full sales prep mode handling around 300 yearlings, breeding 2500 mares, and foaling out over 250 mares. This is the largest Quarter Horse racing facility in the world, and I’m very happy to be here and part of the Lazy E family. We visited the Lazy E Ranch on one of our Missouri 4-H Equine Tours, and now 6 years later, I’m working here! ”

Megan Brackenridge, El Dorado Springs hometown, MU Animal Science Major currently working at the Lazy E Ranch, Guthrie, Oklahoma

“Some of my best high school memories include 50 horse loving 4-Hers on a bus bound for a new state spending a week with my best friends, and that we would be spending hours engulfed in horse knowledge. That was a perfect trip for me. From Churchill Downs in Kentucky to the working ranches of Wyoming, I learned about multiple facets within the American horse industry. I will never forget the sensation I had touching Secretariat’s grave. It gave me chills to be that close to a legend. I was a horse obsessed youth and while I no longer compete in shows and rodeos, the equine tours taught me a valuable lesson: ‘Horses can still be a part of my life even if they are not tied to my career.’ Years later, I am still close with the 4-Hers I met on the equine tours. It is a great experience which brings together Missouri 4-H teens united in their passion for horses.”

Breanne Brammer, Gallatin hometown, MU Senior Animal Science and Agricultural Journalism Studies

The $600 tour fee provides charter bus transportation, 4-H staff and volunteer chaperones, and most all travel related expenses. Applications are available at http://mo4h.missouri.edu/events/horse/ and are due before March 1, 2015. For additional information, contact Debbie Davis, 816-539-3765, davisdd@missouri.edu.

Deadlines, deadlines, deadlines...

We have lots of deadlines in this issue of the Clover. Please pay attention to them for everyone’s benefit. Our deadlines have purpose and are established with adequate time to meet registration requirements. Our character is built upon the six pillars of trust, responsibility, fairness, respect, caring, and citizenship which are tested daily. 4-H has proven to be the best positive youth development program and practicing responsibility by learning the value of meeting deadlines is just one of the many life skills gained by tomorrow’s citizens.
The Ron Walker Memorial Camp Crowder Scholarship Now Available

The Ron Walker Memorial Camp Crowder Scholarship Fund has been established in honor of Ron Walker, NW Regional Camp Director who passed away in December of 2011. Ron believed that every child should be given the opportunity to attend camp, and the scholarships will be awarded to 4-H youth who wish to attend Camp Crowder but may be unable due to cost. This scholarship is available to anyone in the 15 counties of the NW Region.

Ron was a tenured 4-H member as a youth. As a 4-H parent, Ron spent most of his years guiding his children down the same path. For the last ten years, he served as 4-H youth specialist for Buchanan, Andrew, and Holt counties, as well as CPD for DeKalb County. Ron believed in the merit and value of the camp experience for youth, and he was especially proud of giving new life to the 4-H program at Camp Crowder. Under his guidance it became one of the strongest camp programs in the region.

If you wish to apply for one of the scholarships, please complete the application form found on our website, www.extension.missouri.edu/clinton and return it by March 15, 2015 to: Buchanan County Extension, 4125 Mitchell Ave., St. Joseph, MO 64507

If you are awarded a scholarship, you will be notified by April 1, 2015. If you need additional applications, please contact your local 4-H office or Buchanan County Extension at (816) 279-1691.

NW Missouri Recognition Form Award Winners

At the end of each 4-H year, members are encouraged to complete the Missouri Recognition Form summarizing their personal growth through their 4-H projects and activities for county, regional and state awards. The following winners for the Northwest Region have been recently announced.

Level 1, Ages 8-10, will receive a $50 4-H camp scholarship: Caroline Mayes and Addie Kimmerle, Clinton; Cole Murphy, Saline; Gavin Rhode, Buchanan; Samuel Derks, Gentry.

Level 2, Ages 11-13, will receive a scholarship to Teen Conference: Terryn Dodson, Livingston; Jacob Steele, Ray; and Cassie Eddy, Saline.

