



DATES TO REMEMBER



4-H COUNCIL MEETING

**OCT. 1 at 7:30 p.m. at the
Extension Office -**

Jackson.



**OCT. 1 begins the new 4-H
year!**



**OCT. 6 - Arnsberg 4-H Club
60th Birthday Party - 3-5pm**



NATIONAL 4-H WEEK



OCT. 7 - 13

REPORT FORMS DUE

OCT. 12



RECOGNITION BANQUET

NOV. 10 - 6:30 p.m.

**(Dates for Officer Training and
Celebration Party will be sent in a
separate mailing).**



4-H FOOD AND FITNESS CAMP

November 3 & 4 on the MU

campus for ages 12 - 14 who are
enrolled in 4-H Foods projects. Cost is
\$70.00 person and includes lodging at
the Quality Inn Hotel, meals, and take
home materials. . **Registration is due
Oct. 1.** At the camp, you will prepare a
steak dinner, tour the MU meat lab,
make ice cream, learn about My
Pyramid and physical activity, swim,
play games and receive a pedometer.
Contact the Extension Office for the
registration forms ASAP!!

CONGRATULATIONS

**To Adam Pleimann, Collin Schabbing
Kyle Rohde, and Chelsea Seyer** for
placing 3rd as a team at the DuQuoin
State Fair Livestock Judging
Competition. This same team also
represented Cape County 4-H in the
State 4-H Livestock Judging Contest In
Columbia on Sept. 8 and did very well.
Collin Schabbing placed 8th in the state.

To Renee Peters & Amanda Landgraf
who will be participating in the State 4-H
Public Speaking Contest in Jefferson
City on Sept. 29.

**To Tara Kirchdoerfer & Amanda
Lappe** who participated in the State
4-H Fashion Revue - Columbia - Sept. 8
Tara placed 5th in the Sr. Division!!

To Cody Hahs for winning a 1st Place
Trophy at the MO State Fair in the
Youth Cart with Mini Mules Class!!



Thank You

😊 **TO MARISSA EGGERS AND HELPERS** who helped clean and move the 4-H Stand into storage early on Sunday morning!!

😊 **TO ALL THE 4-H PARENTS AND TO THE 4-H MEMBERS** who worked at the SEMO Fair 4-H Food Stand. That money will help provide many county-wide 4-H events for the 4-H members to enjoy in the coming year.

😊 **TO SALLY RUESLER** who organized and managed the 4-H Food Stand again this year. You did great!

😊 **TO DORTHA STRACK AND ALL HER VOLUNTEER HELPERS** (judges, superintendents, etc.) who assist with the 4-H entries for the SEMO Fair - 4-H Exhibit Hall, small animal, and livestock entries. We appreciate their commitment and their organizational skills which each year the 4-H members from all over Southeast Missouri benefit from.

😊 **ARI** for providing the Tuesday evening BBQ meal for all the 4-H Livestock Exhibitors.

CONGRATULATIONS TO ALL THE 4-H WINNERS AT THE SEMO DISTRICT FAIR!!

AWARDS AND REPORT FORMS

THERE ARE "3" FORMS TO CHOOSE FROM WHEN FILLING OUT YOUR REPORT FORMS. YOU CHOOSE WHICH FORMS TO COMPLETE BASED ON YOUR "4-H AGE". (Remember to always calculate your "4-H age" from January 1, 2007.)

● ● ● ● ● ● ● ● ● ● ● ● ● ● ● ●
ALL REPORT FORMS DUE OCT. 12
● ● ● ● ● ● ● ● ● ● ● ● ● ● ● ●

CAPE COUNTY 4-H PROJECT RECORD - AGES 8 - 13

This form is available hard copy from the Extension Office and your Club Leader. This form is also on the Cape County 4-H website for your convenience. You can type your information on the form on the website and then print a hard copy to mail to the office. Complete this form for EACH completed project including animal projects and turn into the Extension Office by **FRIDAY, OCT. 12.** This Report Form will be judged by the 4-H Council Awards Committee and the Project Medals will be awarded at the Recognition Banquet. (Remember that this form requires the signature of your parent and your project leader. If the project was led by a county-wide project leader then project leader signature is not required)

IT'S WORTH YOUR TIME AND EFFORT TO COMPLETE YOUR PROJECT RECORDS. (One Report



Form with instruction sheet is attached to newsletter. Make more copies of the Report Form as needed), **BE SURE TO**

FOLLOW THE INSTRUCTIONS ON REPORT FORMS - AGES 14 & OLDER

TWO FORMS TO CHOOSE FROM!

1) MISSOURI 4-H RECOGNITION FORM (MRF) LEVEL III - GRADE 9 - 12

You will need to complete only ONE report form (not one form per project). This form will be judged on the county level and then if chosen as a winner moves on to the Regional Competition which includes an interview component. If you are a regional winner, you then get to compete on the State level. IF YOU ARE A STATE WINNER - YOU WIN A TRIP TO THE NATIONAL 4-H CONGRESS. This is also the same form that you can use to apply for 4-H college scholarships. **I have "tips and sample forms" to use to help you know how to fill out this form.** Stop by the Extension Office to pick up the Report Form or call at #243-3581 and we will mail a copy of the form / samples to you!!

