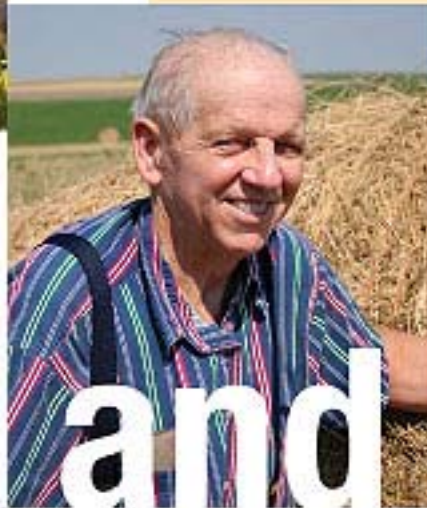


PROGRAM PLAN

July 1 2006 - June 30 2007

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UNIVERSITY OF MISSOURI EXTENSION
CHRISTIAN COUNTY EXECUTIVE SUMMARY

live. and learn.

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The logo for the University of Missouri Extension, featuring a stylized 'M' and 'U' in a gold and black color scheme, followed by the word 'Extension' in a large, black, serif font.

Christian County

2006 – 07 County Program Plan

Overview

“Live as if you were to die tomorrow. Learn as if you were to live forever.” – Mahatma Gandhi

It is the vision of University of Missouri Extension to improve people's lives through relevant lifelong learning.

University of Missouri Extension is your local link to the University of Missouri campuses and to a nationwide network of land-grant universities. Education that meets high-priority needs is our focus. MU Extension uses science-based knowledge and engages people to understand change, solve problems and make informed decisions. Extension is funded through federal, state and county tax dollars. In addition, grants, contracts, fees and private gifts support our educational program efforts.

County Extension Council. In Christian County, our volunteer advisors – members of the county extension council -- play a vital role in identifying community needs; providing counsel to regional and campus faculty about educational programs and personnel; and assisting in finding resources to support the local educational program. The extension council is statutorily created to work with the University of Missouri in carrying out the local extension program (*Sections 262:550 to 262:620, Revised Statutes of Missouri*).

Plan of Work Process. During fall 2005, University of Missouri Extension embarked on a five-year plan of work process by conducting statewide needs assessments, which included:

- A random-sample telephone survey with 1,005 Missourians;
- Conversations on economic development in 16 locations;
- Conversations with extension councils in every county, including the voices of the Christian County Extension Council; and
- Conversations with the eight regional extension councils.

The campus Program Directors also reviewed research literature and demographic and economic trends and identified emerging issues for educational programming.

To ensure that the input was representative, we also conducted discussions among underserved audiences across the state. As a publicly funded institution, University of Missouri Extension is responsible for serving diverse populations and for providing access to educational programs for all. Special efforts will be made to reach underserved audiences as identified in the following program descriptions.

Results of all the needs assessments have been reviewed by state and regional extension specialists, extension administrators and county extension councils to determine program directions for the future. The ultimate goals are to determine extension program needs statewide and, on the county level, to match those needs with appropriate, limited resources.

2006 – 07 County Program Plan. After careful consideration of educational needs and available resources, the regional faculty serving Christian County plan to provide the programs listed in the following pages to residents of Christian County during 2006-07. The names of specialists slated to deliver the programs and intended program outcomes on a statewide level are indicated. Given limited resources, it is not possible to deliver programs for all the needs identified during the plan of work process. When possible, we will work with you and others on campus and in the community to find additional resources and plan for ways to deliver needed programs in the future. In some instances, needs may be referred to other agencies, organizations or educational institutions that are better equipped to meet those needs. With your support and the support of the Christian County Commission, every effort will be made to meet high-priority needs and to deliver programs that enhance the lives and livelihood of the residents of Christian County.

Thank you for all you do to support extension programs in Christian County.



