

2008

UNIVERSITY OF MISSOURI  
 Extension

Cedar County  
*University of Missouri Extension*  
*Annual Report*

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## Extension's Program Guidance Comes From You

The University of Missouri Extension council and staff would like to thank the Cedar County commissioners for their support and funding for programs during this past year. In turn, the council and staff remain committed to improving people's lives by helping them meet the opportunities and challenges of the 21st century with research-based education and information.

County residents decide the direction of extension's educational programming. Current emphasis areas in Cedar County focus on increasing income from agricultural resources, developing stronger family units, improving the quality of the available labor force by providing education opportunities, supporting drug and alcohol prevention programs, and encouraging community coalitions.

The mission of University of Missouri Extension, a partnership of the University of Missouri campuses, the people of Missouri through county extension councils, and the Cooperative State Research, Education and Extension Service of the U.S. Department of Agriculture, is to: "serve Missouri by extending the unbiased research-based knowledge and problem-solving resources of the University of Missouri to focus on high-priority needs of people throughout the state." The University of Missouri is a land-grant university, charged by federal acts of Congress to deliver extension programs.

Current programming efforts statewide focus on agricultural profitability and viability, building family and individual strengths, building human resources, business, community and economic development, enhancing health and nutrition, environmental quality and stewardship and youth development.

The contents of this report are a summary of the highlights of our educational efforts during the past year. We hope that this report provides a greater understanding about University of Missouri Extension programming efforts in Cedar County.

Submitted by,

*Eric McPeak*

Eric McPeak  
Council Secretary

*Terry Costello*

Terry Costello  
Council Chairman

*Dona Funk*

Dona Funk  
County Program Director

December 2008

Dear Members of the County Commission and the Community:

As we begin another year, I want to thank you for your continued investment in University of Missouri Extension. Your investment makes it possible to provide educational programs to residents in your county that are **Relevant, Responsive and Reliable**. In these difficult economic times, it is particularly important that the programs you support show a return on investment.

Recently, the MU Community Policy Analysis Center completed an analysis of the economic impact of MU Extension programs statewide and found that:

**Every \$1 million dollar of investment in a broad range of programs:**

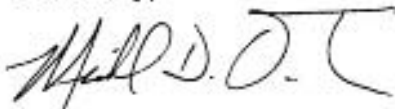
- **Generates more than \$24 million in new or retained private sector jobs, sales and investments;**
- **More than \$1.2 million in families' reduced health care expense;**
- **Nearly \$2 million in increased state, sales and property taxes.**

Your county's contribution is leveraged with other public and private funds, which allows MU Extension to deliver \$96 million worth of educational programs.

Each year, MU Extension helps more than 1 million Missourians add value to their communities and improve their quality of life. The programs showcased in your county's annual report give you a snapshot of MU Extension at work in your community.

If you have suggestions for how MU Extension can better serve your needs, please contact me or your local Extension Center.

Sincerely,



Michael D. Ouart  
Vice Provost and Director

c: Provost Brian Foster  
Debbie Robison  
Beverly Coberly  
Sandy Stegall

# Staff Members at the Cedar County's University of Missouri Extension Center



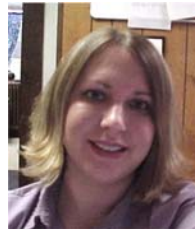
**Dona Funk**  
Area Livestock Specialist  
County Program Director  
8 years with Extension



**Sarah Thomas**  
Youth Program Assistant  
2 year with Extension



**Linda Bartkoski**  
Nutrition Program Assistant  
24 years with Extension



**Heather Burns**  
Administrative Assistant  
6 years with Extension

**Diverse, Experienced and Well Trained Staff**  
The staff of the University of Missouri Extension office in Cedar County is diverse, representing a variety of backgrounds, experiences and educational levels. Staff members have worked for other educational institutions, worked in the public and private sector and collectively have over 35 years of work experience with University of Missouri Extension.

## Southwest Region News Service

Southwest Region News Service is a weekly news service highlighting University of Missouri Extension programs in southwest Missouri. Weekly articles, containing useful information from extension specialists, are delivered by e-mail and reach every newspaper, magazine, television and radio station covering the issues important to area residents.

Visit Southwest Region News Service at: <http://extension.missouri.edu/swregion/news>.



# 4-H Youth Development



One of every ten Cedar County youth between the ages of 5 and 18 participated in a Cedar County 4-H program in 2008.

