

Callaway Events Day Contest Information Packet for 2009

DEMONSTRATIONS AN/OR ILLUSTRATED TALKS

Summary of County qualifying numbers to the Missouri State Fair

4-H Electric Theatre Demonstrations

Eight (8) demonstrations per county.

4-H members of any age may demonstrate in the Electric Theatre. All demonstrations must use electricity.

4-H General Demonstrations

Eight (8) demonstrations per county.

Demonstrations and illustrated talks may be on any topic or project area.

Working Demonstrations

Four (4) demonstrations per county.

Demonstrations may be on any topic or project. In a working demonstration, the 4-H member works continuously on an item, or shows a particular skill. Members do not give a formal talk while they work, but respond to questions from fair-goers. Members should bring enough material so they can work for about one-half hour. A poster giving the topic of the demonstration and the 4-H member's name can be displayed on the demonstration table.

Egg Contest

Two (2) demonstrations from Callaway County with one from ages 8-13 and one from age 14 and over will compete at the State Fair to represent Callaway County.

The winner at the Missouri State Fair in the 14 or older division will represent Missouri at the national contest in Louisville.

Pork Contest

Six (6) demonstrations per county, with two from age 8-10, two from age 11-13, and two from age 14 or over. Members must be enrolled in Foods or Swine project.

International Topic Demonstrations

Two (2) demonstrations per county, with one from age 8-13 and one from age 14 or older.

Team demonstrations are allowed.

Agri-Missouri Foods Contest

Three (3) entries per county, with one from age 8-10, one from age 11-13 and one from age 14 and over.

Demonstrations should be 7-10 minutes in length. No team demonstrations allowed.

Soyfoods Contest

Up to six (6) entries per county with no more than two from ages 8-10; two from ages 11-13 and two from age 14 and over. No team demonstrations are allowed.

Sheep Demonstration qualification information...

The Missouri Sheep Producers will provide special monetary recognition for any demonstrator presenting a general or working demonstration about lamb, wool, or sheep at the Missouri State Fair. The title of the demonstration must include a specific reference to sheep to qualify.

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Specific Information about the Specialty Contests

Egg Contest

Two demonstrations from Callaway County with one from ages 8-13 and one from age 14 and over will compete at the State Fair to represent Callaway County.

The winner at the Missouri State Fair in the 14 or older division will represent Missouri at the national contest in Louisville; travel, overnight expenses will be covered. Specific rules apply. Contestants 14 and over should have their sights set on the larger competition at Louisville, which is very keen. Lyons and/or Manhart would be glad to provide critique and encouragement for the Missouri winner to help perfect a winning demonstration for the national level.

For a full set of rules including judging criteria, go to <http://national4hpoultryandegg.psu.edu/>
General rules for contestants:

- Demonstrate the preparation of egg dish and present information showing knowledge of eggs, nutritional value, preparation, storage, function, grading-sizing, versatility, and economics of cooking with eggs.
- Present a finished product for judges' sampling, and a recipe handout for the judges.
- Demonstration is to be no more than 12 minutes in duration.
- No team demonstrations.
- Recipe must contain 1 whole egg per serving if classified as a salad or main dish, ½ egg per serving if an appetizer, snack, dessert or beverage.

(Following contacts are for the Missouri State Fair 14 and over winner; does not apply to county winner.)

| Contacts | |
|--|--|
| Jesse Lyons UMC Animal Science Extension S-103 Animal Sciences Center Columbia, Missouri 65211 573-882-024 lyonsj@missouri.edu | Jo Manhart Missouri Egg Council 1000 West Nifong, Building 1 Columbia, Missouri 65203 573-874-3138 jmanhart@juno.com |

Pork Contest

Six (6) demonstrations per county, with two from age 8-10, two from age 11-13, and two from age 14 or over.

Members must be enrolled in Foods or Swine project. Demonstration may be on any facet of pork, including food, nutrition, production practices, or by-products. **(Animals may not be used.)** Demonstration topics should be challenging and exhibit contestant's knowledge as well as presentation skills.