2006-07 Christian County Program Plan Executive Summary

The following educational programs are planned for citizens of Christian County in the coming year. In some cases, Christian County residents may need to travel to a nearby county to take advantage of the program offering.

AGRICULTURE AND NATURAL RESOURCES (ANR)

Program Name – Description - Personnel

Program Name – Annie’s Project

Description – An interactive risk education course for farm women provides training in the fields of production management, financial management, marketing, legal issues, and human resources. It fosters a learning environment for ages 19-84.

Personnel – Gordon Carriker

Program Name – Assistive Technology for Farmers with Disabilities: Missouri AgrAbility

Description – Education, networking, and assistance for agricultural operators with disease, disabilities, or disorders. Targets rural farm families and collaborative partners.

Personnel – Robert Schultheis

Program Name – Beef Production Systems

Description – Provides producers with a wealth of information on beef production. Topics span disease prevention, sanitation, vaccinations, site evaluations, appropriate feed rations, nutrition, and reproductive physiology.

Personnel – Dona Funk, Gary Naylor

Program Name – Business Management

Description – Educates farmers and ranchers to plan and undertake a business-like approach to the use of land and resources in agriculture or farm endeavors. Programs focus on financial resources, record keeping, computer use, marketing, and legal issues.

Personnel – David Whitson

Program Name – Dairy Production Systems

Description – Provides information about dairy management, facilities and herd management, expansion, labor, improved dairy cattle genetics and health, waste management, reproductive health, and techniques in management of dairy records.

Personnel – C Schnakenberg, Stacey Hamilton, Tony Rickard

Program Name – Energy Conservation, Efficiency & Alternatives

Description – Educational programming for agricultural producers and the public on such issues as energy production, biofuels, alternative cropping systems, and to promote responsible management of energy through conservation, efficiency, and renewable fuels.

Personnel – Jeffrey Barber, Robert Schultheis

Program Name – Equine

Description – Programming aimed at equine owners related to horse management issues such as feeding, health management, training, breeding, and management issues. Limited on-site service and seminars geared towards pleasure owners.

Personnel – Dona Funk, Gary Naylor

Program Name – Farm & Small Business Estate Planning

Description – Targeted at farmers and small businesses, this program provides basic estate planning concepts as well as helps participants seek out professional help.

Personnel – Gordon Carriker

Program Name – Forage Production and Management

Description – Targeted program to teach producers how to improve forage production economic return while protecting the environment. Techniques include management intensive grazing, pasture based dairying, seasonal feeding systems, and fescue toxicosis. The program inspires increased economic development and social viability in rural Missouri.

Personnel – C Schnakenberg, Gordon Carriker, Robert Schultheis, Thomas Hansen

Program Name – Golden Age Farming

Description – Workshops provide education on estate planning, retirement issues, and transition planning. It includes techniques to maximize Social Security, alternative health care, and familiarizes participants with new estate tax laws.

Personnel – Gordon Carriker

Program Name – Home Horticulture and Environment

Description – Focused program that provides research-based horticulture information for gardeners and homeowners. They will learn techniques through workshops, demonstration plantings, newsletters, and horticulture training. Recaps the benefits of maintaining healthy turf, ornamental, or fruit and vegetable plantings.

Personnel – Gaylord Moore, Gordon Carriker

Program Name – Individual Wastewater Systems – Implications for a New Rural Generation

Description – Provides installers, real estate professionals, and home-loan inspectors with research-based information on the function of on-site septic systems, use of alternative systems, and how soils play an important role in site selection.

Personnel – Robert Schultheis

Program Name – Legal Concerns for Rural Landowner

Description – Rural Landowner Legal Concerns is designed to be a 6 or 7 session workshop or can be divided into individual sessions or topics. Rural legal issues that will be addressed are: Missouri’s Fence & Boundary Laws, Land Leases and Contracts, Government Programs impacting landowners, Employers, Employees & Others (including liability questions,) Environmental Regulations and Issues, Livestock Ownership Concerns & Overall Risk Management Strategies.

