December 26-January 1..............Extension Office Closed  
January 9.........................................Fair Board Meeting 5:15  
January 9.....................................4-H Council Meeting 6:30  
January 25.....................Regional Energizer Deadline  
February 1..................Missouri State Fair Scholarship Deadline  
February 1..................State Meats Judging Contest Deadline  
February 1......................Camp Counselor Application Deadline  
February 2..........................Regional Energizer  
February 18.............................................State Meats Judging Contest  
February 18-20.........................Legislative Academy  
February 19..........................Extension Council Annual Meeting  
February 19..........................Missouri 4-H Foundation Scholarships Deadline  
February 23..........................Camp Counselor Training  
February 28....................Teen Conference Deadline  
March 3..........................Salisbury Fair Dinner  
TBD..........................Brunswick Fair Dinner  
March 9..........................State Horse Judging Contest  
April 6-11..........................National 4-H Conference  
April 27..........................Camp Counselor Training  
May 11..............................................4-H Day with the Cardinals  
May 18..........................State 4-H Robotics Conference  
May 29-31..........................State 4-H Congress  
June 2-7..........................Camp Counselor Training/Camp  
June 3-6..........................4-H Camp  
July 8-13..........................Chariton County Youth Fair  
August 8-18..........................Missouri State Fair
**4-H T-shirts**

Have you heard? There are new Missouri 4-H t-shirts available for you! These shirts are black, short-sleeved with a new green and white logo. Available sizes include youth small-large, adult small-3XL. The shirts will be available for purchase through 4HOnline for $11 each. You will find the shirt sales listed as an event in 4HOnline, for which you may register for the year, for state events, or trainings.

If you have any questions please contact the Extension office at 660-288-3239.

**MOVE Across Missouri**

Youth and adults can register for it on 4HOnline!! There is no pre-registration required this year. Here’s what youth and adults need to do to participate:

- Enroll in the Move Across Missouri (MOVE) project (HF775) in 4HOnline in their profile. Enrollment in 4-H MOVE does not count as a part of county limits on projects.
- Using a paper tracking system found on the 4H Online, you can track your minutes throughout the year and during the competitive component of the MOVE program (scroll to the bottom of My Move Activity Log).
- My Move Activity Log lets you to track the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program (scroll to the bottom of the website page and click “My Move Activity Log”).
- Regular keeping through the paper tracking system is important because the competition period will be from February 1 to April 30.

**Online Volunteer Orientation**

All new 4-H volunteers are required to complete a one-time volunteer orientation. Volunteers may complete this requirement by attending a live-person session or online. Orientation needs to be completed before a volunteer’s enrollment will be accepted. For online orientation go to: http://4h.missouri.edu/4hmove/moveinfo

If you complete the online orientation please send me an email morrison@missouri.edu to let me know. Be sure to go all the way to the end of the module to where it asks your name, county etc. If you do not, you will not be given credit for completion.

**Camp Counselor Opportunity**

Youth ages 14-18 that are looking for leadership opportunities should consider being a camp counselor. Camp Counselor application forms have been mailed to eligible members; however, if you have any questions, please contact the Extension Office or Shaun Murphy at 660-646-0811. The deadline for applications is February 1st.

**Clower Kids Corner**

Through Clower Kids clubs, children learn how to get along, share, and work in groups, explore their interests, and build self-confidence. Each Clower Kids Corner provides an activity, information or other materials that Clower Kids leaders can use in planning and implementing experiences that introduce five to seven-year-olds to the 4-H concept of learning by doing.

**Thank You Notes Teach a Lifelong Skill**

Have you considered helping your Clower Kids write and send thank you notes? Teaching children to write thank you notes is a simple act that goes a long way in the development of good social skills. Here are a couple of suggestions to help you get your Clower Kids going:

- Be positive. Briefly explain that the gift giver will feel good knowing the present is appreciated. The way you talk about thank you notes will influence whether children think of writing as a chore or as something thoughtful they can do for someone who has done something thoughtful for them.
- Give choices and help make writing thank you notes fun. For children that don’t yet write encourage them to draw pictures. Provide a variety of interesting and colorful paper, pens/pencils, crayons/markers, glitter and glue. Let them choose the ones they will use.
- Make the handwritten note a special message from the heart. Help children understand the effort they put into creating a thank you note is just as valuable as the gift itself.
- Be a good example and write letters! Children learn to be courteous and responsible by watching other adults.