Level 3, Ages 14-18, compete to be chosen as a Missouri Delegate to the National 4-H Congress in Atlanta, Georgia, November 2015. Regional individuals receiving the top scores on their Missouri Recognition Form were interviewed at the Regional Energizer and based on combined written and interview scores, the top nine candidates will be judged at the state level. The final interviews are conducted during State Congress and National 4-H Congress delegates are introduced at the closing assembly.

Good luck to these NW regional candidates: Bethany Miller, Carroll; Jensen Mayes, Clinton; Tana Anderson, Clinton; Drew Davis, Carroll; Olivia Knox, Saline; Haleigh Karl, Clinton; Lauren Adams, Clinton; Corbin Bell, Lafayette; and Drew Wright, Andrews.

Judges for the National Congress Interviews were Greg Razer, Deputy Regional Director for US Senator Claire McCaskill; Dorothy Silvey, Caldwell County Extension Council Secretary; and Missouri Representative Joe Don McGaugh.

Regional Representative Candidates 2015

Congratulations to the Northwest Regional Representative Candidates selected from the regional interviews at the Energizer: Kara Berry, Carroll; Alli Bertz, Lafayette; Abby Bertz, Lafayette; Lauren Adams, Clinton; Tana Anderson, Clinton; McKell Norris, Buchanan; Kate Wright, Clinton; Drew Davis, Carroll; and Jensen Mayes, Clinton. Good luck at the State Congress elections to determine the NW Regional Reps to State 4-H Council!

Regional interview judges for regional representatives were: Wade Wilken, Clinton County Presiding Commissioner; Julie Rains, Daviess County; Cara Riekhof, former Missouri State 4-H Council, Lafayette County.
**2015 Ak-Sar-Ben Information**

The Ak-Sar-Ben 4-H Stock Show is a 4-H only Stock Show that is held annually in Omaha, Nebraska the last week of September. 4-H members from Colorado, Illinois, Iowa, Kansas, Minnesota, Missouri, North Dakota, South Dakota, Nebraska and Wyoming have the opportunity to make entries and exhibit. This message is being sent to every County Extension Office in your state to make you aware of an opportunity for your 4-H members. The Stock Show has a growing scholarship program that distributed nearly $125,000 in scholarship benefits last year to 4-H members in our ten state area to help further their education. In addition to seven livestock shows the schedule also includes several non-livestock competitions including a Quiz Bowl competition, Livestock Judging contests with divisions for 4-H, Junior College and Senior College teams and a Fitting Challenge competition.

**Project Leader 101:**

Youth and adult partnerships in 4-H provide an opportunity for sharing responsibility and ideas and developing leadership skills together. Youth leaders are involved in planning, teaching and leading projects, activities and events at all levels of 4-H.

**Successful youth-adult partnerships**

- Build relationships and a cooperative environment.
- Learn about each other before you start the project to build trust.
- Understand differences. Learn from one another what each of you needs and expects from the other.
- Understand that each person brings gifts/talents/resources to the partnership.
- Know your goals and focus on those you have in common. Youths need to be involved with decisions that affect them, and adults need to understand why this is important.
- Find a balance of power and find importance in working together. Try to maintain an equal number of youths and adults. Ensure that youths are decision-makers, not just participants or observers.
- Reveal skills and attitudes that will cultivate a successful partnership.
- Young people are capable of significant decision-making.
- Show genuine concern for issues addressed in the project. The issues should be real and relevant to members.
- Recognize and bring attention to the feelings of accomplishment.

Acknowledge each person’s contribution as a part of the team. **Both adults and youths should agree to the following:**

**Adults**
1. Recognize youths as equals in making decisions and accepting responsibilities.
2. Model good communication with youth leaders.
3. Encourage and support youths on a continuing basis throughout planning, implementation and evaluation of the activity.
4. Understand that mistakes are opportunities to learn.
5. Ask for help when needed.

**Teens**
1. Get along with and be a positive role model to younger 4-H members, peer group and adults.
2. Be sincere in helping others and working with groups.
3. Plan ahead and complete activities.
4. Be aware of abilities and limitations.
5. Ask for help when needed.
6. Share decision-making and responsibilities with adults.