In 2008, Cedar County had:

- ◇ 44 club officers learned leadership skills within their clubs.
- ◇ 1 member attended 4-H Overnight Camp.
- ◇ 7 county council officers learned leadership skills within the county.
- ◇ 130 4-H Newsletters sent out monthly.
- ◇ 153 end of the year Project Report Forms filled out:
- ◇ 23 members participated in State Contests:
  - 10 members in State Shooting Sports
  - 6 members in State Livestock Judging
  - 1 member gave a State Fair Demonstration
  - 4 members in State Horse Judging
  - 4 member in Regional Horse Bowl and Hippology
- ◇ 3 members attended the Kansas City Global Conference.

Cedar County has seven 4-H Clubs with a total of 134 participants. Cedar County 4-H clubs offer long-term educational experiences in which members learn life skills such as decision making, public speaking and working with others. Members learn by doing under guidance of adult volunteers, who teach projects ranging from aerospace and arts to veterinary science and sport fishing. Clubs also involve children and teens in community service, camping and educational trips.

Cedar County 4-H members are supported by 69 youth and adult volunteers. Volunteers create, support and are part of the 4-H community. A national report suggests that the average volunteer in Missouri contributes 96 hours per year. Valuing their time at \$17.19 per hour, based on average Missouri incomes, the contribution of Cedar County 4-H volunteers was worth more than \$113,866.5 in 2008!



*Cedar County 4-H Members receive their awards and recognition during the 2008 Land O' Lakes Youth Fair.*



University of Missouri Extension- Family Nutrition Education Programs (FNEP) reached 1,526 low-income participants with nutrition education in Cedar County during 2008. FNEP provides information on nutrition, food safety, and physical activity for lifelong health and fitness.

Nutrition education for youths provides information in kid-friendly terms and lessons with hands-on activities. Activities include opportunities for taste-testing healthy foods and practicing skills that lead to good health.

El Dorado and Stockton schools participated in nutrition education classes in 2008 and \$35,324 in in-kind match contributions were received.

Education for adults includes nutrition, food safety, physical activity, and food resource management. Thirty two families participated in adult programs.

Linda Bartkoski, Nutrition Program Assistant, enjoys helping student make healthier food choices. During the review time of a recent lesson, a fifth grade student raised her hand. "Mrs. B, you know I don't eat fruit, but then you explained about all the nutrients and the fiber and everything and then you made fruit smoothies for us. Well, I liked that smoothie so much I took the recipe home and asked my mom to make it for me. She was really surprised! But she made it and I drank it and I loved it! In fact, everyone in my family loved it! Then I tried some other fruit ideas and even added yogurt to get calcium like you said. I am eating lots of fruits now and sometimes I even eat some of it before it goes into the smoothie. Mrs. B - you're the best. Thanks for helping me make a better choice."

Evaluation data collected across the entire state reflects the positive impacts that occur in every county with FNEP.

For youths who participated in FNP, results summarized for the state revealed the following positive impacts:

Three thousand three hundred forty-eight (3,348) teachers gave us feedback.

- 38% have participated in FNP for more than 3 years
- 99% (3,293 teachers) reported one or more changes in students after FNP.



*Linda Bartkoski, Nutrition Program Assistant teaches one of her classes about getting enough physical activity.*

# Agriculture and Environmental Quality

The purpose of the agriculture program is to provide information and to make recommendations that will help individuals, groups and agribusiness firms apply this knowledge. Academic support for this program comes from the MU College of Agriculture, Food and Natural Resources in cooperation with county, state and federal governments.

- 120 Producers receive *Ag News and Views*, a monthly agriculture related newsletter.
- 57 Soil tests were processed through the Cedar County Extension Office. Each test received individualized recommendations for fertilization based on type of soil and crop to be grown.
- 21 Cedar County landowners participated in a Pasture Walk that demonstrated stockpiled grazing. This program was done in cooperation with the Soil and Water Conservation District and the Natural Resource Conservation Service.
- 27 Cedar County residents received Private Pesticide Applicator training.
- Hammons Products is working with both Jay Chism and Dona Funk on a grazing program for their demonstration farm.

## Master Gardener

Eleven Cedar County residents completed the Master Gardener Extension Program in 2008. The mission of the Missouri Master Gardener Extension Program is “helping others learn to grow.” The Master Gardener program provides in depth horticultural training to individuals throughout Missouri who then volunteer their time applying what they have learned to help others in their communities to learn about gardening and environmental education. The Master Gardener Program throughout Missouri promotes and raises public awareness of the University of Missouri Extension as a source of unbiased, research based gardening information.

Through activities such as Extension hotlines or answer services, workshops, speaker’s bureaus, garden show booths and demonstration projects, Master Gardeners provide gardening information to thousands of Missourians each year.

To become trained as a Master Gardener, an individual must attend a 30 hour classroom Core Course training. Then the Master Gardener trainee is required to give 30 hours of volunteer service back to their community in approved University of Missouri Extension activities.