Personnel – Gordon Carriker, Joseph Koenen

Program Name – Master Gardener

Description – Provides in-depth horticulture training for Missourians who wish to spread their knowledge of gardening. Prepares volunteers for horticulture questions frequently asked by citizens around the state, based on unbiased research based gardening information.

Personnel – Gaylord Moore, Gordon Carriker, Thomas Hansen

Program Name – Missouri Grown

Description – Geared towards small farm families, educational program that focuses on successful techniques, and marketing high horticulture value crops best suited to Missouri’s climate conditions.

Personnel – Gaylord Moore

Program Name – MO-PORK: Increasing Pork Production in MO

Description – Program offering applied research and educational practices resulting in application of management protocols and strategies to improve nutrient utilization, reproductive efficiency and management of swine.

Personnel – Dona Funk, Gary Naylor

Program Name – Pasture Based Dairy Systems

Description – Program promotes, enhances, and develops concepts in economically viable and sustainable forage-based dairy production. Participants acquire skills in financial management, high quality pasture foraging, and animal husbandry through monthly pasture walks and classroom meetings.

Personnel – Stacey Hamilton, Tony Rickard, Wayne Prewitt

Program Name – Plant Protection for the 21st Century

Description – Educational experience that covers the fundamental concepts of pest control (weeds, disease, and insect damage.) Provides a focused examination of identification, pesticide regulations, safety, and Integrated Pest Management (IPM.)

Personnel – C Schnakenberg

Program Name – Private Pesticide Applicator Training

Description – Initial training and recertification of private pesticide applicators. Trains in methods of safe and proper use of agricultural pesticides on farmland.

Personnel – C Schnakenberg, Gordon Carriker

Program Name – Profit Focused Agriculture

Description – Team effort of state and regional University of Missouri Extension faculty partnering with private businesses, agencies focused on enhancing economic viability and sustainability of Missouri agriculture. Accomplished through high quality, research based, frontier educational programs. For beginning, primary, secondary income and transitioning farmers, landowners and agribusiness agencies.

Personnel – Gordon Carriker, Wesley Tucker

Program Name – Rural Agricultural Safety and Health

Description – Preventative program to help reduce the number of deaths and disabling injuries sustained by rural Missourians. Educates Missourians on the proper safety and safety techniques for agriculture and rural living.

Personnel – Robert Schultheis

Program Name – Sheep & Goat Production

Description – Provides knowledge, skills, practices and policies that enhance economic viability and profitability. Strives to improve the competitiveness and diversity of Missouri production enterprises. Topics covered will range from management, genetic improvement, nutrients, health assessment, to marketing strategies.

Personnel – Dona Funk, Gary Naylor

Program Name – Show-Me-Select

Description – Beef production educational experience examining breeding/mating, herd health management, methods of reproduction, and production economics. Participants come from a wide range, different sizes in herds, forage availability, and experience, and leave with a vast knowledge of beef production.

Personnel – Dona Funk, Gary Naylor

Program Name – Sustainable Agriculture

Description – Provides programming for educators to educate producers to increase sustainable farming practices and procedures that are economically profitable, environmentally sound and socially responsible.

Personnel – Crystal Weber

Program Name – Turfgrass Management & the Green Industry

Description – Through workshops, field days, and demonstrations, Green Industry personnel will obtain research-based information that will help them identify and resolve cultural and pest problems in using cost effective and environmentally sound methods. The target audience for this program includes golf course superintendents, sports turf managers, public grounds managers, nursery and greenhouse growers, landscapers and garden center operators.

Personnel – Gaylord Moore

Program Name – Value Added Agriculture

Description – Interactive programming that prepares producers and producer groups to evaluate the potential marketability of a value added idea. Entrepreneurial-focused approach to developing possible new ideas and products for producers.

Personnel – C Schnakenberg, Michael Gilliam

Program Name – Water Awareness Festivals

Description – Informational festival stressing the importance of water sanitation, and community economical viability. Demonstrates how to develop strong communities based on clean water, and protection methods.