**Ideas for Making Thank You Stationery**

- Stamps and pads
- Stickers
- Decorate plain note cards
- Stencils
- Use decorative-edged scissors
- Colored pens/pencils
- Glue
- Scrapbook paper
- Card stock
- Make thumbprints with washable ink pads

*Source: Kirk Blair, M.S., Extension Associate, Human Development & Family Science, Ohio State*

**4-H Regional Energizer**

Saturday, February 2. Cameron Veterans Middle School, 1015 South Park Avenue, Cameron, MO

Come join the 4-H fun! A great day for all family members participating in 4-H. You’ll learn new interpersonal skills, strengthen leadership, discover new ideas, and have fun with 4-H friends! You won’t want to miss out! $10 registration fee for each participant, youth (including Clower Kids) and adults. The fee provides lunch and most workshop materials. Childcare for children 4 years and younger is available for a nominal fee.

**4-H Stands on these Principles**

Through My Lens * - From our 4-H Program Leader - Ira Unenville

Let’s reflect on the basic principles of 4-H. Kids come to our program to be with their friends and have fun. But with the kids so do their families. It is a great idea to remind our members, families and volunteers what it means to belong to 4-H. It means 10 basic principles as follows:

1. 4-H Youth Development programs at all levels are conducted under the authority of Cooperative Extension and the United States Department of Agriculture.
2. 4-H Youth Development programs must comply with University and National 4-H policies, and state and federal law.
3. 4-H Youth Development’s principle outcome is positive youth development.
4. 4-H Youth Development programs are non-formal, primarily offered during out-of-school time.
5. 4-H Youth Development respects and encourages youth voice. [After all, it’s about the kids!]
6. 4-H Youth Development programs and groups are inclusive. [Often when we get caught up in “member in good standing” we create barriers to participation. How can 4-H Councils answer the mandate to be open to all youth?]
7. Serving as a 4-H Youth Development volunteer is a privilege, not a right.
8. 4-H Youth Development programs for youth are delivered primarily through volunteers.
9. 4-H Youth Development programs are non-formal, primarily offered during out-of-school time.
10. Local decision making within 4-H Youth Development is important and preferred. [However, if they join 4-H, kids must have a parent or guardian as an adult member of the program.] For all the rules, handbooks, etc. that Missouri 4-H produces, it all comes down to 10 principles of practice. Use the principles to guide your decision making and problem-solving as you guide local your local club, families and members.

Together we reach 1 in 5 young people in Missouri and connect over 8,500 youth from 107 different counties to campus events and faculty. As a result, our 4-H youth are twice as likely to go onto college, 3 times more likely to be engaged in their community and 3 times more likely to pursue a career in science. Pretty impressive work we do! And, it largely happens as a result of our dedicated volunteers!

**Missouri State Fair Agriculture Scholarship**

The Missouri State Fair Youth in Agriculture scholarship application for Missouri High School seniors graduating in 2019 is now available. Applicants must submit an original copy of their application and five additional copies of all supporting documentation. The:joseline教育教学的组织者 and companies. One $5,000 platinum scholarship sponsored by Youth in Agriculture supporters, one $2,500 sup-}

**State Meats Judging Contest**

The meat industry is an important component in Missouri agriculture. The Meat Identification and Judging Contest has been developed to encourage 4-H members to develop skills and abilities needed to enter and advance in careers in the meat industry. These activities are designed to en-}

**Scholarship**

**From our State 4-H Youth in Agriculture supporter at the Missouri State Fair. Eligible scholarship applicants must plan to enroll in an accredited Missouri community college or a four-year-college or university in the fall/spring semester immediately following graduation from high school. Applicants are not required to be enrolled in agriculture; however, a five-point bonus will be given to applicants pursuing a degree in agriculture during the selection process. Additional information can be found at: https://content.govdelivery.com/accounts/OMDA/bulletins/21cd9f