

## DEMONSTRATIONS

General and working demonstrations are not judged at the State Fair.

1. Demonstrations must have earned a blue ribbon at a county achievement event and have been selected for State Fair.
2. 4-H Staff must approve general and working demonstration in 4HOnline as close to July 15 as possible.
3. A member is limited to ONE DEMONSTRATION in the 4-H Building.
4. Team Demonstrations may consist of no more than three (3) members. An exception is made for skits presented in Theatre Arts project. Theatre Arts may consist of no more than seven (7) members. Please refer to specialty contests which may have stricter rules.
5. Demonstrations involving firearms, live animals, open flames or other unusual circumstances must call Patty at 573-882-1441 in the State 4-H Office for pre-approval.
6. Each 4-H member eligible to demonstrate will need to select date preference in 4HOnline. The demonstration schedule is posted on the Missouri 4-H website (<http://mo4h.missouri.edu>) after August 1.
7. Demonstrators must provide their own ingredients, equipment, extension cords and props. A three-prong electric outlet, demonstration table and easel will be provided by the State Fair 4-H Building staff.
8. The Missouri Sheep Producers will provide special monetary recognition for demonstrators presenting a general or working demonstration about lambs, wool or sheep. The title of the demonstration must include the word sheep to qualify. May be enrolled in any project.

### **4-H Electric Theatre Demonstrations –**

Sponsor: Missouri 4-H.

Number of entries per county: Eight (8)

Judging Criteria: Not applicable

Age: Any age 4-H member

Length of time: Should not exceed 10 minutes

Project enrollment: May be enrolled in any 4-H project.

Other: Demonstration must be done inside Electric Theatre and use electricity.

### **4-H General Demonstrations –**

Sponsor: Missouri 4-H

Number of entries per county: Eight (8)

Judging Criteria: Not applicable

Age: Any age 4-H member Length of time: 5-10 minutes

Project enrollment: May be enrolled in any 4-H project.

Other: General demonstrations are those where the 4-H member shows and tells others how to do something. They are more formal than working demonstrations; therefore, require the use of a microphone.

### **Working Demonstrations –**

Sponsor: Missouri 4-H

Number of entries per county: Four (4)

Judging Criteria: Not applicable

Age: Any age 4-H member

Length of time: Approximately 30 minutes

Project enrollment: May be enrolled in any 4-H project.

Other: Working demonstrations are more casual than General Demonstrations. Working demonstrators do not use a microphone or stage. Youth work on a project while responding to fairgoers questions. A poster giving the topic of the demonstration and the 4-H member's name can be displayed on the table during the working demonstration.

## SPECIALTY CONTESTS

**Pork Contest** –

Sponsor: Missouri Pork Association

Thursday, August 8

Number of entries per county: Six (6) demos per county, with two from age 8-10, two from age 11-13, and two from age 14 or older. Three places are awarded in each age category.

Judging Criteria: Demonstration may be on any facet of pork, including food, nutrition, production practices, or by-products.

Demonstration topics should be challenging and exhibit contestant's knowledge as well as presentation skills.

Age: Any age 4-H member (8-10, 11-13, 14 & older)

Length of time: 20 minutes, including preparation, demonstration and clean up.

Project enrollment: Members must be enrolled in Foods/Nutrition or Swine projects.

Sample required: A sample of the food and a copy of the recipe should be given to judges.

Team: Teams of two are allowed only in the 8-10 year division.

Other: Animals may not be used. First-place winners may not enter in the same age category two years in a row. Three places are awarded in each age category.

**International Topic Demonstrations** –

Sponsor: Missouri 4-H Global Education Program

Saturday, August 10

Number of entries per county: Three (3) demos, with one from ages 8-10 and one from ages 11-13 and one from ages 14 and over

Judging Criteria: The best demo will include a lot of information about the place where the item originates and the people who use the item.

Age: Any age 4-H member (see age brackets above) Length of time: 7-10 minutes

Project enrollment: May be enrolled in any 4-H project.

Sample required: If the item made is a food item, a copy of the recipe, nutrition information and a sample of the food should

be given to judges. Team: Team demonstrations are allowed.

Other: Members must earn a blue ribbon at the county level on any demonstration that relates to an international topic.

Demonstrations can be about an item that is made in another country, used in another country, or originates from another country. Winners from previous years may compete again.

**Egg Contest** –

Sponsor: Missouri Egg Council

Sunday, August 11

Number of entries per county: Two (2) per county – 1 from ages 8-13 and 1 from age 14 and older

Judging Criteria: Each contestant prepares an egg dish and also presents information that reflects the contestant's knowledge about eggs, including: nutritional value, preparation, storage, function, grading/sizing, versatility and economics of cooking with eggs.

Age: 8-13; 14 and older

Length of time: No more than 12 minutes

Project enrollment: May be enrolled in any 4-H project.

Sample required: Present a finished product for judges' sampling and a recipe handout for the judges.

Team demonstrations: Not applicable.

