



# Cedar County Clover

## FEBRUARY 2009

### **CLOVER KIDS CORNER** - Alison Copeland **Thank You Notes Teach A Lifelong Skill!**

Have you considered helping your Clover Kids write and send handwritten thank you notes? Teaching children to write thank you notes is a simple act that goes a long way in the development of good social skills. Here are a couple of suggestions to help you get your Clover Kids going:

- Be positive. Briefly explain that the gift-giver will feel good knowing the present is appreciated. The way you talk about thank you notes will influence whether your children think of writing them as a chore or as something thoughtful they can do for someone who has done something thoughtful for them.
- Give choices and help make writing thank you notes fun. For children that don't yet write encourage them to draw pictures. Provide a variety of interesting and colorful paper, pens/pencils, crayons/markers, glitter and glue. Let them choose the ones they will use.
- Make the handwritten note a special message from the heart. Help children understand the effort they put into creating a thank you is just as valuable as the gift itself.
- Be a good example and write letters! Children learn to be courteous and responsible by watching other adults.

Source: Kirk Bloir, M.S., Extension Associate, Human Development & Family Science, Ohio State University Extension

## LOCAL NEWS

### **Steer Weigh-In/State Nose Prints**

4-H and FFA members planning on showing a steer at Land O Lakes or for the Missouri State Fair **MUST** attend. The weigh-in will be held at Heely's Livestock Sale Barn in El Dorado Springs on **February 16<sup>th</sup> from 4-6pm**. Land O Lakes steers will be weighed in and State Fair Steers will be nose printed. *If you are also interested in taking part in the Ak-Sar-Ben Livestock show you will need to call the extension office and let Dona know ahead of time.*

### **Share the Fun/Royalty**

Share the Fun Night will be **Saturday March 28<sup>th</sup> at 6:00 PM**. Location TBA. Royalty selections will need to be made by your club by your March meeting or sooner to insure they will be able to turn in their form by the **16<sup>th</sup> of March** and attend the interview. Forms are on-line or may be picked up at the extension office. Interviews will be scheduled for **March 23<sup>th</sup> in Stockton at the Cedar County Courthouse**. Members/Clubs also need to turn in any skits or talent entries by the 16<sup>th</sup> as well. Guidelines and rules are on our website.

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### Important Dates to Remember

	<u>Feb</u>
3,2,1 Action, Whiteman AFB	7-8
Missouri Pork Expo	11-12
Day at the Capitol, Jefferson City	16
<b>Steer Weigh-in\State Nose Prints</b>	<b>16</b>
4-H Barnwarming	28
	<u>March</u>
Regional Horse Bowl	7
State Shooting Team Try Outs	7-8
MDA Livestock Judging Contest	14
State Shooting Team Try Outs	14
<b>Last Day to Drop a Project</b>	<b>15</b>
<b>4-H County Council Meeting-6:30pm</b>	<b>16</b>
<b>Royalty\Skit Applications Due</b>	<b>16</b>
Kansas City Global Conference	18-21
RATT Trip to St. Louis	21
State Horse Judging and Clinic	21
<b>Royalty Interviews- Stockton</b>	<b>23</b>
Shooting Sports Certification	27-29
<b>Share the Fun Night</b>	<b>28</b>
	<u>April</u>
State Wildlife Habitat Contest	4
State Shooting Team Try Outs	4-5
State Horse Bowl Contest	18
State Hippology Contest	19
<b>Market Animal Check in</b>	<b>25</b>

# LOCAL NEWS CONT..

## 4-H Council Meeting

The next meeting of the 4-H County Council will be on **March 16, 2009** at **6:30 PM** at the **Land O Lakes Fair building**. All 4-H members are invited to attend.

