



Jackson County 4-H Newsletter



<http://extension.missouri.edu/Jackson/>

May 2011

MESSAGE FROM MEG:

It is hard to believe that April is almost halfway through as I write this newsletter. The summer events are right around the corner. Your committees have been working very hard to get things all planned, we hope to see everyone participating soon.

Just a little update on my schedule, I will be out of the office April 16- 30, Todd, my husband, and I will be taking our honeymoon (10 years later) to New Zealand. If you have questions about anything, Crystal or Karen will be able to help you out during this time, just like always.

MONDAY, MAY 2 – DEADLINE FOR ENROLLMENT AND PROJECT CHANGES

May 2 is the deadline for any and all project changes for all members. These project changes must be submitted in writing (email counts) to the Blue Springs 4-H Office by May 2, by 5PM. Please email or mail your changes to Karen Colby.

May 2 is also the deadline for enrollment in the Jackson County 4-H program to be eligible to participate in competitive events like Contest Day, Jackson County Fair, and County Fair Horse Show. To be an enrolled member all paperwork must be completed and fees paid. All members are required to have at least 6 hours of project work completed for each project prior to competition. If you have been contacted by the Extension Office about missing paperwork, signatures, etc. all of this must be in the office by 5PM on Monday, May 2.

May 2 is also the deadline for horse enrollment forms. All 4-H members who are planning on showing horses must complete a horse enrollment form with photo of horse included and have it in the Blue Springs 4-H office by 5PM on May 2.

EQUINE COUNCIL MEETING NOTICE

The next Equine Council meeting will be on **Thursday, May 5 at 7PM**, at the Blue Springs Extension Office. Please make sure if your club has a focus on the equine project you have a youth and an adult representative at each equine council meeting. We will be getting a report from Trade Day and discussing the Clinic and County Fair Horse Show.

4-H COUNCIL MEETING NOTICE

The next 4-H Council meeting will be on **Monday, May 16 at 7PM**, at the Blue Springs Extension Office. Each and every club can help shape the direction of the Jackson County 4-H program by having your club represented by a youth member from your club. T-shirt orders will be due at this meeting. We will be discussing the upcoming spring and summer events.

CONGRATULATION CLOVERS TO:

- ❖ State Horse Bowl participants - **Nicole Wild** who is on a composite team placed 2nd in Jr. Jr. **Nicole** placed 1st in individuals. **Faith Hawley, McKenna Mathewson, Carsyn Glenn, Lanie Shelton and Erica Maize** placed 3rd as a Senior Team. Individually – **Faith-4th, Carsyn-5th, and Erica-8th.**
- ❖ State Hippology participants – **Codie Sherwood, Lanie Shelton, and Erica Maize** placed 5th. **Halle Wild, Carsyn Glenn, McKenna Mathewson and Faith Hawley** placed 1st and will be representing Missouri at Nationals in Louisville in November. Individually – **Halle-1st, Carsyn-2nd, Faith-8th, Codie-9th, McKenna-10th, Lanie-tied for 11th.**

FIND THE HIDDEN SYMBOL

Congratulations to Audrey Powell, of Seven Oaks, she was the first person to find the symbol hiding in the April newsletter. Audrey will get a 4-H prize for her thorough reading skills. Each month the symbol will change. The first 4-H member to find the symbol and email Meg with its location at sagemachm@missouri.edu will win a 4-H prize of their choice. This month's symbol is: ☞ Read the newsletter carefully to find the symbol.

Jackson County 4-H Staff

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COUNTY WIDE SHOOTING SPORTS

The next County Wide Shooting Sports meeting will be on **Tuesday, June 14 at 7PM at the Blue Springs 4-H Office**. Anyone interested in participating in any of the shooting sports projects (740-749) must be led by a state certified instructor, so you **MUST** attend the county-wide meetings and shoots if you are enrolled in these projects. Contact Susan Smith at smithsusan@missouri.edu, with any questions about shooting sports.



COUNTY WIDE PHOTOGRAPHY PROJECT

Anyone enrolled in the photography projects are welcome to attend the County Wide Photography Project meetings. For more information about the next meetings contact Sandy Sands at: 104145.2065@compuserve.com.



