

BOLLINGER COUNTY IN-4-MER



Happy October Birthdays!

Aaron Bailey, Micah Bristow, Donna Calvert, Diane Chapman, Dusty Cook, Donna Dowdy, Taylor Eftink, Brittany Garland, Brooke Horrell, Ryan Lewis, Dawn Lincoln, Gary Lincoln, Matthew Lincoln, Melissa Lincoln, Will Lincoln, Kristen Mungle, Logan Seabaugh, Margaret Seabaugh, Keith Shrum, Betsy VanGennip, Alexis Weber, Ivan Welker



CONGRATULATIONS!!



Joe and Elizabeth Ferguson, Cheerful Workers 4H Club, and their sheep, did very well at the SEMO Fair.

October 2010

4-H meetings include:

Tuesday, October 5 - Country Club 4H meeting, 5:30 pm, Marquand Day Care

Wednesday, October 6 - Leopold 4H Club, 6:30 pm Clover Crafts; 7 pm, 4H Meeting

Thursday, October 14 - Crooked Creek 4H Club, 7 pm, Bollinger County Library

Monday, October 18 - Scopus 4H Go-Getters Club meeting,

Monday, October 25 - Cheerful Workers 4H meeting, Sedgewickville Lutheran Church basement

County Line 4H & Bollinger County Ride if You Dare 4H Rodeo Club meeting date/time TBA.



Calendar of Events

- October 2 – Madison County Fair
- October 3 – Optimist Club Horse Show (afternoon)
- October 5 – Country Club 4H meets
- October 6 – Leopold 4H Club meets
- October 8-10 – Shooting Sports Leader Certification Workshop
- October 9 – 4H Day at Buchheits, Perryville
 - Tree Planting at Leopold
- October 12 – Recycling meeting
- October 16 – Annual 4H Appreciation Day
- October 18 – Scopus 4H Go Getters meet
- Nov. 3 – Leopold 4H Club meets
- Nov. – Extension Council meeting
- Nov. 15 – Scopus 4H Go Getters meet
- Nov. 18 – 4H Council meeting
- Nov. 22 – Cheerful Workers meet
- November 25 - Thanksgiving
- Nov. 27 – Christmas in the Foothills
- Dec. 1 – Leopold 4H Club meets
- Dec. 14 – Recycling meeting
- Dec. 20 – Scopus 4H Go Getters meet
- Dec. 21 – Country Club 4H meets
- December 25 – CHRISTMAS
- January 15 – 2010 Recognition Awards/Bowling Party

HAPPY HALLOWEEN!

APPLICATIONS AVAILABLE FOR YOUTH GARDEN GRANT PROGRAM

50 winners will receive a \$500 gift card from the Home Depot for child-centered garden programs that work to educate, encourage entrepreneurship and build social aspects of gardening for at least 15 children between the ages of 3 & 18.... Details available at <http://www.kidsgardening.org/ygg.asp>

Deadline: November 1, 2010

BE A PART OF THE FIRST EVER 4-H DAY WITH THE RAMS

Missouri and Illinois 4-H members, volunteers, alumni, families and friends are invited to take part in the first ever 4-H Day with the Rams at the Edward D. Jones Dome in St. Louis on Sunday, December 19. **Tickets for the event are \$35 each.** With each ticket purchased you will receive a \$10 voucher for food and drink at the dome and a special 4-H Day at the Dome t-shirt. Group orders of 10 or more tickets will receive an additional \$10 food and beverage voucher for each ticket! Each order will be entered into a raffle to win fabulous prizes. **Tickets must be ordered by December 1 to receive a t-shirt.**

For details and a flyer, see <http://4h.missouri.edu/events/rams/> or go directly to the Rams site at <http://www.stlouisrams.com/4H/>.