## Shooting Sports

By: Terry Costello

Fifteen youth completed safety and are now eligible to take their shooting sports projects. We are currently conducting Air Rifle classes at the Stockton Fair (Expo) Building on Sunday afternoons. Twenty two youth are enrolled with twenty considered in good standing. The following information is taken from the Cedar County 4-H Handbook and needs to be understood by shooting sports youth and their parents. Members must attend a minimum of 10 hours in their shooting sports project in order to complete the project and must complete a project report by September 15. Members may drop a project before March 15th without it being marked Incomplete. In order to compete at the Land-O-Lakes Fair, the Regional Shoot at Bois D' Arc or the State Shoot at Linn Creek or Columbia, youth must have satisfactorily completed their project and be a member in good standing with their 4-H Club. Since we would like to see maximum participation at these events, particularly the Land-O-Lakes Fair, everyone needs to understand the "good standing" requirements. To be a member in good standing a member 1) must have enrolled before the county deadline; 2) have paid all fees and dues before deadline; 3) must have good attendance at project meetings; 4) must have attended a majority of club meetings before the event or activity and by the end of the 4-H year. The Handbook defines majority as one meeting more than half the total number of meetings held. Last year we had several youth who

weren't eligible to participate at Land-O-Lakes because they hadn't satisfactorily completed their project or they hadn't completed the pre-entry form.

## JUST A MINUTE CLUB NEWS

**Stockton Seekers-** The Stockton Seekers 4-H Club met on Tuesday, January 13<sup>th</sup> at Stockton Christian Church. Rada Cutlery was voted on as our fundraiser for the spring. Regional Barnwarming is February 28<sup>th</sup> at Springfield Livestock Marketing Center. Project meeting reports were given. The next meeting will be held on Tuesday, February 10<sup>th</sup>. If Stockton Schools are canceled our meetings we will be too.

*Clayton Locke, Reporter*

**Pony Express-** The Pony Express met on January 7<sup>th</sup> at 6:00 PM. The meeting was called to order by Samantha Johnson, our president of the club. We said both the American and 4-H pledges. Our treasurer reported the total amount of money our club has. New business: If anyone is interested in doing livestock (beef, goats, swine, etc.), they need to attend classes in either Neosho or Mt. Vernon on Jan. 17 or Jan. 24. The club has voted to make Valentine cards for nursing home residents. Cards will be delivered on Saturday, Feb. 14, 2009. Everyone will need to spend 6 hrs. on their individual projects. Old business: Fundraising was discussed. Voted on designs for T-shirts or sweatshirt. Our next meeting will be on Feb. 4<sup>th</sup> at 6:00 P.M.

*Hannah Robertson, Reporter*

**Country Kids-** The Country Kids 4H members met on November 10, 2008. The members shared what plans they had for Thanksgiving. There was an Awards Ceremony held on Saturday, November 8 where awards were presented and dinner

was provided. Awards were handed out to members. Members brought canned goods to the meeting to be donated for the food drive. A Holiday Dinner and gift exchange was discussed and planned for the December meeting.

On December 8, 2008 the Country Kids 4H members met. Roll was taken and members held a short discussion before beginning their Holiday Dinner and gift exchange.

**Attention: Beef, Sheep, Goat, Swine, Rabbit, and Poultry Project Members**

All 4-H members enrolled in food animal projects (including beef, sheep, swine, dairy cattle, meat and dairy goats, rabbits and poultry) must complete the appropriate level of Missouri Show Me Quality Assurance certification to be considered a 4-H member in good standing in that project. To be able to show at any 4-H event you must have completed this training. Food animal project members showing at any 4-H event in 2009 should be prepared to present the MSQA card at check-in.

Upcoming opportunities to attend MSQA training:

- Cedar County training- TBA
- Internet training

For any questions please contact Dona Funk at the extension office.

**Land O Lakes Market Animal Exhibitors**

There will be a market animal registration day on April 25th from 2 to 5 pm at the fairgrounds. This is for ALL MARKET animals (no rabbit or poultry) that want to show at Land-O-Lakes Fair this year. All animals that will be in any of the market classes will have to be registered that day or they WILL NOT be allowed on the grounds. If you have any questions please contact Jerry Brackenridge at 876-4223.


## **REGIONAL INFO**


### **4-H Regional Barnwarming --Feb. 28<sup>th</sup>**


The Regional 4-H Barnwarming Social will be held at the Springfield Livestock Center on I-44 on Saturday, February 28th from 6 to 8 pm. There will be dancing & games for all ages of 4-H folks. There will be a separate area for the younger kids to play games or do crafts. If you have a favorite song, game or craft you are welcome to bring it & share with the group.

