



Jackson County 4-H Clubs

All-4-One	Peacedale
Classy Clovers	Rising Sun
Crystal Clovers	River Riders
Domeschola	Seven Oaks Farms
Four-Leaf Clovers	Silver Spurs
Greenwood Hustlers	Sunset Trails
Homes' Cool	Valley 4-H Explorers
Oak Grove Shadows	Wild Kids



Jackson County 4-H Projects

There are over 50 4-H projects to choose from. Here are just a few:

Aerospace	Foods & Nutrition
Arts and Crafts	Gardening
Breads	Geology
Cakes	Geospatial
Cats	Health & Fitness
Citizenship	Horses
Clothing	Horticulture
Computers	Leadership
Communications	Photography
Conservation	Quilting
Dogs	Robotics
Entomology	Shooting Sports
Entrepreneurship	Woodworking



If you have an interest that is not listed above, 4-H probably has a project to help you explore that interest. The Extension Office can help match you up with an ongoing club to learn more about 4-H. The possibilities are endless!

UNIVERSITY OF MISSOURI
M Extension
JACKSON COUNTY



I would like to learn more about Jackson County 4-H.

Projects we are interested in:

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- *
- *
- *
- *

Name

Address

City, Zip

Phone

UNIVERSITY OF MISSOURI
M Extension

Please return to:

University of Missouri Extension
Jackson County
Attn: Susan Smith
1106 W. Main St.
Blue Springs, MO 64015
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<http://extension.missouri.edu/jackson>

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HEAD: 4-H is an adventure. You will discover the world around you and find new ways to see it and yourself. You will learn how to think and act as a team member while working with others to accomplish your goals. You will have the opportunity to build your knowledge, skills and attitude.

HEART: You will have the chance to talk with other 4-H members and leaders about what is important to you. You will share similar ideas, thoughts and emotions and form lasting friendships and memories.

HANDS: As a 4-H member, one of the benefits is gaining hands-on experience. In 4-H you'll learn new skills and have the opportunity to explore careers that interest you. You'll have fun improving your community while preparing for the future. Better yet, you'll make lifetime friends while sharing your talents and ideas with others.

HEALTH: Being healthy means feeling good inside and out, which is important to 4-H members. You will begin to develop a healthy lifestyle by learning which foods are good for you and exercises that can give your physical and emotional well-being a real lift.

WHO CAN JOIN 4-H?

4-H is for boys and girls 8-18 as of January 1st of the current year. Jackson County offers a pre-4-H program called Clover Kids for youth 5-7 years old. 4-H is open to everyone regardless of race, religion, color, disability, gender or place of residence.

4-H is more than a club. 4-H is a community of young people across America who are learning leadership, citizenship and life skills. 4-H'ers can attend camps, display their project work at fairs, travel, host youth from other countries, attend events with other young people and much more!

IS THERE A COST TO JOIN 4-H?

Yes, there is a small yearly membership fee. Jackson County's dues are \$20 per member. A portion pays the State dues. The remainder is used for county activities, insurance and newsletters. Dues should not be considered a barrier to keep someone from joining 4-H. Scholarships are available.

HOW DO YOU JOIN 4-H?

Call your County Extension Office to see if there is room in a club near you. If not, several interested young people, with an adult or two, may start a new club. Check with the Extension Office to find out what projects and activities are available.



4-H IS FOR BOYS AND GIRLS

From 4-H groups to special interest groups to school enrichment projects, 4-H includes both boys and girls in its activities. As a result, more well-rounded young people are developed through 4-H.

4-H IS FOR FAMILIES

4-H is definitely a family affair. 4-H encourages participation by the entire family. Youth enroll as 4-H members. Other family members help out as group leaders, project leaders, meeting helpers, transportation aides, you name it! To be a recognized 4-H volunteer, you must successfully complete a 4-H volunteer application and screening process.

In the process of being involved in the 4-H program, family members learn more about each other through their involvement in 4-H. They may even become stronger families, appreciating each other's strengths and talents.

4-H IS FOR COMMUNITIES

An integral part of the popularity of 4-H is that it reaches into the communities in which 4-H families live. Many 4-H groups, for instance, meet in churches, schools and community centers. As part of their 4-H experience, young people are encouraged to develop a better understanding of communities and to contribute to community development.



For 100 years, Missouri 4-H Youth Development Programs have encouraged 4-H members to show good character in all they do - to be respectful, to be responsible, to follow the rules - and 4-H members have done just that. Character education is a top priority in all 4-H programming. Based on the CHARACTER COUNTS!SM Coalition six pillars of character—trustworthiness, respect, responsibility, fairness, caring and citizenship - Missouri's 4-H families are encouraged to "**Show Me Character**," not only while involved in 4-H programs, but as an essential part of daily life.



4-H MOTTO

To make the best better.

4-H PLEDGE

I pledge:

My HEAD to clearer thinking,
My HEART to greater loyalty,
My HANDS to larger service, and
MY HEALTH to better living,
For my club, my community,
my country and my world.