

FOOD COOPERATIVE

About the Co-op How to Get Involved Join the Co-op Shop with the Co-op How to Contact Us



Bringing local food to your table

Our Mission: To foster a local food community and promote a culture of stewardship by cultivating farmer-consumer relationships, promoting the enjoyment of healthful food, increasing food security through diversity, and enhancing overall rural sustainability.

The freshness and flavor of local food will make your taste buds tingle. Nebraska farmers, gardeners, and craftspeople come together through this cooperative to offer you the best of the best. Buying local helps your own community grow stronger along with your health and pocketbook.

August order opens Friday, July 27th and closes at noon on Monday, August 6th with delivery on the 9th.

Open for Orders
Delivery Day

AUGUST 2007							SEPTEMBER 2007						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4								1
5	6	7	8	9	10	11	2	3	4	5	6	7	8
12	13	14	15	16	17	18	9	10	11	12	13	14	15
19	20	21	22	23	24	25	16	17	18	19	20	21	22
26	27	28	29	30	31		23	24	25	26	27	28	29
							30						

OCTOBER 2007							NOVEMBER 2007						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5							1
6	7	8	9	10	11	12	2	3	4	5	6	7	8
13	14	15	16	17	18	19	9	10	11	12	13	14	15
20	21	22	23	24	25	26	16	17	18	19	20	21	22
27	28	29	30	31			23	24	25	26	27	28	29
							30						

Discussion Forum
Wish List

About the Co-op

Shop the Co-op

How to Get Involved

Nebraska Food Cooperative

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Nebraska Food Coop (NFC) was modeled after the Oklahoma Food Coop volunteers, consumers and farmers came together to support one another and local foods.

What is a cooperative?
A cooperative is an autonomous association of persons united voluntarily to meet their common economic, social and cultural needs and aspirations through a jointly owned and democratically controlled enterprise.

Nebraska Cooperative Development Center
<http://nccdc.mtstate.edu/nccdc/pages/index.jsp>




Welcome

The Nebraska Cooperative Development Center is Nebraska's nonprofit center for cooperative based business development. We provide education, training, and technical assistance to cooperatively owned business, be it a cooperative, an LLC, or other business structure.

We are committed to creating sustainable communities in Nebraska where people work together to meet their needs and reach their goals. Our center provides technical assistance, education, and training for developing and existing groups. Our services are available for all types of business enterprises.

Publication Spotlight
Fishbowl in the Field: Using Listening to Join Farmers, Ranchers, and Educators in Advancing Sustainable Agriculture

"The most basic of all human needs is the need to understand and be understood. The best way to understand people is to listen to them." -- Ralph Nichols

Traditional agricultural education makes farmers and ranchers audience members while agitators are the guests. "Fishbowl" turns them both.

Nebraska Cooperative Development Center
Provides these services:

- Strategic planning
- Group facilitation
- Facilitation of outside resources such as legal and accounting
- Assistance with pre-feasibility/feasibility studies
- Market analysis and business plan development
- Financial projections and budgeting assistance
- Project management
- Assistance with membership development
- Development planning and training

Advanced assistance grants are available to incorporated cooperatives/groups and are typically awarded for amounts up to **\$10,000**. They are designed for groups that are ready to hire professional services (legal/ financial) or develop marketing materials.

LB 90

LB 90 was passed by the Nebraska Legislature on May 25, 2005 and signed into law by Governor Dave Heineman.

LB 90 makes available **\$850,000** per year for two fiscal years (FY 2006-2007 and FY 2007-2008) for projects which:

Support small enterprise formation in the agricultural sector of Nebraska's rural economy, including innovative cooperative efforts for value-added enterprises.

LB 90

- ✓ **Support the development of agricultural communities** and economic opportunity through innovative partnerships among farming and ranching operations, rural communities, and businesses for the development of value-added agricultural products;
- ✓ **Encourage collaboration between farming and ranching operations** and between farming and ranching operations and communities, government, and businesses as well as between communities and regions;
- ✓ **Strengthen the value-added production industry by promoting strategic partnerships and networks through multigroup cooperation for the creation of employment opportunities in the value-added agriculture industry;**
- ✓ **Enhance the income and opportunity for farming and ranching operations** in Nebraska in order to stem the decline in their numbers;
- ✓ **Increase the farming and ranching operations' share of the food-system profit,** and Enhance opportunities for farming and ranching operations to participate in electronic commerce and new and emerging markets that strengthen rural economic opportunities.

The return for these investments, NFC now has 200 members, 30 of these are farmers.

Last several sales have been averaging \$4,000 month with 60 orders so we are growing.

What NFC offers liability to producers is NFC is covered and our members are covered for activities under NFC.

Then we can sell to institutions schools, hospitals, restaurants etc.

NFC is not for profit we are to help facilitate collective marketing for farmers and central buying for consumers and institutions.

