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UNIVERSITY OF MISSOURI EXTENSION

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Positive discipline will gain children's cooperation

(BLUE SPRINGS, MO, Aug. 7, 2009) University of Missouri Extension will offer a workshop series, *Discipline is Not a Dirty Word*, from 6 to 8 pm, Sept. 15, 22 and 29, 2009, at the Truman Medical Center Lakewood, 7900 Lee's Summit Road, Kansas City, Mo.

Parents can get children to cooperate without bribes, rewards and punishments. Positive discipline means helping children learn self-control and problem-solving. These workshops will help parents and caregivers for children ages 2 to 12 learn the seven basic principles of positive and persuasive discipline. Participants will receive six clock hours upon completion.

For more information, contact MU Extension at (816) 252-5051. To register for the workshop, which costs \$30, call the Truman Medical Center at (816) 234-9256.

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