Personnel – Gordon Carriker, Renette Wardlow, Robert Schultheis

Program Name – Your Farm – Your Resources – Your Business

Description – Provides information through classroom presentations on possibilities, feasibility, and legal issues related to beginning a farming operation or managing your resources. Topics include financial resources, business planning, soils, matching livestock, proper equipment, horticulture production and legality.

Personnel – Gordon Carriker

BUSINESS DEVELOPMENT (BD)

Program Name – Description – Personnel

Program Name – DHSS – Starting & Managing A Small Business in Missouri

Description – This training is provided as part of the “Provider Certification Training” required by the MO Department of Health & Senior Services for organizations for businesses providing in-home care. The training covers:

- Evaluating Your Business Idea
- Why Small Businesses Fail
- Forms of Business
- Hiring Employees & Employer Responsibilities
- Marketing Basics
- Financing Basics
- Business Assistance Resources Available

Personnel – Chris Thompson, Jacqueline Rasmussen

Program Name – FastTrac – New Venture

Description – Is designed for new businesses and to introduce you to the key elements of successful entrepreneurship. Offers essential business information to help you develop your entrepreneurial skills and build your business on a strong foundation. Areas of study include concept analysis, and business planning.

Personnel – Thomas Keohan

Program Name – Marketing for Non-Profit Organizations

Description – This 2 hour seminar will address:

- 1) media buying/planning for actual advertising (including media pros/cons, when to use what, theory, etc)
- 2) public relations activities including: press release (event announcement, expert, opinion piece, etc.) media kit development, press conference coordination and execution,

Personnel – Thomas Keohan

Program Name – Southwest Business Networking and Marketing Support

Description – Bi-monthly sessions include educational opportunities on effective marketing strategies, marketing plans, business planning, business trends, goal setting, employee motivation, business showcasing, and topics related to growing a business. The opportunity to attend on-going programs allows participants to build trusting relationships and use the power of networking and referrals to build their business, create jobs, and support their communities. An elected board of directors provides leadership, and the BD Specialist acts as advisor to the board and is the educational liaison.

Personnel – Verna Lorton

Program Name – Starting a Business: The First Steps

Description – Provides an overview of the critical first steps associated with starting a business.

The program is designed specifically for those who are thinking about a new business venture. Participants will assess their strengths and weaknesses in terms of business ownership, learn about the importance of planning, discuss legal and regulatory requirements and identify sources of funding. This is an introductory course for 3 hours.

Personnel – Thomas Keohan

Program Name – The Basics to Writing a Business Plan

Description – Educational experience for current and future business owners and entrepreneurs who have little or no knowledge of writing a business plan. Participants will learn the importance of business plans, the key required elements of a basic plan and data that must be included.

Personnel – Thomas Keohan

COMMUNITY DEVELOPMENT (CD)

Program Name – Description - Personnel

Program Name – Alianzas

Description – An extensive partnership that assists immigrants and communities in accommodating and learning from each other. The goal of Alianzas is to enhance the ability of communities to collaborate with the growing immigrant Hispanic populations through a Hispanic, university and community partnership, using a community-based, co-learner approach.

Personnel – Virginia Hopp

Program Name – Cambio de Colores

Description – Focus on the issues that Missouri confronts as a result of new Latino urban and rural settlers in every region of Missouri. The conferences connect researchers with the people, organizations, and communities that can benefit from their research; provides a forum for the professional development of people working with the Hispanic community; and identifies best practices and knowledge and service gaps.

Personnel – Virginia Hopp

Program Name – Community Emergency Management

Description – Provides resources, personnel and educational programs and materials to support the mission of the Governor’s Disaster Recovery Partnership (established 1993) and assist communities and citizens in all areas of emergency management, including preparedness, response, and recovery.