Farmers can market together but keep their own farm identity

*Let's shop the Coop, Consumers can read about NFC,
but to buy you must become a member*

**NEBRASKA
FOOD COOPERATIVE**

Welcome to the Nebraska Food Cooperative's starting point for shopping! Producers and Shoppers come together here on a monthly basis to buy and sell Nebraska's very own products.

Feel free to browse through our producers' offerings below - everyone can take a tour of what is available. To actually start ordering, if you are already a registered member, just log in below. If you are not a registered member yet, click [here](#) to see more information on joining the Co-Op - producers and shoppers alike make up both the voting and nonvoting membership of the Co-Op.

M E B E R S

[Pickup & Delivery Locations](#)
[How to Join](#)
[Read about Producers](#)
[Return to main website](#)

378 Product Listed for the October Order Cycle
Order Opens: Oct 12, 2007
Order Closes: Oct 22, 2007
Delivery Day: Oct 25, 2007

Username:

Password:

Download PDFs of the October Product List

[Full Product List](#)

Browse the October Product List Webpages

[New Products Since Last Order Cycle](#)
[Changed Products Since Last Order Cycle](#)

Consumers browse by different categories, look at the full product list or just new products

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[Full Product List](#)
[New Products Since Last Order Cycle](#)
[Changed Products Since Last Order Cycle](#)
[Items Listed Last month that are not available this order cycle](#)
[Get Product List PDF files can be viewed using Adobe Acrobat Reader.](#)

Browse the October Product List Webpages

[New Products Since Last Order Cycle](#)
[Changed Products Since Last Order Cycle](#)
[Products by Category](#)
[Products by Producer](#)
[All Organic Products](#)
[The Entire October Product List](#)
[All Products by Product ID#](#)

Note: You must be a member of the Nebraska Food Cooperative and a resident of Nebraska or Iowa to purchase food through the Cooperative. Click here for the [membership page](#). If you don't live in Nebraska or Iowa, we suggest that you contact our producers directly about ordering their products. Their contact information is listed on their [producer pages](#).

Choose a producer, Wattermann Family Farm

Nebraska Food Cooperative Producer Members

Prices for the products sold by these producers through our cooperative, visit <http://www.nebraskasfood.org>

from Nebraska or Iowa? Don't despair. Many of these producers are ready and able to ship their products to you, including frozen meat! Please contact the producers directly about the shipping policies.

Producer Name (Click on name)	Types of Products Available for Sale
Bajo Soap Products	Natural handmade soaps.
Bernath's Growers Group of Washington County	Vegetables, meat, baked goods, crafts
Boka-Butte Lumber Company	Natural and free range pork. Whole hogs. Natural feeder pigs. Woodshop.
Burlow Farms	
Ecky Home-Ecky	Gourmet pickles, salsas, pickle and corn relishes.
Gulahlund Farm - The Novak Family Farm	Certified Naturally Grown vegetables and fruits, eggs from free range chickens, natural Berkshire pork, purebred Berkshire feeder pigs, and more.
Luff Valley Farm Natural Meats	Naturally-grown beef, lamb, and free-range pastured poultry. Possibly free-range eggs, when available.
Loving Harvest Health Foods	Granola - original, coconut, and almond
Latched Oak Farm LLC	Artisan, farmstead cheese, quark, gouda, mozzarella
Munichy CROPS	Vegetables.
Munichy Farm	Turkeys for the holidays. Heritage breeds and commercial white. Free-range raised on a certified organic farm using conventional and organic feed.
MUTVA COFFEE CO.	Fair Trade Certified, Certified Organic by OCA. Locally owned and operated Coffee Roasting Company.
Mota Harvest Farm	Grass Fed Lamb from hair sheep.
My Farms LLC	Donaldson Steelhead Trout individually frozen in 2, 3, and 5 pound bags

Here is the Wattermann Story

**NEBRASKA
FOOD COOPERATIVE**

Wattermann Family Farm
Randy & Trina Wattermann
West Point, NE

2049 M Road
West Point, NE 68788
wattermannfamilyfarm@net
402-372-6005 (home)
402-372-7005 (cell)

Product Types: poultry feed, heritage turkey, grass-fed lamb, Berkshire pork

About Us
We are located 9 miles northeast of West Point, about 90 minutes north of Omaha. My great-great grandfather homesteaded not too far from here, and we were fed to move to Nebraska back in 1950 from California to raise our family. We love it here!

Our family farm uses mainly organic practices, we raise our livestock on pasture, and the poultry feed we mix ourselves. It is made using organic corn, organic soy and organic oats. Fatfed Poultry Nutritionals (vitamins, minerals, kelp meal, probiotics), Fatfed Argonite Calcium, and higher-protein mixes, fish meal which contains a natural preservative instead of the more common synthetic preservatives.

Browse through our Products for Sale

Ingredients
Turkey Feed: We can custom mix different rations, with the most popular being broiler and layer rations. It's available in 50# bags, or on the farm in bulk. The main ingredients are organic corn, organic soy meal, organic oats, Fatfed Poultry Nutritionals (vitamins, minerals, kelp meal, probiotics), Fatfed Argonite Calcium, and higher-protein mixes, fish meal which contains a natural preservative instead of the more common synthetic preservatives.

