

HEART OF MISSOURI MASTER GARDENER NEWSLETTER

The Heart of Missouri Master Gardeners is a fun, vibrant group that brings together gardeners of all levels by providing engaging educational opportunities and meaningful volunteer projects that enhance and sustain our communities.

September 2009



University of Missouri Extension - Boone County, 1012 North Hwy UU, Columbia, MO 65203
extension.missouri.edu/boone/mg.html

Local Garden Produces Bountiful Harvest of Confidence and Self-Reliance

Jim Wilson wanted to share this wonderful note from Elan Colello, one of the leaders in the Benton-Stephens Community Garden this year.

It is mostly because of your guidance and mentoring that the garden has grown so well. If it wasn't for me meeting you at the Spring Thaw I am not sure what the garden would look like today. Not only did you instill confidence in me, but every gardener you talked with over the last few months has become a better gardener because of you. I now feel as if I could grow my own food, and I will do so for the rest of my life. It is such an empowering feeling to not be as dependent on a grocery store as I used to be!

*I am so thankful for you believing in me,
Elan Colello*



We should all remember how much the advice and assistance of Master Gardeners means to the beginning gardeners at community gardens. Our involvement can really make a big difference!

Bradford Farms Native Plant Projects

Bradford Research and Extension Center has several native plant gardens that need our help. This project would be a great volunteer opportunity for learning about natives, taking native plant "extras" home, collecting seed, etc. However, the beds are a mess right now and sorely need cleaning and maintenance.

Tim Reinbott, the superintendent at the farm, is interested in HMMG help to clean and maintain the beds. There will be a sign giving the HMMG group credit for their service, and since Bradford has thousands of visitors throughout the year, this would be an excellent way to showcase HMMG and our contributions to an outdoor classroom.

It will require about 6-8 dedicated volunteers to really take this project under their wing this fall and into the coming year. Contact Leslie Shaw for more info: 424-1229 (cell) or 882-1614.

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Great New Volunteer Opportunities Starting in September

Take advantage of the lovely fall weather and get in a few more volunteer hours before we are all chased inside for the winter! Contact **Lea Langdon** at langtrea@gmail.com or 864-7647 for more info or to volunteer!!

- **Youth Gardens:** New Haven Elementary has an after school garden club that can use one or 2 more HMMG on a regular basis, about every other week. We will meet 3:30-5:15 (including set-up & clean-up time, so it could be flexible) probably on Wednesdays, starting with Sept. 23rd. We have both vegetable and native gardens that have been going for 4 years, and usually have 12-15 students, so it is helpful to break into smaller groups to direct the students while they plant, weed, mulch, and harvest. In the fall, we often create snacks from our harvest, and we also enjoy observing whatever nature brings us to see and learn about.
- **The Intersection** is an aftercare program that has a garden club that cares for a vegetable garden and some ornamental and native plantings. They dream of a rain garden in their detention basin. We will be meeting from 5-6 PM, probably on Tuesday evenings.
- **Rain Garden Work Parties:**

| | |
|----------------------|------------------------------|
| Wed Sept 2 4-6 pm | Rock Bridge High School |
| Wed Sept 9 4-6 pm | West Blvd Elementary |
| Tues Sept 22 12-2 pm | Capen Park Compost Demo Site |
| Wed Sept 30 12-2 pm | Bethel Park |

If you would like to be included in an email list for work days with youth gardens and/or rain gardens, let Lea know and she will add you to the list!

Fall Master Gardener Classes start Sept. 14th.
If you know someone who is interested,
remind them to sign up now!