This is a potluck event, so please bring a 2 liter of drink, some finger foods and \$2 to cover the cost of paper supplies & decorations. We will also be collecting non-perishable food items for the local food pantry. For more info or to volunteer to help, contact: Peggy Painter, 4-H adult leader at [ptpainter@mo-net.com](mailto:ptpainter@mo-net.com) or cell phone 209-6180


### **RATT Trip-2009**

 **Who:** SW Region Teens (must be 12 years old by January 1, 2009)

 **When:** Saturday, March 21, 2009, 6:00 AM to 12:00 Midnight

 **Cost:** \$60.00 \* (includes transportation, Admission to the Botanical Gardens and \$5-dinner.)

 **Where:** St. Louis, Missouri

 **After registrations are received, confirmation letters and bus schedules will be sent out.**

 **Bus space is limited, first come first served.**

#### **Schedule:**

1. Visit the Missouri Botanical Garden.
2. Zoo (free, but some activities cost)
3. Lunch

4. Science Museum (free, but some activities cost)
5. Arch (if you want to go to the top – cost \$10.00)
6. Union Station (Bring extra money for shopping)

**\*Depending on Bus and Fuel Price, Cost may change**

Applications can be found on the Cedar County 4-H website or from your club leaders.

**The 2009 Missouri 4-H Equine Tour is headed south May 22-28, to Oklahoma and Texas!**

Fifty 4-H teens, ages 14-18, with an interest in equine careers and the stock horse industry will have a fantastic opportunity to visit some of the premier horse facilities in the Southwest focusing on stock horse production and training for racing, rodeo, reining, cutting, pleasure and ranching. Some of the planned destinations are an Equine Rescue Ranch, Cowboy Hall of Fame In Oklahoma City, Fort Worth Stock Yards, American Quarter Horse Headquarters in Amarillo, Texas A & M, Canyon, TX; a major equine medical facility, and much more. Each year the trip itinerary focuses on the equine industry in a different location with the previous trips in Missouri and Kentucky. Quotes from previous participants: “I learned from this trip that there is a vast array of equine employment opportunities.” “The most important thing I learned was the importance of a good education and a ‘fall back’ plan in life.” “You have to have good people skills in the horse industry.” ”This trip was awesome and I will always remember this!”

The \$500 trip fee will include all the transportation on a charter bus, hotels, most meals, and trip shirt. Applications with trip deposit are due no later than March 15 and

may be obtained from your local 4-H office or at: [extension.missouri.edu/clinton/](http://extension.missouri.edu/clinton/) Please be advised that the 50 bus seats fill QUICKLY! The 2008 trip filled a week before the deadline and applications will be honored in the order received.

Questions? Contact 4-H Youth Specialists:  
Debbie Davis, 816-539-3765,  
[davisdd@missouri.edu](mailto:davisdd@missouri.edu) or Karen  
Branstetter, 573-775-2135,  
[branstetterk@missouri.edu](mailto:branstetterk@missouri.edu)

## State News

### 4-H MILLION TREES

**Gerry Snapp**

Missouri 4-Hers are challenged to be part of 4-H Million Trees. This daunting service activity was conceived after a Pacifica (CA) 4-H member decided to do something to combat global climate change. This is a service project that any 4-H member can do to improve the quality of our environment. Individuals, families, project groups (especially Forestry, Conservation, & Wildlife), 4-H clubs, 4-H Afterschool, and others can all participate and help Missouri do its share to plant 22,000 new trees in our great state. The next 2-3 months are prime time to plant new trees. Seedlings are available from the Arbor Day Foundation or from MDC’s George O. White state forest nursery – here in Missouri.

Check out the Missouri 4-H web page at <http://4h.missouri.edu/programs/milliontrees> . Download the [4-H Million Trees flyer](#) to distribute to your 4-H members and volunteers.

Please make sure to register at <http://www.4hmilliontrees.org>. It is important that all Missouri 4-H participants and their trees be counted.

Will you accept the challenge? Will you improve the quality of your environment?