Some Farmers are more creative than others


attermann Family Farm Products for Sale through the Coop
[here to log in and shop, or find out more](#)

Farming Products and Animals: Farm Animal Supplies

Prod.ID	Product Name (What Produced)	Prod.Type	Price
#275	Breeder Chick feed with Organic Ingredients Order number of bags: 50# bags of freshly mixed poultry feed that we grind ourselves. Ingredients include organic corn, organic oats, transitional & organic soybean meal, organic Fertrell NutriBalancer, organic Fish meal and Fertrell's natural calcium source called AcaGrade. We also sell in bulk at the farm. We aim for a 19%+ protein level.	All Natural	\$13.00/50# bag
#32	Layer Feed w organic ingredients Order number of bags: 50# bags of freshly mixed poultry feed that we grind ourselves. Ingredients include organic corn, organic oats, transitional & organic soybean meal, organic Fertrell NutriBalancer, and Fertrell's natural calcium source called AcaGrade. We also sell in bulk at the farm.	All Natural	\$12.50/50# bag

[Click here to log in and shop, or find out more](#)

Farming Products and Animals: Live Farm Animals

Prod.ID	Product Name (What Produced)	Prod.Type	Price
#588	 FREE Kittens Order number of kittens: Hand tamed kittens. Very playful. All orange. Medium and long haired.	All Natural	\$0.00/kitten

[Click here to log in and shop, or find out more](#)

Easy to shop the Coop by adding to your shopping cart

**NEBRASKA
FOOD COOPERATIVE**

Full Product List: Sorted by Product ID

ID	Product Name	Producer	Type	Price
#1	Pork Sausage Patties (No MSG) Order number of packages: You will be billed for exact weight (approx. 0.9 - 1.1 pounds) 5-6 patties per pound.	North Star Neighbors	Certified Organic	\$4.95/pound
#3	Eggs Order number of dozens: Chicken eggs	North Star Neighbors	Certified Organic	\$2.75/dozen
#4	Pork Sausage (No MSG) Order number of tubes: You will be billed for exact weight (approx. 0.9 - 1.1 pounds) One pound tube.	North Star Neighbors	Certified Organic	\$3.95/pound
#5	Sweet Italian Sausage (No MSG) Order number of tubes: You will be billed for exact PROCESSED weight (approx. 0.9 - 1.1 pounds) One pound tubes.	North Star Neighbors	Certified Organic	\$3.95/pound
#6	Sweet Italian Sausages (No MSG) Order number of packages: You will be billed for exact PROCESSED weight (approx. 0.9 - 1.1 pounds) 4 sausages per package.	North Star Neighbors	Certified Organic	\$5.50/pound
#7	Blade Steak (Flat Iron) Order number of packs: You will be billed for exact weight (approx. 1 - 1.25 pounds) 2-3 per pack - one inch thick.	North Star Neighbors	Certified Organic	\$7.95/pound
#8	Chuck Eye Steak Order number of packs: You will be billed for exact weight (approx. 1 - 1.3 pounds) 2 per pack.	North Star Neighbors	Certified Organic	\$8.95/pound

As a consumer, why should I join and buy my food through the Nebraska Food Cooperative?

You will gain access to a reasonably priced, wide variety of safe, fresh, frozen, and processed food and non-food products grown and/or produced in Nebraska.

You will gain access to foods free from growth hormones, antibiotics, pesticides, herbicides, and genetically modified organisms.

Order online and have a bountiful harvest of food delivered to your doorstep or a drop point in your community every month.

The secret to great cooking lies in the ingredients. You will have access to fresher, higher quality food through the cooperative than almost anywhere else.

You will learn new ways to prepare food including many new, delicious recipes.

You will get to know the people who produce your food. There is a story behind every product the cooperative offers.

You will play an important role alongside farmer producers and other consumers from across the state to increase the awareness, availability, and quality of local food.

You will be contributing to the economic and social well-being of your state, community, and neighbors by buying products grown and produced in Nebraska.

You will have a say in the operation of the cooperative and be a voting member.

As a producer, why should I join the Nebraska Food Cooperative?

Your farm will retain its identity. Your products, tomatoes for example, will be marketed as coming from your farm. The cooperative may offer for sale tomatoes from 12 different farmers.

The consumer chooses from whom they are going to purchase their tomatoes based upon quality, price and/or customer-farmer relationship.

You may set your own prices for all of your products.

You will benefit from the marketing activities of the Nebraska Food Cooperative.

The cooperative will be operating in a market area with over 1,000,000 consumers.

You will reduce the time and cost of marketing and distributing your products to consumers.

You will be working alongside consumers and other producers from across the state to increase the awareness, availability and quality of local food.

You will have the opportunity to network with other producers and source other Nebraska ingredients that may be used to make additional value-added products that could be sold through the cooperative.

A page on the cooperative website will be available for you to tell your story and detail your production practices.



The End

Thank You

Join The Nebraska Food Coop