4-H Enrollment

Details coming soon on how to enroll online!

For those with questions or lacking internet access, we will set up times for you to stop in the office for assistance in getting enrolled.

We are asking that members pay their dues to the clubs and the clubs will then pay the Council as we have in the past, despite the fact that the system is capable of taking dues payments by credit card.

Please also note that due to an increase in state 4-H dues, all members paying dues before December 31st will gain membership at $4, but after that date the cost will rise to $20 per member. State and County dues should be able to be paid online during the online enrollment.

As you preview the Clover and look for what projects you would like to enroll in, please remember that all first year members and those under 11 are limited to 3 projects. Those 11 and over may enroll in a maximum of 6 projects.

National 4-H Week

Thanks to all who participated in the National 4-H Week Window decorating contest this year. What a great way to promote 4-H in our community.

1st– Willing Workers
2nd- Fox River Clovers
3rd– Antioch

November 4-H Council and Livestock Judging Meetings

November 24th we will be holding the Election of Officers for both the 4-H Council and the Livestock Committee. Additionally, that night we will be voting on Fair Superintendents and will begin Fairbook revisions. Please take the time to look through your Fairbook for corrections or addition that need to be made and share that information with your club’s representatives to the Livestock Committee.

4-H Council meets at 6pm with Clark County Junior Livestock Committee’s meeting to follow.
**Recognition**

The Fox River Clovers 4-H Club will be hosting our Recognition Night November 15th at 5:30pm at the Clark County Senior Center. We invite all 4-H Families to join us for a Pot Luck Supper that night to help us celebrate the accomplishments of our members and leaders over the last 4-H Year.

**4-H Camp Counselor Applications Being Accepted**

It is time to apply for one of the Camp Counselor positions for 2015! Camp will be held at Camp Cedar Crest which is located north of Mexico off of Route ZZ; and camp planning meetings will be in the Bowling Green area. The counties we will be camping with include Marion, Ralls, Pike, Audrain, Lewis, and Clark. Any teen between the age of 14 and 18 (as of 12/31/2014) can apply to be a Camp Counselor. Applications are due in the Extension Office by December 29. We have a limited number of Counselor positions for Junior Camp (campers 8-11) and Teen Camp (campers 12-14). Counselors are selected based upon a variety of criteria, including age, meeting our balance for gender, geographic location, whether they have applied to be a Counselor previously and other factors. Prior camping experience is not required. Teen Camp dates are June 7-10 and Junior Camp dates are June 10-13.

**BOAC Grants Available**

Applications for the 2015 BOAC program are now available and all Missouri 4-H and FFA chapters are reminded to submit their proposals for the annual Building Our American Communities (BOAC) Grant Program to fund their community service projects. Projects may include improvements to existing facilities, grounds or buildings used by local organizations in the applicant’s community. Past BOAC grant projects have included improvements for local fair grounds, rural intersections and parks, as well as renovations for damaged and aged public use structures in rural communities, including those used by local 4-H and FFA groups. BOAC grants to Missouri 4-H clubs and FFA chapters of up to $500 are available to support projects that benefit an agricultural community and/or promote community development. Up to 12, $500 4-H BOAC grants and 12 $500 FFA BOAC grants are awarded annually, two in each of the six districts. More information and applications can be found at [http://rda.mo.gov/connect/youth/boac.php/](http://rda.mo.gov/connect/youth/boac.php/). The deadline to submit applications for 2015 grants is December 2, 2014.

**National 4-H Conference**

Are you interested in government, public policy or working with others to solve a problem in your community? National 4-H Conference may be the place for you. It is the premier professional and leadership development event for 4-H members (15-19). While at National Conference, you will work with other youth to create solutions to some of today’s social problems such as distracted driving, childhood obesity and others. You will then have the opportunity to present your ideas to government agencies that can put your ideas to work such as the National Institute for Health, the National Traffic Safety Board and others. You will learn effective ways to advocate for an issue and can bring these skills home to your local community. If you are interested in this opportunity, you will need to complete the Level 3 State Excellence Award form and answer an additional four questions about your citizenship experiences. If selected for Regional and/or State judging, prepare up to a five minute presentation about a current topic. Additional questions are due no later than November 14 with your completed Level 3 award form.