First place winners may not enter the following year, unless they are eligible to compete in a different age category. Team demonstrations, by teams of no more than two, are allowed **only** in the 8-10 year division. *(At the State Fair level, three places are awarded in each age category. Three plaques will be awarded in each age category. The Missouri Pork Producers Association sponsors contest.)*

International Topic Demonstrations

Two (2) demonstrations per county, with one from age 8-13 and one from age 14 or older.

Team demonstrations are allowed. Members must earn a blue ribbon at the county level on any demonstration that relates to an international topic. Members can be enrolled in any 4-H project. Demonstrations can be about an item that is made in another country, used in another country, or originates from another country. Demonstrations should be 7-10 minutes in length. The best demonstrations will include a lot of information about the place where the item originates and the people who use the item. If the item made is a food item, a copy of the recipe, nutrition information and a sample of the food should be given to judges. Winners from previous years

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may compete again. *(This contest is sponsored by the Missouri 4-H Global Education Program at the Missouri State Fair.)*

Agri-Missouri Foods Contest

Three entries per county, with one from age 8-10, one from age 11-13 and one from age 14 and over.

Demonstrations should be 7-10 minutes in length. No team demonstrations allowed. Members do not have to be enrolled in any specific project. The demonstration must use a food product produced by a Missouri company or producers, give background information on the company or producer, and provide nutrition and preparation information. The demonstration will also be judged for presentation and speaking ability. A copy of the recipe and a sample of the food should be given to judges. *(At the Missouri State Fair, all contestants will receive Agri-Missouri items. The Missouri 4-H Foundation and Missouri Department of Agriculture jointly sponsors the event. Awards will be given 30 minutes after the last demonstration in the Electric Theater.)*

A copy of the Agri-Missouri Buyer's Guide is available from the Missouri Department of Agriculture online by going to <http://www.agrimissouri.com/buyersguide.html>. This is a listing of Missouri made, grown, or produced products.

Soyfoods Contest

Up to six (6) entries per county with no more than two from ages 8-10; two from ages 11-3 and two from age 14 and over.

No team demonstrations are allowed. Demonstrators can prepare any recipe that contains soyfoods. (Winning recipes from the previous year's contest may not be used.) Demonstrations should be at least 5 minutes in length, but no longer than 20 minutes. Examples of allowed soyfoods and minimums that recipe must utilize are as follows:

| | | | |
|------------------------------------|---------|------------------|---------|
| Soy Oil | 1/2 cup | Tofu | 1/2 cup |
| Whole Soybeans (green or dried) | 1/2 cup | Roasted Soy Nuts | 1/2 cup |
| Soy Flour | 1/3 cup | Soy Margarine | 1/2 cup |
| Soy Grits | 1/4 cup | Soy Milk | 1/2 cup |
| Soy Nut Butter | 1/4 cup | Soy Sauce* | 3 Tsp |

*only if used with another soyfood

Demonstrators will be judged on the contestant's knowledge of soyfoods (use in recipes and benefits of using soyfoods) and presentation skills. Also exhibiting general knowledge of soybean production in Missouri would be beneficial. Copies of the recipe used in the demonstration and a sample of the finished product should be given to the judges. *(At the Missouri State Fair, all participants will receive a gift and a certificate of participation. First place in each category will also be awarded a plaque and a savings bond.)*

For any questions regarding the contest or to get an informational packet to help you develop an idea for a demonstration, please contact the Missouri Soybean Merchandising Council at 1-800-MOBEAN-1 or by e-mail at mosoy@mosoy.org. The Missouri Soybean Merchandising Council sponsors the contest.

Newest Addition at the State Fair level

NOTE: The Missouri Sheep Producers will provide special monetary recognition for any demonstrator presenting a general or working demonstration about lamb, wool, or sheep. The title of the demonstration must include a specific reference to sheep to qualify.