### **COMPUTER PROFESSIONS ON DEMAND (CPOD)**

**Bill Pabst**

Each year 20 mid-Missouri high school students are selected to attend the CPOD week-long leadership program FREE of charge. Held June 8-12, 2009 at Linn State Technical College, youth learn about career opportunities in computer fields through field trips, workshops and fun! First priority are students currently in their sophomore or junior year then freshman or seniors if there is availability.

Contact Becky Dunn for an application at 573-897-5196 or [becky.dunn@linnstate.edu](mailto:becky.dunn@linnstate.edu).

### **MISSOURI CLUB CALF ASSOCIATION**

**Michele Koelling, Belle  
FFA Advisor/Instructor**

Announcing a new opportunity for young cattle exhibitors and their families! The newly formed Missouri Club Calf Association invites YOU to get involved! If you have questions, please contact me at 573-859-6114 or [mkoelling@mariesr2.org](mailto:mkoelling@mariesr2.org).

### **4-H MOVE ACROSS MISSOURI**

**Alison Copeland**

**New physical activity program has started as of January 2009!**

4-H Move Across Missouri (MOVE) promotes physical activity by encouraging youth and families to engage in physical activities they enjoy such as walking, biking, running, swimming, dance, taekwondo, gardening and more.

Using an online system, youth and their families can “log” the number of minutes they accumulate throughout the year. Sign up as an individual or as part of a team. MOVE awards will be provided. Sign up on

the 4-H website at <http://www.4h.missouri.edu/programs/move>

### **Monthly MOVEment Activity Idea**

Kids, families, clubs, afterschool groups and others can have fun while being physically active.

#### **The ABCs of Exercise**

Materials: None

How do you create every letter in the alphabet using just your body? While participants wiggle, squirm and problem solve, they are also getting good exercise – enhancing flexibility, agility, strength and awareness of their body.

### **SHOOTING SPORTS STATE TEAM TRYOUTS 2009**

**Gerry Snapp**

March 7- 8 Muzzleloading Small bore Rifle - Small bore Pistol  
United Sportsmen Club, Jefferson City

March 14 Hunting Skills  
Prairie Grove Shooting Sports, Columbia  
(formerly Cedar Creek Rod & Gun Club)

April 4-5 Compound Archery, Recurve Archery, Air Rifle (Ap 4), Air Pistol (Ap 5)  
United Sportsmen Club, Jefferson City

Shooting Sports members 14 years of age and older are eligible to try out for the remaining 8 state teams who will participate in the 4-H Shooting Sports National events – which are different than the State Shoot. Interested youth should review the rules available on the website at <http://4h.missouri.edu/go/projects/shootingports/contests.htm> and begin preparation and practice soon. Equipment rules are also different than the state shoot. 13 year olds are welcome to participate in the try out process – but are not eligible for the state

teams. Younger youth, parents, coaches are encouraged to come, observe, and learn.

Participation numbers are relatively small and skill levels vary greatly. Do not mistakenly think that it takes an exceptionally high level of skill to make a team. If a 4-H member is an above average shooter, and spends a little time in preparation and practice they have a great chance of making the team. Go for it!! If you don't make it this year, you are much better prepared to try next year.

### **SHOOTING SPORTS LEADER WORKSHOP**

**Gerry Snapp**

March 27-29

Camp Jo-Ota - Clarence, MO

Registration forms are now available for the spring Shooting Sports Leader Certification. Cost is \$50 and includes 2 nights lodging, 5 meals and all curriculum materials. Pre-registration is due March 15 – however, discipline sessions will close when full; and the workshop will close when registration numbers reach 80. The registration information can be found on the 4-H Shooting Sports website [http://4h.missouri.edu/go/projects/shooting\\_sports/workshop.htm](http://4h.missouri.edu/go/projects/shooting_sports/workshop.htm) or may be picked up at the county MU Extension center. Hunting Skills will not be offered at this workshop – look for a stand-alone Hunting Skills workshop in April (TBA).

### **STATE 4-H PUBLIC SPEAKING CONTEST INFO FOR COUNTY**

**Bradd Anderson**

For 2009, the categories for the state contest will remain the same as in 2008. They are Prepared, Extemporaneous, PSA, Interpretation and Technology-Assisted. In 2009, all categories will be available to both juniors (ages 8-13) and seniors (ages 14-19). Counties may send up to one junior

competitor and one senior competitor per category. Youth will be allowed to compete in up to two categories. For additional information, please visit <http://4h.missouri.edu/events/publicspeaking/categories.htm>.