Personnel – David Burton, Gordon Carriker, Jeffrey Barber, Robert Schultheis

Program Name – Missouri Communities Deliberate

Description – Assists communities in building their knowledge about and engaging difficult public issues through dialogue. The process helps to mitigate conflict, polarization and stalemates which commonly result over issues where there are no optimal solutions and, which require public input.

Personnel – David Burton

Program Name – Southwest Region News Service

Description – Southwest Region News Service uses local Extension faculty to inform the public of programs and issues impacting our communities, families, farms, homes and businesses. Subscribe now and receive a free weekly e-mail of news specific to southwest Missouri. This involves the production of a weekly e-mailed package of media releases, 2 regular weekly newspaper columns, various special assignments, an active website with surveys and work with various media organizations and newspapers.

Personnel – David Burton

Program Name – Step Up to Leadership!

Description – Builds the capacity of community-minded people who are wanting to make a difference; willing to assume the responsibilities of board membership; seeking understanding about group processes and the complexities of collaboration; and ready to take on the challenge of leadership.

Personnel – Renette Wardlow

HUMAN ENVIRONMENTAL SCIENCES (HES)

Program Name – Description - Personnel

Program Name – Adolescent Health/STD/HIV Prevention

Description – Curricula from The Center for Sexuality, Pregnancy and Prevention which offers several programs on pregnancy and STD/HIV prevention, all that has been field tested and evaluated to show safer sexual decision making result among youth.

Personnel – Renette Wardlow

Program Name – Aging In Place

Description – Educates older adults, their families, and caregivers to ensure that older adults can remain in their homes and independent living situations.

Personnel – Jeffrey Barber

Program Name – Basic Parenting

Description – Helps parents with children of all ages learn how to better manage personal stress, understand, guide, nurture, and motivate their children, in order to become more effective parents.

Personnel – Renette Wardlow

Program Name – Building Strong Families

Description -- Designed to help families find their strengths, build on those strengths, and learn skills to create stronger families, improve relationships, and increase communication. The Program draws from an interactive, 13-module curriculum to provide a series of life skills workshops that are supported by strength-based research.

Personnel – Renette Wardlow, Virginia Hopp

Program Name – Building Strong Families for Youth

Description – Designed to help youth ages 5 to 12 find their strengths, build on those strengths, and learn skills to create stronger families, improve relationships, and increase communication. The Curriculum for Youth parallels Building Strong Families for Adults and provides youth with interactive experiences that are supported by strength-based research. Building Strong Families for Youth is a joint effort by Human Environmental Sciences Extension and 4-H.

Personnel – Renette Wardlow

Program Name – Child Physical Activity

Description – This workshop, developed by University of Missouri Extension, addresses national concerns with children's inactivity and centers on the importance of physical activity, one's personal activity beliefs and behaviors, children's motor skill development, and age-appropriate activities to encourage children's movement and motor development.

Personnel – Renette Wardlow

Program Name – Child, Youth, and Families At-Risk (CYFAR)

Description – Targeted to strengthen families of incarcerated adults.

Personnel – Renette Wardlow

Program Name – Childcare Core Competencies

Description – Series of research-based training opportunities covers the areas described in Missouri's Core Competencies for Early Care and Education Professionals; specifically, child growth and development, learning environments, child observation, families and communities, interactions with children, and program planning.

Personnel – Renette Wardlow

Program Name – Dining with Diabetes

Description – A four-session series that provides people with type 2 diabetes, their family and friends, with tools for the self-management of diabetes. The series focuses on nutrition, the cornerstone of diabetes management, but also reviews other self-management strategies that can help individuals avoid diabetes complications. Food demonstrations and tasting are included.

Personnel – Tamara Roberts

Program Name – Disaster Preparedness

Description – Emergency preparedness education teaches families a five-step process for preparing and coping with possible disasters. They include: Identify hazards likely to happen to your family; Mitigate against the hazards; Develop a response plan, including evacuation route; Plan for coping after a disaster; and Implement drills and family education.