More information and questions available: [http://4h.missouri.edu/recognition/awards/competition.htm](http://4h.missouri.edu/recognition/awards/competition.htm).
America’s Farmers Grow Communities

The Monsanto Fund’s “America’s Farmers Grow Communities” program annually offers local 4-H programs in 1,324 counties in 40 states the opportunity to receive $2,500 in unrestricted funding if they are designated as a recipient by a participating farmer. **Clubs are encouraged to reach out and persuade local farmers to apply on their behalf.** How does an eligible farmer apply? It takes less than five minutes to apply, and the application period runs August 1 through November 30 of this year. There are three possible ways to nominate a club or county program:


Who is eligible to apply?
This program is designed for farmers who live in one of the 1,324 eligible counties, are 21 years or older, and actively engaged in farming,

- at least 250 acres of corn, soybeans and/or cotton, OR
- farm 40 acres of open field vegetables, OR
- at least 10 acres of tomatoes, peppers and/or cucumbers grown in protected culture.

How are winners selected?
One winner will be selected at random from each of the eligible 1,324 counties across 40 states. Winning farmers and recipient nonprofits will be announced in January 2015.

Citizenship Washington Focus

Citizenship Washington Focus (CWF) is a 4-H leadership program for high school youth ages 14-18. 4-H members will stay at the National 4-H Youth Conference Center, near Washington, D.C., and participate in a week-long program enriching their lives with activities that broaden their appreciation and respect for themselves and others. 4-H members will tour national landmarks and meet their elected officials. Side trips to Fort McHenry and New York City will follow the conference.

Date: June 20-June 29, 2015 chartered bus trip to Washington, D.C. and New York City

Total Trip Cost: $2000 Cost includes all travel expenses on chartered bus, tours and ticket costs, lodging at the National 4-H Center and hotels, meals, registration for the CWF conference, Dinner Theatre, CWF and Missouri 4-H polos. The only expense not included is cost of souvenirs. Payment Schedule: December 1, $500 and application; January 15, $500; February 15, $500; April 15, $500 Application available: [http://4h.missouri.edu/events/cwf](http://4h.missouri.edu/events/cwf).

Youth Specialists Patty Fisher and Kathy Bondy will be chaperoning. For more information on the conference, visit: [www.citizenshipwashingtonfocus.org](http://www.citizenshipwashingtonfocus.org).
**Legislative Academy**

Legislative Academy is a 4-H citizenship trip to Jefferson City held Feb. 16-18, 2015. Youth must be 14-20 years old on Dec. 31st of current program year to be eligible. Delegates selected tend to be 4-Hers who are currently in state leadership roles, or who have had a combo of state and national trip experiences, and can effectively relay to legislators, donors, and other state leaders what they have gained from these experiences. If you are interested in attending this trip, please contact the extension office. You can get the application at: [http://4h.missouri.edu/events/academy](http://4h.missouri.edu/events/academy) or at your local extension office.

**Missouri Association of Fairs and Festivals Scholarship**

Missouri Association of Fairs and Festivals (MAFF) is pleased to announce the availability of a $1,000 scholarship sponsored by Staats Awards, administered by the MAFF Past Presidents. The application must be post-marked no later than November 21, 2014 – metered date stamp will not be accepted but actual cancellation imprint by Post Office – and received by November 26, 2014. Electronic versions of the application will be accepted with receipt due no later than 11:59 p.m. on Wednesday, November 26. Applicant MUST INCLUDE ALL REQUIRED INFORMATION AS EMAIL ATTACHMENTS. This includes the completed application with applicant, parent and fair/festival signatures, two-page essay, letters of recommendation from the member fair AND school official (two separate letters), as well as the one-page academic form required to be completed by the High School Principal or Counselor. Application and attachments must be received in PDF format with signatures required on the forms as noted in the application. If sending email, sealed envelope signature will be waived. Applications are available from your local extension office or at the Missouri Association of Fairs and Festivals website [www.missourifairsandfestivals.org](http://www.missourifairsandfestivals.org).