Upcoming Events

| Date | Event | Info |
|--------------------|---|--|
| September 5,6,7 | Annual Japanese Festival | At the Missouri Botanical Gardens from 10:00 am to 8:00 pm. Enjoy taiko drumming, traditional tea ceremonies, martial arts, candlelight walks in the Japanese Garden. Buy tickets in advance at www.mobot.org You can also volunteer at this outstanding event! For more info about volunteering, contact Norma Fraser at norma.fraser@mobot.org or 314-577-0278 to arrange a day and time. |
| September 7 | Movie - "Fresh" | Slow Food Katy Trail—the mid-Missouri chapter of Slow Food USA—will show the movie, "Fresh" at 4 PM at Ragtag Cinema in Columbia. It will be one facet of the 4 to 7 PM event that will help shed light on the state of our nation's school lunch program. |
| September 12 | Chile Pepper Fest | At Powell Gardens. Sweet, smoky, spicy or extra hot, this brightly colored vegetable is used to flavor dishes throughout the world. Food prep demonstrations, tastings, salsa contest—it's sure to be a really HOT time! More into at http://www.powellgardens.org/ |
| September 18,19,20 | Master Gardener State Conference | In Jeff City. For complete info on presentations, tours, schedules, cost, etc., go to http://conference.missourimastergardener.com/ |
| September 22 | Make Your Own Compost Workshop | 10:00 am to 11:00 am. Learn how to make your own compost. Free. Attendees may purchase a bin at reduced cost of \$20. Contact City of Columbia Staff for reservations: 573- 874-6271. Workshop at Capen Park, off Rock Quarry Road, in Columbia. |
| September 26 | Missouri Botanic Gardens: Fall Gardening Blitz | In St. Louis. Learn how to avoid costly gardening boo-boos, save money by growing your own vegetables, add pizzazz to your garden with tropicals, and more through a full day of "top ten" gardening presentations. 9 a.m. to 5 p.m. Kemper Center Classroom. \$40. Advance registration required, via phone (314) 577-5140 or on the web at www.mobot.org/classes . |
| October 3 & 4 | Missouri Botanic Gardens: Best of Missouri Market | In St. Louis. Over 100 Missouri food producers and craftsmen offer fresh produce, baked goods, fresh and dried flowers, herbs, handcrafted items, baskets, wooden toys, custom jewelry and more. Live music and a Kids Corner with cow milking, pumpkin decorating and barnyard animals. 9 a.m. to 5 p.m. Outdoors under tents, rain or shine. \$12 adults (13-64), \$10 seniors (65+), \$5 children (3-12), \$5 members. Buy tickets in advance online at www.mobot.org starting in September. |

Farmers Market Committee Finishes a Great 2009 Season

Ten Master Gardeners volunteered at the Boone County and Columbia Farmers Markets. In 28 volunteer hours, we made 140 contacts. Volunteers handed out guide sheets, hotline numbers, and HMMG class brochures.

Many thanks to Tina Wheeler, Craig Hosey, Pam Nichols, Debi Ball, Sandy Perley, Tanja Patton, Leslie Schneider, Rose Mayfield, and Vita Collins!

--Marie Pasley, Committee Chair

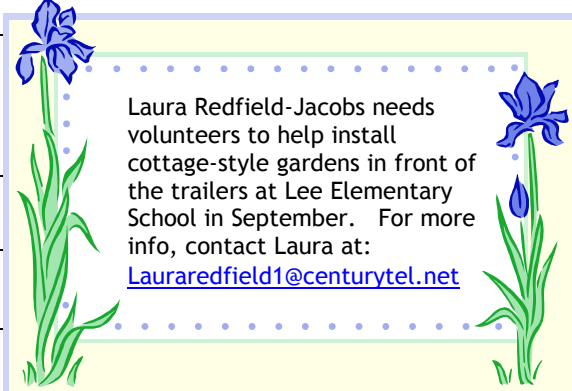
. . . *Haydite, anyone?*

Barb Kribbs has volunteered to coordinate a bulk purchase of Haydite for our group. If you're interested, email her at cbkribbs@centurytel.net.

