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4-H Calendar

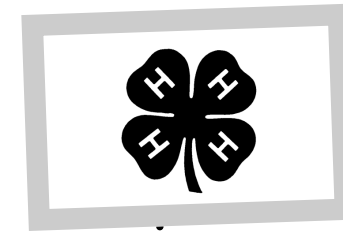
2018

- October 1..... New 4-H Year Begins
- October 1.....4-H Online Enrollment Begins**
- October 7-13..... National 4-H Week
- October 9..... National 4-H Spirit Day
- October 14..... Recognition Day
- October 20..... Livestock Barn Clean Up
- November 3..... MO 4-H Foundation Trivia Night
- November 5..... 4-H Council Meeting
- November 5..... Fair Board Meeting
- November 23-27..... National 4-H Congress
- November 30..... 2019 Enrollment Deadline
- January 28-31..... Youth Development Academy
- February 18-20..... Missouri 4-H Legislative Academy
- March 15-17..... Teen Conference
- July 8-13..... 2019 Chariton County Youth Fair

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Short Notes

October Birthdays

- Austin Bartholomew 10/4
- Kylie Moore.....10/4
- Anna Speichinger .10/5
- Ella Scheiderer.....10/6
- Cale Kothe.....10/10
- Patrick White10/15
- Quynn Fischer....10/18
- Beckett Cooper ..10/19
- Luke Morrison.....10/19
- Stephen Thomson 10/19

Online

The goal is anytime after October 1st for Family Enrollment. Please pay dues to the club. More information will be coming soon!



The Clover Connection



October 2018

Clovers To....

....Hannah Keiser for participating in State Fashion Review!!

National 4-H Week

National 4-H Week is a great opportunity to market 4-H! October 7th-13th is the week to tell the 4-H Story! If your club has any news they want to include in this newsletter just contact the Extension Office and we will do our best to include it in the next issue.

Livestock Barn Clean Up

On October 20th at 8:30 a.m. we will be having a livestock barn clean up day. All are encouraged to come and help. Please bring shovels and rakes to help!

Chariton County Recognition Program

The Chariton County Recognition Program will be held on Sunday, October 14th at 2:00p.m. at the Chariton County Courthouse. Cookies and drink will be provided and awards will be given out along with door prizes. Please RSVP at 660-288-3239. Hope to see everyone there!!

Premium Checks

Premium Checks were mailed on **September 20th**, please cash your check as soon as possible. It will be void after **January 1st**.

Monthly MOVEMENT Activity

Youth, families, clubs, afterschool groups and others can have fun while being physically active.

Follow the Leader

Ask a participant to lead stretching activities. Help the youth be prepared by discussing all the parts of the body that need to be stretched. Work from the middle of the body (torso) out to the limbs. For example, start at the waist, then do the hips, upper leg, lower leg, ankles, then shoulders, arms and wrists. Make sure no body part is missed! Hold each stretch for 20 to 30 seconds. Individuals should not bounce as they stretch!

Source: Missouri 4-H Couch Potato Challenge - <http://www.4h.missouri.edu/projects/health/>

Clover Kids Corner

Through Clover Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clover Kids Corner provides an activity, information or other materials that Clover Kids leaders can use in planning and implementing experiences that introduce five to seven-year olds to the 4-H concept of learning by doing.

Family Name Sign

Materials

- Cardboard
- Twine or string
- Acorns, twigs, and leaves
- Tacky glue

Directions

Punch two holes about 8-10 inches apart on the same side in a piece of cardboard. (If your cardboard is smaller, just adjust the distance between the holes). Thread the twine through the holes; tie the two ends together. Collect acorns, twigs, and pretty leaves. Lay them out in whatever pattern you'd like. Be sure to spell out your name on the sign!! Once it is the way you want it, attach the items to the cardboard with tacky glue. Let it dry for 15 minutes. Hang from a nail or hook on the wall, in the back yard, or even at a campsite.



Club Leader Tips

The club year is off to a great start because of caring adults like yourself who contribute their time and enthusiasm to the Missouri 4-H program! The start of the year can seem overwhelming because there are still some loose ends to tie up from last program year and the new year has already begun. Don't forget to ask for help and please call the extension office if you have questions, we want you to have a rewarding experience as well as the members.

The following is a list of things you may want to consider for this month:

1. Collect completed member enrollment forms and volunteer applications strictly observing confidentiality procedures and checking for completeness.
2. Welcome and introduce new members.
3. Assure that a "kick-off" project or activity is completed to motivate new members.
4. Continue to recruit project leaders and work with other club leaders on county wide projects. Share web resources with project leaders the project web page <http://4h.missouri.edu/projects/> is a great start.
5. Announce county-wide projects and provide a list of additional leaders for county wide projects to youth staff. Confirm "recognized" volunteer positions related to project groups and distribute literature.
6. Check that all families are receiving the 4-H family newsletter and notify extension office of any new changes to the mail list.
7. Be sure new families and new 4-H members have a "family mentor" to assist them with questions that arise or assist them in other ways in order to keep them informed and feeling a part of the group.
8. Begin working with your club on establishing their goals and the programs they wish to have during the year. The Club Program book Y612 is a great planning resource for this activity. Club seal standards can be found in this publication as well, these standards are a great tool to help in the goal setting process.
9. Train club officers. For some clubs this training may take place in the summer.
10. Work with club vice president to set up sign-ups or appoint committees – program, health, activity, recreation. Encourage approved volunteers in your club to assist youth in these committees.
11. Turn in member fees, insurance fees and enrollments to extension center.
12. Talk about representation at county 4-H council meetings.
13. Observe National 4-H Week. Determine activities to celebrate and say thanks to supporters.
14. Apply for B.O.A.C. grant or MO 4-H Foundation Community Service Grant if needed for a planned service project.