For more information, see project meeting plan worksheet in the 4-H Project Leader Guidesheet LG784.

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**Clover Kids Corner**

Through Clover Kids clubs, children learn how to get along, share and work in groups, explore their interests and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce 5- to 7-year-olds to the 4-H concept of learning by doing.

**Wild Bird Treat**

**YOU WILL NEED**
- Wild bird seed mix
- Pinecones
- Creamy peanut butter
- String, thread, or twine
- Newspaper

**HERE’S HOW**
1. Pour a pile of bird seed onto the newspaper.
2. Using a dull knife, fill the spaces in the pinecone with peanut butter.
3. Roll the sticky pinecone in the bird seed and push the seeds into the crevices with your fingers. Make sure you fill it up with seeds.
4. Tie the string onto the top of the pinecone. Cut the string, leaving it at least six inches long.
5. Hang the pinecone from a tree outside as a treat for wild birds.

**YOU WILL NEED**
- Wild bird seed mix
- Pinecones
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**LEADER LOOKOUT**

**February/March club leader tips**

February is often described as the month of love, adoration and appreciation. We hope that you are enjoying your experiences as a club leader and enjoying the time you are investing in the 4-H program. You are a very important member of the MU Extension 4-H team, and we value your commitment to the success of the program.

As you begin reviewing items for this upcoming month, consider the following ideas and suggestions:

1. **Before the meeting,** contact project leaders and confirm they have judgments classes prepared for the club meeting. Junior leaders are a great resource for creating and working these stations.

2. **Check committees** to be sure they are functioning and progressing toward goals set earlier in the club year.

3. **Set up time to recruit people** to help members prepare recognition forms for recognition. Helpers could be older members, alumni members, parents and 4-H Extension staff.

4. **Check project groups.** If a project group has not met, offer time immediately before or after the club meeting for the project’s organizational meeting. Discuss timeline for completion with project leaders.

5. **Begin sharing opportunities available** to members in the summer. Encourage participation in summer activities such as camps, 4-H Congress, fairs and other trips by having club members share experiences attending these events.

6. **Enjoy a Valentine /St. Patrick’s Day-Party and/or service project.** If a service project is completed, take time to discuss how the group felt about the project, how they think their project will affect others and what other projects they would like to complete in the future related to this one. (“Do – Reflect – Apply” learning triangle)

7. **Remind livestock members** of weigh-in deadlines and ownership dates for state fair participation.

**Missouri State Fair Livestock Families**

There are some important new rules and regulations for the 2015 Missouri State Fair. You are responsible for reading and following the new rules. Find them at:


**Camping reservations open May 1 and livestock entry forms available May 7.**

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**2015 Missouri State Fair**

**Animal Ownership Dates & Info**

The ownership dates indicated above, apply to 4-H and FFA youth. Livestock shows and exhibitions set up minimum dates for length of ownership necessary for exhibiting. The dates to the right have been established by the state of Missouri.

**Beef Cattle**  Steers 3/1
Breeding animals 6/1

**Sheep**  Breeding animals 7/1
Market lambs 6/1

**Swine**  Breeding animals 90 days
Breeding boars since farrowing
Market hogs 90 days

**Dairy cattle**  All dairy cattle 6/1

**Dairy goats**  6/1

**Meat goats**  6/1

**Horses**  5/1

**Rabbits**  6/1

**Poultry**  Meat pen 5-10 weeks prior to
Roasters 8-10 weeks prior to
Broilers 6-8 weeks prior
Fryers 5-10 weeks prior to show

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**Monthly MOVEment Activity**

**Slow Poke Copycat**

Have the group stand facing forward, at least two arm-lengths away from each other. Tell them to be “slow poke copycats” by copying your movements. Lead the group through a series of slow movements to help stretch the different body parts:

- One arm on waist, gently swing the other arm forward and backward, and side-to-side. Change sides.
- Place on foot in front of the other about 12 inches apart.
- Rock back and forth, slowly lifting the free leg.
- Take two sliding steps to one side and back to the other.
- Sit with legs straddled and arms overhead, palms facing each other. Bring arms down to shoulder height with palms up, then bring arms forward with palms facing each other. Repeat.
- Lie down and make yourself as long as possible, then as wide as possible.