**4-H Conference on Global Careers**

*March 13 & 14, 2014*

Metropolitan Community College Business Technical Center, Kansas City, MO

Teens 14 and over and adult volunteers or teachers are encouraged to attend this conference. Delegates will have a choice of workshops and/or business tours in Science, Technology, Engineering, and Art & Math with an optional evening tour planned by Latinos of Tomorrow. Delegates can choose to attend for one or both days. Cost is $25 per day with tour; $15 per day for 4 hours of workshop. This includes program costs, portfolio and insurance, but not meals. For more information and application, contact your local extension office. Deadline to register is February 1, 2015.
2014 4-H Day with the Rams

4-H families, alumni, and friends are invited to cheer on the St. Louis Rams at the 2014 4-H Day with the Rams on **Sunday, December 21**, at the Edward Jones Dome in St. Louis. The Rams will play the New York Giants in a **3:05 p.m. game**. There are two ticket packages to choose from. Endzone Terrace tickets are $50 each, or Endzone Field Level seats are $94 each – that is a $15 discount for either seating area. Ticket orders of 10 or more will receive an additional $5 off of each ticket. With each ticket ordered, participants will receive a 4-H Day with the Rams t-shirt, and a chance to win a field pass.

Yes, with each ticket purchased you will have a chance to be one of four people who will receive a Field Pass for the game. Field Pass winners will be allowed in certain areas of the sidelines during pre-game warm-up! Then they will return to their seat for the game.

As another addition this year, kids 13 and older are invited to a pre-game behind the scenes look at the sports industry with guest speakers from the Rams’ front office and possibly Miss Missouri 2014. We are still working on an exact time for this event.

There are a limited number of seats available, so 4-H families are encouraged to order soon. Families can call in or e-mail their order, or they can submit an order form online at: http://www.stlouisrams.com/tickets/group-tickets.html and use the promo code RAMS4H. All the information for ordering is available at www.4h.missouri.edu T-shirts will be picked up at the dome on game day. For additional information, please call Dave Hileman at 636-583-5141.

The NFL is very restrictive on what you can bring with you to a National Football League game. Please review what you can bring to the Dome at: [http://www.stlouisrams.com/edward-jones-dome/game-day-stadium-info.html](http://www.stlouisrams.com/edward-jones-dome/game-day-stadium-info.html).

**MOVE Across Missouri**

**Tunnel time**

This activity helps participants stretch out their backs. Participants bend over on all fours (hands and feet) and lift their belly up to the ceiling – hold stomach in as far as possible and round the back. Choose the smallest person in the group to be the “crawler”. At the count of “three” the participants will get in position and remain there until the crawler has a chance to go through the tunnel. When the crawler reaches the end, the tunnel can collapse!

**Clover Kid Corner**

**Football Pudding**

**Supplies**

- Spoons, markers and liquid measuring cup
- Quart size sealable bags – 1/participant
- Gallon size sealable bags – 1 for every 2 participants
- Instant pudding – one package (3.4 oz.) for every 2 participants
- Milk – 2/3 cup for each participant

**Directions**

1. Each youth puts ½ the package of instant pudding in a quart size sealable bag.
2. Add 2/3-cup milk and seal bag WELL and mark with children’s names. Two youth can place their WELL-SEALED quart bags into a gallon bag and close.
3. Have children toss the bag to each other GENTLY (best done outside) until pudding is ready to eat.
4. Pass out spoons and participants can eat from plastic bags.
Happy Thanksgiving

An equal opportunity/ ADA institution

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