

## Apple Pie Sandwich

½ cup low fat or non-fat cream cheese

¼ cup chopped walnuts

¼ cup chopped celery

1/3 cup chopped apple

2 teaspoons cinnamon

6-8 slices of raisin bread

Mix first five ingredients together and spread evenly on 6-8 slices of raisin bread.

For variation, substitute peanut butter for the cream cheese.