# Business Development

In Cedar County, during 2008, business development program specialist Kathy Macomber and business counselors with MU Extension, Missouri Small Business & Technology Development Centers (MO SBTDC), Missouri Procurement Technical Assistance Centers (MO PTAC), Missouri Environmental Program, Missouri Career Options Project, and the Missouri Market Development program served four people and their companies with business start-up and management counseling, training, and other assistance.

As entrepreneurs and innovators, Missouri's small businesses are becoming a more diverse group that continues to make the state's economy productive. There are approximately 500,000 small businesses in Missouri. Nearly 98 percent of all businesses with employees are categorized as small businesses. In assisting the owners and managers of those businesses, MU Extension contributes to a county's economic development through growth in jobs, sales, innovation, technology development and commercialization.



## Most Frequent Inquiries

- Pasture rental rates**
- Custom rates for farm services**
- Request for 4-H forms and literature**
- Home canning**
- County 4-H activity information**
- Farm record books and pages**
- Soil test information and samples**
- Plant disease identification**
- Plant and insect identification**
- Request for information on meat goats**
- Livestock nutrition information**
- Fruit and vegetable literature**
- “What is the phone number for.....?”**



# Cedar County Council

## **Chairman**

Terry Costello, elected member, term ends 2009

## **Vice Chairman**

Jeff Stacy, appointed member—Farm Bureau, term ends 2009

## **Secretary**

Eric McPeak, elected member, term ends 2009

## **Treasurer**

Joe Ewing, elected member, term ends 2009

## **Other Members:**

Richard Allen, elected member, term ends 2009

Mark Beason, elected member, term ends 2010

Jeff Buckner, elected member, term ends 2010

Justin Burns, elected member, term ends 2009

Coleen Collier, elected member, term ends 2010

Dennis Dukes, elected member, term ends 2009

Lorene Fisher, elected member, term ends 2010

Bill Huseman, elected member, term ends 2010

Linda Wagner, elected member, term ends 2010

Kennie Whitesell, appointed member from Cedar County Commission, term ends 2009

## **Unique partnership**

Cedar County's University of Missouri Extension County Council is a full partner with Missouri's land-grant universities to deliver high-quality education and research-based information that helps people solve real-world problems and take advantage of opportunities. Council members:

- Work with extension specialists to provide the county with quality educational programs;
- Manage finances of local extension operations;
- Provide personnel to carry out extension activities; and
- Elect and organize the local extension council.

**2008**

## **CEDAR COUNTY COMMISSIONERS**

**Kennie Whitesell**  
**Presiding Commissioner**

**John Fox**  
**Southern Commissioner**

**Byron Hamilton**  
**Northern Commissioner**

# 2008

## State, Federal and County Funding for Extension

University of Missouri Extension programs in Cedar County are funded by Cedar County, state and federal appropriations. Local funding for support of the Cedar County Extension Center is provided by the Cedar County Commission.

They provide office space, funds for office expenses, clerical and youth program assistant salaries and travel expenses of extension specialists who conduct educational programs in Cedar County.

A special acknowledgement and appreciation is given to the Cedar County Commission for financial assistance.

## University of Missouri's Contribution to County Extension Program

University of Missouri provides salaries and benefits for 1 professional and 1 para-professional staff members headquartered in Cedar County.

The University provides in-service training expenses, including travel and lodging for staff, postage for staff communications and matching funds for computer equipment costs and maintenance.

## Financial Statement

### REVENUE

Beginning Balance	\$ 9,819.97
County Appropriations	\$ 33,755.04
<b>TOTAL REVENUE</b>	<b>\$ 43,575.01</b>

### EXPENSES

Secretary Salary	\$ 19,987.91
Youth Program Assistant	\$ 5,047.95
Clerical Assistance	\$ 707.00
Council Paid Benefits	\$ 3,919.59
Travel	\$ 3,103.18
Postage	\$ 154.52
Telephone	\$ 1,186.49
Supplies and Service	\$ 1,247.29
Office Network	\$ 474.30
Miscellaneous	\$ 71.05
Copy Machine Maintenance Contract	\$ 505.13
Furniture and Equipment	\$ 228.00
<b>TOTAL LIABILITIES</b>	<b>\$ 37,060.41</b>

**CLOSING BALANCE** \$ 6514.60

### RESTRICTED FUNDS ACCOUNT BALANCES

Short Course	\$ 322.51
Resale Publications	\$ (47.60)
Soil Testing	\$ 306.28
After School Programs	\$ 134.63
KOMA Beef Program	\$ 1,475.66
Livestock Programs	\$ (55.17)
General Programs	\$ (267.49)
University Mailing Allotment	\$ 1,896.78
Regional Horse Program	\$ 27.08

**TOTAL ACCOUNT BALANCES** \$ 10,307.28