4-H COUNCIL REPORT

The meeting was called to order by President-elect **Nicole Bricker** at 7PM on April 11. Pledges were led, roll was called and minutes were read and approved. The treasurer's report was reviewed and filed for audit. The Foundation report was given by board member **Ella Hackney**. Ella reported that the Foundation committees are busy at work on the strategic plan.

Nicole Bricker, Equine Council Chairperson, updated everyone on the upcoming equine events. **Trade Day – April 16; Clinic – May 7; County Fair Horse Show – June 18**. At the clinic Renee Garrison will be the clinician, there will be novice and advanced classes.

Committee Reports- Fair committee presented minutes from their meeting and passed around the superintendent sign-up sheet. We need MANY volunteers (youth & adult) to help with the County Fair. Interested, please contact Meg ASAP. **Next Fair Committee meeting, May 2 at 7PM.**

Old Business-Re-Enrollment forms-please return any missing forms and forms needing signatures by May 2, membership is not complete until all enrollment information is complete. Leaders must complete volunteer orientation online. The 2011 t-shirt order forms are available, due May 16. The Paper Clover Campaign will be held April 15-25 at the Independence and Lees Summit Tractor Supplies. Clubs were asked to help on the two Saturdays during the event.

New Business- Look in the newsletter for information on packing Hero Packs for the Operation Military Kids project. American Royal Parade is September 17. We will discuss possibly riding in the parade at the next meeting.

Reminders- Next Equine Council meeting: Thursday, May 5 at 7PM, at the Blue Springs 4-H office. Next 4-H Council meeting: Monday, May 16 at 7PM, at the Blue Springs 4-H office. PLEASE COME JOIN US AT OUR NEXT 4-H COUNCIL MEETING!!!

Lauren Ashton, 4-H Council Reporter



4-H CLUB REPORTS



SEVEN OAKS

On April 13, 2011, 7-Oaks had a meeting regarding business. Since our secretary moved on, our club had to vote for a new replacement. The club all voted for **Sidney Sykes** to become secretary. 7-Oaks also discussed the Trade Day that will be held at Sunset Trails on April 16, 2011. We will be arriving early for any help. Our group decided to volunteer at vendors and the booth. We will be participating in the clinic May 7th at Misty Rivers. The clinic will start at 8AM. The kids will have an opportunity to get guidance in Showmanship, English Equitation, Horsemanship, and maybe Trail. Each group will be made up of 10 if necessary. **IMPORTANT DATES: Paper Clover Promotion at Tractor Supply-April 15-25; Trade Day at Sunset Trails-April 16; Next 7-Oaks Meeting- April 27; HORSE ENROLLMENT DUE- May 2nd; Horse Show Clinic at Misty River- May 7; County Fair at Misty River- June 18.**

Sidney Sykes, Seven Oaks Club Reporter



COMMUNITY SERVICE PROJECT

Nicole Bricker is working on a community service project for Sugar Creek Equinapy on behalf of our county. A fire destroyed the barn that housed the Sugar Creek Equine Therapy program. Sugar Creek is a wonderful organization that helps special needs children and a few adults through equine therapy. They lost 6 wonderful horses and virtually everything their program had. The program is in need of everything and is starting from scratch. They need all the little stuff now, **they have received plenty saddles**. They take students to shows, so they could also use any old show clothes you may have at home. They will have a list of things that they still need on sugarcreekequinapy.com. They will update frequently so that donations can be as helpful as possible. Let Nicole know if you have items or money that you would be willing to donate to Sugar Creek. Nicole can be reached at: painthorselover.nb@gmail.com



MOVE ACROSS MISSOURI

The MOVE Across Missouri program is back for 2011. The goal of the MOVE Across Missouri program is to promote physical activity. MOVE encourages youth and families to engage in a broad range of physical activities. Using an online program, members and families can “log” in the number of hours they MOVE. **Members and leaders will need to sign-up after January 1, 2011.** For more information visit the MOVE website at: www.4h.missouri.edu/programs/move/

The competitive event runs from February 1 – May 31.