Other:

- 1) Recipe must contain 1 whole egg per serving if a salad or main dish, ½ egg per serving if an appetizer, snack, dessert or beverage.
- 2) The event is held in the Electric Theatre in the State Fair 4-H Building.
- 3) National contest opportunity: The winner in the 14 or older division may represent Missouri at the national contest in Louisville; travel and lodging will be available. Specific rules apply. Learn more by contacting Dr. Jesse Lyons, UMC Animal Science Extension, S-133 Animal Science Center, UMC, Columbia, Missouri 65211,

lyonsj@missouri.edu, 573-474-8257 or Jo Manhart, Missouri Egg Council, 1000 West Nifong, Building 1, Columbia, Missouri 65203, jmanhart@4jumbo.com, 573-874-3138. They will provide critique and encouragement for the Missouri winner to help perfect a winning demonstration for the national level. Additional recipes, criteria and score sheets available at <http://www2.ca.uky.edu/national4hpoultry/>

### **Chicken Bar-B-Q Contest –**

Sponsor: Missouri 4-H

Monday, August 12 - cooking area assignment and set-up 8:30-9:30 a.m., East side of the 4-H Building, Jesse Lyons - Chair - 573-474-8257

Number of entries per county: Four (4)

Judging Criteria: Contestant's barbecue skills as demonstrated while preparing/cooking the chicken, and by judges' sensory evaluation of the finished product.

Age: Age 14-18 as of January 1 of current program year.

Length of time: 2 1/2 hours time limit. Cooked product must be turned in by 12 Noon.

Project enrollment: May be enrolled in any 4-H project.

Sample required: Two (2) barbecued chicken halves should be presented to the judges on provided plates without garnishes.

Other:

- 1) Pre-registration and barbeque grill request, if desired, due to Jesse Lyons no later than July 1.
- 2) Contestants may have one adult (leader or parent) as a coach supervising and assisting during set-up, although cooking and product handling is restricted to the contestant.
- 3) Date of event information:
  - a. Monitors provide participants with charcoal and lighter fluid, if desired.
  - b. Contestants may bring their own lighter fluid and non-self-starting charcoal.
  - c. Contestants may use their own grills if it does not exceed 350- 400 square inches. Baskets may not be used for turning.
  - d. Monitors provide participants four (4) 1 ¼ to 1 ½ pound chicken halves and a plate.

Contestant may not inject fluid or sauce into the chicken.

- e. Contestants must furnish all other equipment and supplies, including sauce (commercial or private recipe).
  - f. Contestants use charcoal barbecue grilling techniques and present two barbecued chicken halves to judges on plates, without garnishes, at or before the end of the 2.5 hour period. In addition, the youth should give the judges a standard recipe card with information about sauce (brand or major ingredients) and key cooking instructions.
- 4) Ribbons will be awarded. Winning contestant who is 14-18 years old as of January 1 of the current year will qualify for the National 4-H Chicken Barbecue Demonstration Contest in Louisville, Kentucky in November. Website for the national contest is <http://www2.ca.uky.edu/national4hpoultry/>.  
An additional contestant may qualify to cook turkey in the Turkey BBQ Contest at the national meeting. Travel assistance and lodging will be furnished for national contestants.

### **Cooking with Honey Contest –**

Sponsor: Missouri State Beekeepers Association

Friday, August 16

Number entries per county: 3 per county (1 from each age division; 8-10, 11-13 and 14 and older)

Judging criteria: The demonstrator must use honey grown or made by a Missouri honey producer or company; provide the honey producer or company's name; give nutrition information; the health benefits of honey and the benefits of pollinators. The demonstrator must present a finished product for judges' sampling and a recipe handout for the judges.  
Age: Any age 4-H member (8-10, 11-13, 14 and older)

Length of time: 20 minutes, including prep,

demo and clean up

Project enrollment: Any project

Sample required: A sample of the food and a copy of the recipe should be given to judges

Other: 1st-3rd place will receive Missouri State Bee Keepers products.

Awards will be presented in the Electric Theater 30 minutes after the last demonstration.

The Missouri Beekeeper's web site <http://mostatebeekeepers.org> includes a list of regional beekeeper associations.

### **Missouri Grown Foods Contest** –

Sponsor: Missouri Department of Agriculture  
Saturday, August 17

Number of entries per county: Three (3), one from age group 8-10, one from age group 11-13 & one from age group 14 & up.

Judging Criteria: The demonstrator must use a food product grown or made by a Missouri producer or company; provide background information on the producer or company, nutrition and preparation information, and the economics of the food product and the final dish. The demonstrator must present a finished product for judges' sampling and a recipe handout for the judges.

Age: Any age 4-H member (8-10, 11-13, 14 and older) Length of time: 7-10 minutes

Project enrollment: May be enrolled in any 4-H project.

Sample required: A copy of the recipe and sample of the food should be given to judges.

Team: No team demonstrations allowed

Other: All contestants will receive Missouri Grown products. Awards will be presented in the Electric Theater 30 minutes after the last demonstration.

A list of Missouri grown and/or made food products is available at [www.agrimissouri.com](http://www.agrimissouri.com).

For more information, call 1-573-522-6715.

## **OTHER SPECIAL EVENTS**

**August 8-12, 2019 Show-Me 4-H Wares**

**Saturday, August 10, 2019 International Day**

**Sunday, August 11, 2019 Clover Kid Day**

**Monday, August 12, 2019 State 4-H/FFA Dog Show**