Who can attend?
Professional educators that have an interest in health and nutrition.

How to enroll:
- Nutrition Program Associates (NPA's) from University of Missouri Extension Northeast Region, contact your FNP Coordinator for registration information.
- Registration fee for non-University of Missouri employees is $25.00

Enrollment Deadline:
Wednesday, November 30.

Directions
The Adair County Extension Center is located at 503 E. Northtown Road, on the north end of Kirksville (close to Wal-Mart).

The meeting will be held in our basement meeting room

University of Missouri Extension provides equal opportunity to all participants in extension programs and activities, and for all employees and applicants for employment on the basis of their demonstrated ability and competence without discrimination on the basis of their race, color, religion, sex, sexual orientation, national origin, age, disability, or status as a protected veteran.
Nutrition Educators Training

10 a.m.  The Role of Labels in Consumers’ Food Choice Decisions
Dr. Brenna Ellison
Assistant Professor, Department of Agricultural and Consumer Economics, University of Illinois

11 a.m.  Food Science Sense... and Nonsense
Dr. Stephanie Clark
Professor Food Science and Human Nutrition
Iowa State University

12 p.m.  Courtesy Lunch

1 p.m.  Why do Protein Quality and Quantity Matter?
Dr. Jamie Baum
Assistant Professor—Nutrition Department of Food Science
University of Arkansas

2 p.m.  Ultraviolet Light and Nanotechnology to Extend Shelf Life of Fresh Produce
Dr. Ruplal Choudhary
Associate Professor, Plant Soil and Agricultural Systems
Southern Illinois University

3 p.m.  Program Concludes

Dr. Brenna Ellison
Dr. Brenna Ellison is an Assistant Professor in the Department of Agricultural and Consumer Economics and a faculty affiliate in the Division of Nutritional Sciences at the University of Illinois at Urbana-Champaign. She graduated with her Ph.D. in Agricultural Economics from Oklahoma State University in 2012. Her research program focuses on how people make food choices, particularly how information and other environmental factors impact these choices.

Dr. Ruplal Choudhary
Dr. Choudhary is a Food and Bioprocess Engineer with 20 years of academic and industrial experience in design and development of food processing equipment and operations. Before moving to SIU, he was a Postdoctoral Fellow at the University of Manitoba, and South Dakota State University. Dr. Choudhary also worked as a senior faculty member at the National Dairy Research Institute, Karnal, and as a Scientist at the Central Institute of Agricultural Engineering, Bhopal, India.

About our Speakers

Dr. Jamie Baum
Dr. Jamie Baum is an Assistant Professor of Nutrition in the Department of Food Science at the University of Arkansas. Dr. Baum received her Bachelor’s degree in Dietetics and PhD in Nutritional Science from the University of Illinois at Urbana-Champaign and completed a postdoc at the Penn State College of Medicine in Hershey, Pennsylvania in Cellular & Molecular Physiology. Her research focuses on the role of dietary protein in energy metabolism and metabolic health throughout the life cycle.

Dr. Stephanie Clark
Stephanie Clark received her B.S. in Animal Science, M.S. in Food Science, and Ph.D. in Food Science from Cornell University. Dr. Clark joined the faculty of Iowa State University (ISU) in 2009. She serves as Associate Director of the Midwest Dairy Foods Research Center, where she oversees the ISU-associated dairy research component of the three-institution center. In addition to serving as a visiting professor in China, Dr. Clark also shared her dairy foods and cheese making expertise in Armenia, India, and Mexico. This spring, Dr. Clark was promoted to professor, and this fall, she was awarded the Virginia M. Gladney endowed professorship at ISU.

Missouri Livestock Symposium
December 2 & 3, 2016
William Matthew Middle School, Kirksville, MO
www.missourilivestock.com

- Hear nationally known speakers from coast to coast.
- Visit our trade show and see what products and services our vendors have to offer.
- FREE Friday evening beef supper and then join us for our evening program with keynote speaker Dr. Ron Plain, University of Missouri economist.
- FREE Governor’s Style Luncheon on Saturday. Courtesy of some of Missouri’s finest commodity groups and our good friends at the Missouri Department of Agriculture.