Personnel – Renette Wardlow

Program Name – Estate Planning

Description – Designed to assist Missourians to meet their future needs in regard to asset management and wealth transfer.

Personnel – Janet Lafon

Program Name – Expanded Food & Nutrition Education Program

Description – A nutrition and physical activity program targeted to limited resource audiences. This program provides education in homes and community settings. Program participants receive 6-12 lessons over the course of the program. The primary audience for EFNEP is adults.

Personnel – Tamara Roberts

Program Name – Family Meals

Description – An interdisciplinary program for parents and other family members caring for children. The program focuses on improving family relationships, nutrition, and family finances through family meals.

Personnel – Tamara Roberts

Program Name – Family Nutrition Program

Description – A nutrition and physical activity education program targeted to limited resources audiences. This program provides education in schools, community settings, and through media campaigns. The average participant receives six lessons. The primary audience for FNP is youth and the adults who support them.

Personnel – Terry Egan

Program Name – Food Power

Description – Elementary school students travel the path food takes from the farmer's field to the sports field and learn where the food they eat comes from and how it gives them the energy to grow and play.

Personnel – Terry Egan

Program Name – Food Preservation

Description – A program designed to assist clients in safely preserving their foods.

Personnel – Tamara Roberts

Program Name – Health for Every Body

Description – A multi-session workshop designed to move adults away from diets to a non-diet or health promotion approach to living in a healthy body. Using a variety of educational strategies individuals gain new attitudes, learn new information and develop new skills related to appreciating self and others, healthful eating, and active living.

Personnel – Tamara Roberts

Program Name – Healthy Homes

Description – A national program educating consumers about sources, health risks, and control measures related to common residential pollutants, and toxins help consumers reduce their health risks.

Personnel – Robert Schultheis

Program Name – Indoor Air Quality

Description – 2-hour workshop, developed by University of Missouri Extension, assists those who provide child care to create a healthier indoor environment for children with asthma and allergies.

Personnel – Jeffrey Barber

Program Name – Jump Into Action

Description – A program for fifth grade students which teaches nutrition and physical activity education with a goal of preventing or reducing the risk of Type II diabetes.

Personnel – Terry Egan

Program Name – Money Action Plan

Description – A curriculum to address the need for financial management education. A train-the-trainer curriculum, targeting helping professionals who are working with people having money problems. Includes seven modules: introduction to money management, developing a spending plan, record keeping, credit, communication about money, insurance and consumer issues. Each module includes background information as well as activities, handouts and worksheets for one-on-one or group settings.

Personnel – Janet Lafon

Program Name – New Staff Orientation

Description – Developed at Penn State University, the program is specifically designed for new staff members in child care centers and includes videotaped material, a workbook, and hands-on activities and assignments.

Personnel – Renette Wardlow

Program Name – Prisoner Re-Entry

Description – To work with the Department of Corrections, parole officers and local organizations to provide a community based support system for offenders re-entering the community from prison.

Personnel – Renette Wardlow

Program Name – Relatives As Parents

Description – Provides education for relative caregivers. Topics included may range from parenting, relationship building, financial, and legal issues.

Personnel – Virginia Hopp

Program Name – Rent Smart

Description – A consumer education program that stresses information that can help participants succeed as tenants and avoid confrontations and legal hassles with landlords.

Personnel – Jeffrey Barber

Program Name – Rethink: Anger Management

Description – Teaches parents how to manage their anger when dealing with children's difficult behaviors. The following skills are emphasized: identifying constructive and destructive anger, developing better relationships with children, using appropriate discipline strategies, understanding children's behavior at different ages, and managing anger more effectively.

Personnel – Renette Wardlow

Program Name – School Wellness

Description – Educate teachers and resource staff about ways that they can comply with the new wellness policies. This program will help educators implement a school wellness policy.
Personnel – Tamara Roberts

Program Name – Stay Strong, Stay Healthy

Description – An eight week strength training program for middle-aged and older adults. The program’s goal is to improve health and quality of life. The program incorporates warm-up exercises, strengthening exercises, and cool down stretches. Over the eight weeks participants learn exercises to improve strength and balance.