If you have no idea what Haydite is or why you'd want any, here's the "Cliff Notes" version:

Haydite is a natural, highly absorptive ceramic granule with a neutral pH. It will not degrade or compress over time, nor does it need to be re-applied year after year. Use Haydite as a soil amendment at 10%-15% by volume to:

- ✓ Increase air space for healthier root development
- ✓ Reduce soil compaction
- ✓ Increase soil porosity
- ✓ Reduce water use (info from www.hpbhaydite.com)

| Committee | Chairperson / Contacts | The Latest Scoop!! |
|----------------------------|---|--|
| Advanced Training | Julie Fisher 445-3488 julie8401@tranquility.net | <div style="border: 1px solid green; padding: 5px; text-align: center;"> Do what you can, with what you have, where you are. ~Theodore Roosevelt </div> |
| Adopt-a-Spot | Carolyn Oates 443-3057 Carolyn.Oates@USOncology.com | |
| Educational Displays | Peggy Ann Eichen (660) 841-5253 eichenp@missouri.edu | We still need volunteers to help with updating the display for the Chestnut Roast in October. |
| Extension Grounds | Robin Wilcox lilredhippie@centurytel.net | Prior to our next HMMG meeting on 9/15, we will be working on the Extension grounds starting at 5:00 pm. This counts as volunteer hours! Bring your own gloves, clippers, loppers, rakes, wheelbarrows, etc. |
| Farmer's Market Booth | Marie Pasley 474-5245 smpasley@aol.com | See Farmer's Market info on Page 2! |
| Gardening with Youth | Lea Langdon 864-7647 langtrea@gmail.com | See notes on volunteer opportunities on Page 1! |
| Habitat for Humanity | Phyllis Barks 698-3845 BarksP@missouri.edu Brenda Jones 884-6190 jonesbj@missouri.edu | <div style="border: 1px solid blue; padding: 10px; text-align: center;">  <p>Laura Redfield-Jacobs needs volunteers to help install cottage-style gardens in front of the trailers at Lee Elementary School in September. For more info, contact Laura at: Lauraredfield1@centurytel.net</p> </div> |
| Hotline | Emily Bonwich 449-0444 emmylou1@mchsi.com | |
| Mentoring | Betty Gayle Smith 874-3997 turtleisland@tranquility.net | |
| Mizzou Botanic Gardens | Elizabeth Hoyos 874-9492 hoyosm@missouri.edu | |
| Plant-a-Row for the Hungry | Evette Nissen 474-3055 Evette1357@msn.com | We are thinking about increasing the number of plots we garden in for next year's growing season. Before we decide, though, we need to make sure we have enough volunteers. Let Evette know if you would be interested in helping grow vegetables to donate to the food pantry. |
| Plants of Merit | Donna Puleo 882-1989 puleod@missouri.edu | |
| Speakers' Bureau | Alice Havard 445-4624 | |

Heart of Missouri Master Gardeners - 2009 Officers

President: Laura Redfield-Jacobs 445-8099 Lauraredfield1@centurytel.net
Vice-President: Rose Mayfield 808-6737 Mayflower812003@yahoo.com
Secretary: Linda Christensen 514-4408 lchriste@columbia.k12.mo.us
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Newsletter Editor: Linda Christensen 514-4408 lchriste@columbia.k12.mo.us
 (...and thanks to Annette Triplett and Tina Wheeler for newsletter prep assistance!!)

Officer Elections Soon!

We will be electing a new **Vice President** and **Secretary** at our November HMMG meeting.

If you are interested in serving as an Officer for 2010, contact a member of our nominating committee: Betty Gayle Smith, Barb Michael, and Chrissy Combs.

The **Heart of Missouri Master Gardener Newsletter** is published monthly for the Master Gardeners in Central Missouri. For more information, contact:

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Boone County Extension Center Office Hours are:
Monday-Friday 8:00 a.m. - Noon and 12:30 p.m. - 4:30 p.m.

Next Meeting September 15th at 7:00 pm
Location: MU Extension Center
(Come early and help with the Extension Grounds Cleanup, starting at 5:00 pm)

Special Program:
The Gardens of China
Presented by Hsiao-Mei Wiedmeyer



September Refreshments Provided By:
Snacks: Evette Nissen, Becky Whitworth
Drinks: Catherine Chmidling

Report your Master Gardener hours ONLINE!
<http://report.missourimastergardener.com/>

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“Helping Others Learn to Grow”

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