4-H ANIMAL OWNERSHIP DEADLINES FOR JACKSON COUNTY AND MISSOURI STATE FAIR

One of the objectives in owning an animal is to learn new skills in animal breeding, feeding, management and health. To accomplish this, the member should secure the animal as early in the year as possible. For the Jackson County Fair and the Missouri State Fair the dates for minimum length of ownership necessary for exhibiting are:

- Beef Cattle - Steers 3/1
 Breeding Animals 6/1
- Dogs 4/1
- Horses 5/1
- Swine – Breeding Boars **Since farrowing**
 Market Hogs 5/1
 Breeding Gilts 90 days
- Sheep – Market lambs 6/1
 Breeding Animals 7/1
- Dairy Goats - 6/1
- Meat Goats - 6/1
- Rabbits - 6/1
 Meat pen **5-10 weeks prior to show**



VOLUNTEER ORIENTATION REQUIRED FOR ALL LEADERS

The Missouri 4-H program feels that orienting all 4-H leaders will create a stronger 4-H program overall. As of January 1, 2009, all 4-H leaders (organizational, project, activity and resource leaders) are required to attend or complete a one-time volunteer orientation session.

Leaders may complete this session two different ways. One: complete the online orientation, or Two: complete a volunteer orientation CD.


Online Orientation

- <http://4h.missouri.edu/getinvolved/volunteer/application.htm>
- Scroll down the page till you see the heading:
Online version
- You may want to use the optional Study Guide (PDF) to track your progress.
- Begin the Online Volunteer Orientation
- After completing the Online Volunteer orientation – follow the link to the Required Quiz.

Volunteer Orientation CD

Each club organizational leader has a copy of the volunteer orientation CD. Copies are also available to be checked out from the Blue Springs Extension Office. The CD contains the 7 units of the orientation for those who may have slow internet connections. However, you must have internet access to complete the online quiz.

New leaders must complete this orientation prior to working with youth.



4-H PUBLIC SPEAKING ACADEMY

The 4-H Public Speaking Academy is an exciting new MU Extension event! Extension staff, along with former 4-H volunteers and college professors will provide educational workshops to help youth build their skills and comfort with public speaking. Participants will be guided through the basics and finer points of writing and delivering a speech. Youth will receive individual assistance. The camp is open to all youth ages 11-13 years of age interested in learning more about public speaking. **The Academy will be held June 7-8 (and registration is due on May 1, but the academy will be filled on a first come first serve basis with a maximum of 30.** Lodging will be provided on the campus of Central Methodist University, with activities that include swimming. For more information, contact Patty Fisher at fisherp@missouri.edu or (573)324-5464 or Kathy Bondy at bondyk@missouri.edu or (573)584-3658. The cost of the academy is \$100.



SCHOLARSHIPS AVAILABLE

It is scholarship application time. We will try to announce as many as we can each month.


- The US Geospatial Intelligence Foundation has a \$2000 scholarship available to high school seniors. Scholarships are due to the USGIF by **May 2**. More information can be found at: <http://usgif.org/education/scholarships>
- Daisy Outdoor Products is sponsoring a \$500 scholarship for 4-H Shooting Sports members graduating in 2011. Eligibility requirements include: 3.0 GPA and 3 years participating in the 4-H Shooting Sports project. Application is due to National 4-H Council by **May 15**. More information can be found at <http://4h.missouri.edu/go/projects/shootingsports>



SUMMERS@MIZZOU CAMP

How will you spend your summer? With Summers@Mizzou you can... live like a college student and create your own business; participate in caving and geography; make movies; explore health careers; operate on mock animal patients; and more. There are 7 different camp options available. Camps are open to different age/grade groups. These are based on what grade you will be in the fall of 2011. The week-long experience is scheduled for **July 24-28** at the University of Missouri. **Registrations range from \$400-450 for early bird submitted by May 6 to the MU Conference Center Office. Scholarships are available from the State 4-H Office, fill out the application and return it with your registration and full payment. If you are a recipient, the scholarship amount will be refunded to you. More information can be found at:**

<http://mo4h.missouri.edu/programs/summers/>



STATE POULTRY DAY

Join youth from all over Missouri to learn more about poultry on **Saturday, June 11 from 8AM – 3:30PM at the Animal Sciences Center** on the University of Missouri – Columbia campus. The day will include sessions on Show Me Quality Assurance, Poultry Showmanship, 4-H Chicken BBQ contest, Production Judging contest and more. Registration forms are available at the Jackson County Extension Office. **Registration is \$10 per youth and is due to Columbia by May 6.**

NEWSFLASH!!!

Please have all of your information for the June newsletter sent to Meg at sagemachm@missouri.edu by **May 15**. Please make sure that the information is 4-H related.