2) MISSOURI 4-H RECOGNITION FORM (MRF) - CAPE GIRARDEAU COUNTY PROJECT MEDALS

This form is for 4-H members ages 14 - 18 who do not want to compete for the National 4-H Congress Trip or apply for college scholarships but still want to be recognized on a county level for achievement in a project area by receiving a Project Medal at Recognition Banquet. This form is a **listing** (not an essay writing) of everything you have done in your 4-H career. This form is great if you want to keep track of all your ribbons, awards, community service projects, and leadership positions held from the first year of 4-H

THE ATTACHED GUIDE SHEET.

membership until this current year. You may fill this form out for more than one project and compete for a county level Project Medal to be awarded at the Recognition Banquet. (For the parents who grew up in 4-H, this form is like the NRF form that you completed when you were in 4-H many years ago!!)

Stop by the office or give us a call at #243-3581 and we will mail you a copy of this form and/or give you further info and answer your questions.

ALL 3 REPORT FORMS ARE AVAILABLE at <http://extension.missouri.edu/capegirardeau/>

Follow this path - <http://extension.missouri.edu> click on "people & places" then click on "Find an office" and then go to Cape Girardeau County Extension Center & click on the 4-H Clover which will take you to the Cape County 4-H page.

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★
OTHER AWARD FORMS FOR TEENS
★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

★ I DARE YOU (DANFORTH AWARD)
Age 16 & older can apply by writing a one page essay on leadership including your 4-H leadership skills / experiences.

★ MFA SADDLE AWARD - age 14 & older must complete Report Form and answer several essay questions.

★ KEY AWARD - age 16 & older must complete the Key Award Form available at the Extension Office.

THESE FORMS ARE DUE OCT. 12!

MORE 4-H AWARDS

“I TRIED THE HARDEST” AWARD

Parents, Club & Project Leaders or other 4-Hers can nominate a younger 4-Her for this award. This award is for anyone under 14 years of age (as of Jan. 1, 2007) who has had to put “extra effort” into completing their project!! This is not meant to be just for “hard luck” stories but also 4-Hers who successfully completed a project due to “lots of effort” on their part. Simply



submit a one page or more “story” **signed by the Club Leader due Oct. 12 in the Extension Office.**

OUTSTANDING 4-H LEADER OF THE YEAR AWARD

Clubs, parents, 4-H members, don't



forget to nominate a 4-H Volunteer for Outstanding Leader!! Contact your Club Leader or the Extension Office for the Award form and instructions.

MARJORIE SWAN LEADERSHIP AWARD

This is an award developed by the children of Mrs. Swan in honor of her “50” years as a 4-H volunteer!! **This award is for a first or second year 4-H Project Leader who has done an outstanding job!!** Please contact your Club Leader or the Extension Office for the application form. This award was intended as a reward and motivation for those leaders who are “new” to the 4-H experience!!

OUTSTANDING PROJECT LEADER -

This award is to honor Project Leaders

who have done an outstanding job. (This is for Project Leaders who are not “new” but may have been leading this project for several years or who may have been a 4-H volunteer for several years in other activities but are leading this Project for the first time this year.

FYI - SEMO FAIR LIVESTOCK SALE TIMELINE

For those of you who participated in the SEMO Fair 4-H / FFA Livestock Sale please be aware that it will take about a month to complete all the financial records, receive payments from the buyers, and record the sales expenses before checks can be issued to the 4-H / FFA participants. So be patient - the “check is in the mail” eventually!!

2008 COUNTY-WIDE PROJECTS

- *Arts & Crafts - Leather Craft from Tandy Co. in St. Louis*
- *Bee-Keeping - Rev. Grant Gillard*
- *Breads - Teresa Meier*
- *Cake Decorating -*
- *Clothes you Buy -*
- *Computers I, II, & III - Becky Riney*
- *Crochet - Laura Law*
- *Horse / Hippology - Debbie Birk*
- *Jr. Master Horseman - Sharon Tuschhoff*
- *GPS/GIS Computer - Frank Wideman*
- *Meat I.D. - Denise Yamnitz*
- *Public Speaking - Rev. Roethemeyer*



- *4-H Rodeo (can be taken as a proj.)*
- *Robotics - Jan Koenig*
- *Shooting Sports - Sharon Tuschhoff*
- *Tatting (self-determined) - Cheryl*

Crouch

Note - We have 6 volunteers attending the Shooting Sports Training in Oct. so this year you can sign up for Shooting Sports as a project. We will let you know next newsletter which emphasis you can choose from in this section. We must have a trained leader before you can participate in a particular emphasis such as rifle, shotgun, archery etc. Stay tuned.

Donna Taake, 4-H Youth Specialist