4-H CAMP FOOD AND FITNESS

The seventh annual 4-H Camp Food and Fitness is December 4-5, 2010 on the MU campus. Check the 4-H website for details and registration materials at <http://4h.missouri.edu/events/foodandfitness/>. Registration is due to the State 4-H office by November 15. Enroll quickly in this popular program because it is limited to 30 people!

The primary audience for the camp is youth age 12-14 enrolled in 4-H Foods projects but young people associated with any Extension program are eligible to attend if they meet the age criteria. Cost is \$90/person and includes lodging at Stoney Creek Inn, meals, and take home materials. Start time is 10:00 a.m. on December 4 and the camp adjourns at 10:30 a.m. on December 5. **4-H faculty and staff serve as chaperones.**

Here's cool stuff youth get to do:

- Learn about culinary skills and practices
- Learn about food/nutrition and healthy eating
- Increase physical activity
- Prepare and eat an evening meal



LEOPOLD 4H CLUB

Tree Planting – 1 pm

October 9

Leopold Picnic Grounds

**Bring diggy things,
wear old clothes**

4-H MILLION TREES

Many think of tree-planting as a spring activity, but autumn is actually a great time to plant trees. 4-H members, families, and clubs are invited to participate in the 4-H Million Tree Project. This program is a national service/environmental stewardship project started by a California 4-H member. Her goal is one million trees. Missouri's goal is 20,000 trees in 5 years. More than 6500 trees have already been planted by Missouri 4-Hers and their families.

Tree planters are asked to enroll and report online at www.4hmilliontrees.org. Once you get to the web page, click on "Join Us" to sign up your unit.

Check out the Missouri Million Tree page for tips and resources <http://4h.missouri.edu/programs/milliontrees>. If you planted trees during the past 2 years, but didn't sign up or report online, please add your name and trees to the count.

STATE EXCELLENCE AWARDS PROGRAM

The State Excellence Awards program is for youth filling out the Missouri State Recognition forms for levels 1-3, using the current forms posted on the web page.

Please make sure you are using these forms as old forms will not be accepted.

Level 1 and 2 forms will be judged and recipients selected at the regional level. The forms (or copies) of the selected recipients forms will then be forwarded to the state office.

Each region can submit

Up to five recipients applying with the level 1 (ages 8-10) form to receive a medal, certificate, and a \$50 camp scholarship.

Up to three recipients applying with the level 2 (ages 11-13) form to receive a certificate and scholarship to Teen Conference (State Congress if aged out).

Regions can submit eight (8) or 30% of the total number of applications reviewed at the regional level for the level 3 (ages 14+) forms. These applications will be judged again at the state level where candidates will be selected for an interview, and delegates will be determined to represent Missouri at National 4-H Congress.



2010 4H Fall Photo Contest Results

Bollinger County People:

1st Place – Maria Calvert,
Leopold 4H Club

2nd Place – Darryn Witte,
Cheerful Workers 4H Club

3rd Place – Ashley Nussbaum,
Leopold 4H Club

Bollinger County Places

1st Place – Darryn Witte,
Cheerful Workers 4H Club

2nd Place – Ashley Nussbaum,
Leopold 4H Club

3rd Place – Jessie Holweg, &
Maria Calvert, Leopold 4H Club

Bollinger County things

1st Place – Beth Lincoln & Jessie
Holweg, Leopold 4H Club

2nd Place – Connor Lincoln &
Maria Calvert, Leopold 4H Club

3rd Place – Kyleigh Wolfe,
Leopold 4H Club

All submitted photos are on display at the Museum through October.