JACKSON COUNTY 4-H T-SHIRT ORDER

Don't miss out on your opportunity to own a Jackson County 4-H t-shirt of your very own. This year there will be TWO choices of t-shirt colors, Daisy Yellow and Sapphire Blue, using the winning design by **Veronica Webb of Classy Clovers**. Thanks to **Alex Harvey, Sarah Morris and Sydney Webb** who also submitted designs, the 4-H Council had a hard decision to make with this year's choice. The shirt will be printed with the design seen here, the words, tree and people will be printed in black; clover "leaves" will be green; and the 4-H Clover carved into the tree will be in white. Youth and Adult sizes are available. The cost is \$12 per shirt for Youth and Adult sizes up to XL. For Adult 2X and 3X the cost of the shirt is \$15. Order forms are available in the Extension Office and will be online at the Jackson County 4-H website soon. **All orders with payment (check or cash), MUST be in the Blue Springs Office by Monday, May 16 by the end of the 4-H Council meeting.**



JOIN THE REVOLUTION

"Join the Revolution of Responsibility." This campaign tells the 4-H story in far more compelling terms than ever before. It showcases the stories of real 4-H members making a real impact in their communities and gives a voice to the uncommon dedication and barrier-breaking commitment of the young people who are 4-H. Visit the website at: www.4-h.org/about/revolution to learn more about Revolution of Responsibility.

SHOW ME 4-H WARES AT THE STATE FAIR

The 5th Annual Show Me 4-H Wares is accepting applications for young entrepreneurs to sell their 4-H products and services at the Missouri State Fair. Youth marketing a service, such as photography or baby-sitting, can do so with an in-person demonstration, video or PowerPoint presentation at the booth. Youth selling a product may bring items to sell at the booth as well as take customer orders to fill later. Applications require a thorough description of the product or service, a recommendation from an unrelated adult and approval of a 4-H youth specialist. Up to 20 participants will be selected to sell during the fair. **Applications are due May 20 to the State 4-H Office.** For an application, visit the University of Missouri Extension 4-H Web site: 4h.missouri.edu and look for the Show Me Wares info.

JACKSON COUNTY 4-H RECYCLING TIPS FROM YOUR 4-H COUNCIL AND EQUINE COUNCIL LEADERSHIP TEAM

The 4-H Council and Equine Council Leadership team has chosen to focus on recycling this year for their special project. To help others 4-H members, leaders and families get involved, they will be placing tips in each of the upcoming newsletters for the rest of the year.

1. Take leftover plastic bags back to grocery stores where they are collected and reused to make plastic lumber.
2. Reduce paper and ink -- print double sided and in black and white.
3. Fill your dishwasher and washing machine with a full load – save water, electricity, and money on cleaners.
4. Defrost your fridge and freezer regularly to keep it running efficiently.
5. Recycle your aluminum cans – 1 can saves enough energy to run a computer for three hours.

ROBOTICS, ROBOTICS, ROBOTICS

There are lots of opportunities for youth interested in learning more about the Robotics project.

- **MU Lego Robotics Camp** – Learn more about Science, Engineering and Technology at MU Lego Robotics Camps. There are many different dates available: **June 3-5, July 22-24 and August 12-14.**

For more information visit:

<http://www.engineering.missouri.edu/lego/index.php>





FAIR BOOKS AVAILABLE SOON & PRE-ENTRY DEADLINE

The Fair books will be available soon. An email will be sent to club leaders once they are available. 4-H members, please check with your club leader for your family copy of the Fair Book. The Fair Book will also be available online soon. Please read through your Fair Books thoroughly, there is TONS of valuable information in them. Also please thank our advertisers anytime you are in their businesses.

With Fair Books come pre-entries. **The Pre-entry deadline is Wednesday, June 1 by 5PM.** Pre-entry forms can be found in the back of the Fair Book. Pre-entering of ALL indoor exhibits is HIGHLY recommended, although not required. However, for some contests and special events pre-entering is required. **Specifically, pre-entering IS REQUIRED for the following contests, areas and projects:**

- **Small Animal and Livestock Exhibits**
- **Fashion Revue**
- **Demonstrations**
- **Club Booths**
- **Club Carnival Booths**

All of the pre-entry sheets will also be placed on the Jackson County website once the Fair Book is complete. An email will be sent when everything is available online. You can fill them out and email the completed forms to Meg or Karen, by 5PM on June 1.