Ask for volunteers to take turns being the leader.

_There’s still time to be a part of the 2015 MOVEment. Sign up now!_
Spring County 4-H Contest Day
Clinton County—Plattsburg Middle School Saturday, March 14, 2015, 9-2 pm
DeKalb County—United Methodist Church, Maysville, Saturday, March 21, 2015, 2-5 pm
Caldwell County—Nazarene Hall, Kingston Sunday, March 22, 2015, 2-5 pm

Contest Day—Let’s Prepare!

Hello 4-H members, are you ready for Contest Day? At Contest Day, all members will have the opportunity to enter and be judged on Public Speaking, Demonstrations and Personal Appearance. By separating these contests from Achievement/Exhibit Day, it is hoped that youth will feel more comfortable and have more time to spend on each activity. Remember, ALL 4-H members including Clover Kids are encouraged to participate in at least one event for Contest Day! Just remember to choose a topic that you are interested in and relates to one of your projects.

Demonstrations are a lot like Show & Tell. You pick a topic/subject to explain how it is made, or how to use it, and then continue to tell your audience step by step the instructions on how to accomplish the completed task.

Why give demonstrations? A demonstration helps others learn how to do something useful, perhaps in an easier or more practical way. Demonstrating is one of the best methods of teaching others, because it involves visual and verbal presentations at the same time.

Demonstrations benefit 4-H members by helping to:

- Develop self-confidence
- Learn to express ideas clearly
- Ability to spontaneously answer questions
- Acquire subject matter knowledge

Hints & Helps

- Posters can be a help. Use a poster to emphasize the main points. The poster should be planned after the demonstration is outlined and practiced. Make sure the letters are big enough and clear enough that they can be read from the back of the room.
- Practice is important. It can help work out the easiest way to arrange the materials. Do things in order, explain every action, know the subject, have all the equipment needed and give reliable information.
- Appearance. We encourage members to wear clothes that are suitable for what they are demonstrating. Being neat and clean is always appropriate!
- Time limits. Be careful if your category has a time limit. Do not be penalized by going over your allotted time!

If you are unable to attend Clinton County Contest Day, on March 14, we will offer a taping session on March 5 at 6pm at the First Christian Church in Lathrop. Please come prepared – each public speaking and/or demonstration will be shot in a one take scenario. Please fill out the appropriate paperwork and call the office to arrange an appointment for your taping.

See these websites for more information:
http://www.mo4h.missouri.edu/go/events/statefair/demoguidelines.htm
http://www.mo4h.missouri.edu/events/publicspeaking/categories.htm
http://www.mo4h.missouri.edu/events/horse/#speaking
http://www.mostatefair.com/premium-guide

Caldwell County forms found at: http://extension.missouri.edu/caldwell/4h.aspx
Clinton County forms found at: http://extension.missouri.edu/clinton/upcomingevents.aspx
DeKalb County forms found at: http://extension.missouri.edu/dekalb/4h.aspx

Remember, Contest Day is the first step towards qualifying for a state level presentation for all state contests and the State Fair!
Clover Greetings!

Wow! What a BUSY start to our 4-H year! First and most importantly, we appreciate your patience and persistence in hanging in there with us through some monumental changes in Missouri 4-H this year! The new enrollment and data base program, 4-HOnline has been a definite ‘Learn by Doing.’ As we learn how to maneuver in this new world, we are finding lots of great benefits to the program. The biggest change will be all registrations for all state events will be through 4-HOnline, including the State Fair Demonstrations will go through 4-HOnline. Let’s all keep on keeping on! There’s blue skies ahead. :-)

Wasn’t the Regional Energizer a blast? Loved watching the renewal of 4-H friendships and the positive learning atmosphere we all experienced! Thanks to all who came and especially to our wonderful volunteers who stepped up and led workshops! Bunches of clovers to all! Hope I’m knee deep in daffodils for next month’s newsletter!

Looking forward to seeing you at Contest Day!

Deb