Websites to check

For teaching kids to sew –
www.thecraftstudio.com
Educational Link for welding tips –
www.lincolnelectric.com
Information on guinea pigs (cavies) –
acbaonline.com
Information on rabbits & cavies –
www.arba.net
(good pictures of different breeds of rabbits & guinea pigs)
Interested in heritage breeds?
Check out the American Livestock Breeds Conservancy - ALBC-USA.org
National Center for Home Food Preservation

www.UGA.edu/nchfp



4H display at the Museum

BOLLINGER COUNTY MUSEUM OF NATURAL HISTORY

Tentative Schedule & Topics

Oct. 29 – Museum Halloween Party

Nov. 19 – Night Sky

Dec. – No Program

Future Topics not yet scheduled

History of Bollinger County,
History of the Museum Building, Snakes, Caves
Poisonous Plants

If you would like to request a topic or have any questions or comments, please call the Museum at 573/238-1174 or email bcmnh@sbcglobal.net. Join Facebook and become a Fan of the Museum.

4-H WEBSITES

<http://4h.missouri.edu/>
<http://outreach.missouri.edu/bollinger/>
<http://www.4-h.org/>
<http://www.ext.vt.edu/resources/4h/virtuafarm/main.html>
http://www.4-hmall.org/4H_Mall/Home/Default.asp
<http://www.national4-headquarters.gov/>
<http://www.n4hccs.org/>



When searching for 4-H related information online, after you type your request add "extension" or "university" to get research based information from state Extension Services nationwide.

PREPARE FOR SUCCESS:

YOUTH AS PROFESSIONALS COMING TO MIZZOU CAMPUS DEC. 4

The State 4-H Council proudly presents the second year of "Youth as Professionals," a seminar for teens age 15-18. This workforce preparation experience focuses on attaining the skills needed to identify a good career fit, excel in job interviews, dress appropriately and succeed in the workforce. Additional content will include entrepreneurship and citizenship. Sessions will be taught by experts (faculty and possibly graduate students) from 4-H, MU Extension Human Resources, the College of Human Environmental Sciences, and the MU Career Center.

This event is scheduled for December 4 as a compliment to Camp Food & Fitness (Dec. 4-5), allowing the older "professional" and younger "camp" youth to pool travel arrangement resources in their counties.

Location will be the MU Campus, and youth may register directly with the 4-H Center via the web site at <http://4h.missouri.edu/go/events/professionals/>. Cost is \$15/person. A roster of participants will be sent to all county offices prior to the event.

CLOVER KIDS CORNER



Toasted Pumpkin Seeds

Don't toss those pumpkin seeds!
Roast them to make a quick snack.

Supplies

- Pumpkin seeds from your jack-o'-lantern
- Olive oil & Salt
- Baking pan with raised edges

Preheat oven to 350° F. Separate seeds from the pumpkin. Rinse and pat dry with a paper towel. Put the seeds in the baking pan. Drizzle olive oil over pumpkin seeds and sprinkle them with salt. Stir seeds to coat them with oil, then spread them out evenly over the bottom of the baking pan. Cook 10 minutes, remove the pan from the oven & stir the seeds. Return to the oven for another 10 minutes until the seeds are golden brown. Let seeds cool, transfer them to a plate lined with paper towels to soak up the extra oil. Add other spices to see what flavor you like best!

Leopold's newest 4H Celebrity



Jessie Holweg's guinea pig Tinkerbelle, aka Rapigzel, won top honors in the Dressed Up Pet category at the SEMO Fair.

PROJECT RESOURCES

AVAILABLE ONLINE

Check out the project resources on the Missouri 4-H website under Projects at <http://4h.missouri.edu/projects/>.

For example, there is a really good dog project related link under Dog project at <http://www.workingdogweb.com/Kids&Dogs.htm>. Of particular interest may be the AKC link for activity sheets at http://www.akc.org/public_education/resources.cfm?page=7/. Under Projects are project briefs that also contain ideas for demonstrations, community service, etc.

STATE FAIR PHOTOS ON MISSOURI 4-H WEBSITE

To see all the photo galleries from the State Fair, go to <http://4h.missouri.edu/news/2010/statefair10.htm>

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4-H Youth Specialist

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'SCENE' AT



THE 2010 SEMO



DISTRICT FAIR



**Recognize
Anyone?**