Personnel – Tamara Roberts

Program Name – Successful Aging

Description – Provides educational resources to support successful aging and to strengthen the aging family.

Personnel – Renette Wardlow, Roberta Jenkins, Tamara Roberts, Virginia Hopp

Program Name – Tackling The Tough Skills

Description – A fun, innovative, and highly interactive life skills curriculum to help hard-to-reach adults or teens prepare for success in work and life.

Personnel – Renette Wardlow

4-H YOUTH DEVELOPMENT

Program Name – Description – Personnel

Program Name – Adult Volunteer Leadership Roles

Description – Through leadership roles, state and county extension faculty will help adult and youth volunteer leaders gain knowledge and skills to communicate, manage programs, design and deliver education events, develop interpersonal skills and create environments that promote positive youth development.

Personnel – Byron Morrison, Kathryn Workman, Lynda Dumond

Program Name – Animal Science and Technology - Food Animal Projects

Description – To increase the knowledge and awareness of Missouri youth about food quality issues related to animal production (beef, sheep, swine, goats and meat rabbits).

Personnel – Byron Morrison, Gary Naylor, Karla Deaver, Lynda Dumond, Teresa Bishop

Program Name – Building Character

Description – Show-Me Character* is a program that teaches young people to make wise ethical choices. It also encourages adults to become more involved in helping youth develop positive character traits, such as trustworthiness, fairness, respect, caring, responsibility and citizenship.

Personnel – Byron Morrison, Kathryn Workman

Program Name – Creating Environments for Positive Youth Development

Description – Through workshops, volunteer forums, leadership roles and web-based instruction, state and county extension faculty will help adult and youth volunteer leaders gain knowledge and skills to communicate, manage programs, design and deliver education events, develop interpersonal skills and create environments that promote positive youth development.

Personnel – Byron Morrison, Teresa Bishop

Program Name – Developing Youth Leaders

Description – Youth join in the dynamic process of learning leadership skills through interactive activities, real life experiences in relationship building, communication group process, and planning and organization. All activities offer a cross-cultural perspective. All activities offer you the ability to become a good leader.

Personnel – Byron Morrison, Kathryn Workman, Lynda Dumond, Teresa Bishop

Program Name – Empowering Youth Citizens

Description – Youth learn about local, state and national governments and how to actively engage as a citizen.

Personnel – Rebecca Fay, Teresa Bishop

Program Name – Environmental and Natural Resources Science and Technology

Description – Youth learn knowledge and skills in stewardship of the environment, shooting sports, sports fishing and aquatic sciences, water quality, forestry and conservation.

Personnel – Byron Morrison, Kathryn Workman, Rebecca Fay, Teresa Bishop

Program Name – Family and Youth Wellbeing (Mental and Emotional)

Description – Health is the fourth “H” in the 4-H Clover and a common topic for youth today. Nutrition, physical fitness and emotional well-being are just some of the health issues that contribute to healthy lifestyles for all individuals.

Personnel – Renette Wardlow

Program Name – Information Science and Technology

Description – Youth learn through project curricula, camps and educational events knowledge, skills and application of information sciences such as using computers, geospatial technology, digital media and internet sciences.

Personnel – Byron Morrison, Jeffrey Barber, Robert Schultheis

Program Name – Physical Activity and Recreation

Description – Health is the fourth “H” in the 4-H Clover and a common topic for youth today. Nutrition, physical fitness and emotional well-being are just some of the health issues that contribute to healthy lifestyles for all individuals.

Personnel – Teresa Bishop

Program Name – Program Management

Description – Volunteers demonstrate the ability to involve others in providing the structures necessary to deliver positive 4-H programming in a community.

Personnel – Byron Morrison, Kathryn Workman