### **WILDLIFE HABITAT MANAGEMENT – STATE CONTEST**

**Gerry Snapp**

Saturday April 4, Hickory Hill Camp, Columbia, MO

All 4-Hers are eligible to participate in the state Wildlife Judging event as an individual or as a team member. Awards will be presented in two age divisions: Junior, age 8-13 and Senior, age 14-18. Senior teams compete for a chance to participate in the national contest to be held July 19-23 near Zwolle, Louisiana. This year's state contest will focus on the 16 featured wildlife species of the Eastern Deciduous Forest Region and the appropriate wildlife management practices. Because of a recent change in the national event, the Missouri information and contest is being revised to comply. Completion of the update is expected by February 15. Information regarding the state contest is available on the website at <http://4h.missouri.edu/go/projects/wildlife/wlep.htm>. Study resources –when updated– are available from your county MU Extension Center and can be downloaded from the Share drive to a CD. More details available soon.

### **BEEF CATTLE SHOWING AND FITTING CLINIC SCHEDULED FOR MARCH 13-15 IN KIRKSVILLE**

**Bruce Lane, NE Regional  
Livestock Specialist**

Junior beef cattle exhibitors will be interested in learning that a Beef Cattle Showing and Fitting Clinic will be held in Kirksville, Missouri on March 13-15, 2009

at the NEMO Fairgrounds. The clinic will not only cover fitting and showing but will include topics on daily care, feeding, and other important information pertinent to showing beef cattle.

The lead instructor for the clinic will be Chuck McCullough from Allerton, Iowa. Chuck is a nationally recognized beef cattle fitter. He will be assisted by others so that individual instructional help can be optimized. The clinic is co-sponsored by University of Missouri Extension and the Wahl Clipper Corporation. Clinic participants will need to bring their show calf and equipment, including blocking chute, show stick, blower, comb, brushes, adhesives, and clippers. If enrollees do not have all of this equipment there will be extra equipment available and show supplies available for purchase during the clinic.

Both the news release and flyer can be found at <http://extension.missouri.edu/adair/4h/beefclinic.shtml>.

### **MISSOURI PORK EXPO - IN THE SHOW RING 2009**

#### **Diane Slater, Missouri Pork Association**

The 2009 Missouri Pork Expo and In the Show Ring are rapidly approaching. In the Show Ring is set for February 11, 2009. Our attendance last year was outstanding - over 130 students! Those attending also receive Show Me Quality Assurance certification/recertification. I would appreciate it if you could notify all 4-H groups about the event. We are **strongly encouraging** attendees to pre-register, as it will make registration at the event much smoother and quicker for our staff as well as the students.

All information can be found on our website at [www.mopork.com/events\\_missouriporkexpo.asp](http://www.mopork.com/events_missouriporkexpo.asp). There is a PDF registration form for In the Show Ring on the page - it can be typed, printed and sent back by fax to 573-446-2398. It can also be sent electronically to [intern2@mopork.com](mailto:intern2@mopork.com).

### **STATE 4-H PHOTO CORPS – ONLINE EDITION**

#### **Bradd Anderson**

Applications for the 2009 Photo Corps are still being accepted! The problem with the fillable PDF application form has been corrected. For more information or an application, please visit <http://4h.missouri.edu/go/programs/photocorps/>

### **Operation: Military Kids Day at the Capitol**

Visit your legislator and tour the Missouri Capitol, **Feb. 16!** Youth ages 13-18 are invited to this fun day in Jefferson City. Participants do not have to be from a military family to enjoy the experience. The registration form is available at [4h.missouri.edu](http://4h.missouri.edu)

### **Online registration is open for KC Global Conference**

Register online now for the opportunity to learn about careers, technology, the environment and cultural diversity at the 2009 Kansas City 4-H Global Conference, March 18-21. Cost is \$260 for youths and \$325 for adults. MU Extension 4-H members may attend this conference no more than two times if they meet the age requirement. For more information, go to [4h.missouri.edu](http://4h.missouri.edu).