4-H DAY WITH THE T-BONES

Mark your calendars, the Missouri and Kansas 4-H programs will be enjoying a night of baseball **on Saturday, June 18** for the Kansas City T-Bones game. Ticket prices should be less than \$10 per person. T-shirts will also be available for \$10. 4-H members will be able to participate in a pre-game parade on the field. **All ticket orders must be sent directly to the T-Bones.** More information will be coming soon.



NEW AT MISSOURI STATE FAIR...

New Show Rules for 2011

For full rules check the State 4-H Office website at:
<http://mo4h.missouri.edu/go/events/statefair/>

Or the State Fair website at:
General Rules:

<http://www.mostatefair.com/premium-guide/Premium-Guide.php>

4-H/FFA Rules:

<http://www.mostatefair.com/premium-guide/4-H-FFA-Guide.php>



FAIR COMMITTEE NEEDS YOUR HELP

The Jackson County 4-H Council Fair Committee has been working away on the plans for the Jackson County Fair. They need your help on a couple of items.

Fair Project Superintendent

The Fair Committee is looking for fair project superintendents to help with the fair. A superintendent helps check in exhibits on Wednesday evening, June 22 from about 4PM - 7:30PM and assists the judge with the judging process, completes paperwork for that area so that ribbons may be recorded, and assists with displaying exhibits after judging on Thursday afternoon, June 23 from about 2:30 - 8:30PM.

The areas that we are currently looking for superintendents in are:

- Aerospace
- Agronomy
- Bicycle
- Citizenship
- Clothing
- Clover Kids
- Computers
- Conservation
- Consumer Savvy
- Energy
- Entomology
- Entrepreneurship
- Environmental Sciences
- Financial Champions
- Forestry
- Geology
- Geospatial
- Health & Fitness
- Outdoor Adventures
- Robotics
- Self-determined
- Shooting Sports
- Wildlife

Live Animal Fair Project Superintendents –Saturday shows

- Amphibians & Reptiles
- Cats
- Dog
- Livestock – Beef, Sheep, Swine, Goats

If you are interested in serving as a fair project superintendent, please call or email Meg as soon as possible. **But by May 16 at the latest, so we can be prepared for the next Fair Committee meeting.**

Judges

The Fair Committee is looking for volunteers to judge exhibits at the fair. If you know 4-H alumni, past 4-H project leaders, or someone in the community who is skilled in a certain project area. Please forward their name, address, phone number and project area you believe they may be willing to judge to Meg, as soon as possible.



NEW CURRICULUM FOR VERMICOMPOSTING

Composting with worms, sound interesting? There's a new curriculum just out for 5th grade 4-H members. It's a free download. Stan Slaughter stan@stanslaughter.com will advise and do limited meetings with members who want to do this project and provide the worms free.

Just go to:

<http://www.bae.ncsu.edu/topic/vermicomposting/pubs/ag-464-vermi-curriculum.pdf>





RESOURCES FOR 4-H PROJECTS AT EXTENSION

Besides your 4-H curriculum materials that you can order from the 4-H Clover there are also resources available on eXtension. Yes, that is spelled correctly, with a little “e” and a big “X”. eXtension is an on-line community of Cooperative Extension resources from across the country. By going to www.extension.org you can find a wealth of information on topics, also called Communities of Practice, such as horses, goats, rabbits, and science, engineering and technology for youth. From their home page you can go to **Resource Areas** to see the topics that are available. More are being added all the time. Under **Goats** you can find **Instructional Videos**. For example, there is a ten minute video on basic hoof care. If you go to **Horses** and then **Instructional Videos**, you will find twenty-one videos on topics such as Showmanship Etiquette. If you raise rabbits you can look under **Companion Animals**, then **Rabbits** and find a 3 minute YouTube video on how to trim their toenails. If you need project resources on water, geospatial technology, energy and other science topics, eXtension has an entire Community of Practice called **Science, Engineering, and Technology for Youth**. So go on-line and check out these resources from eXtension!

Pat Miller, County Program Director, Vernon County



4-H PROJECT BRIEFS

Are you looking for exhibit or demonstration topic ideas in a certain project area? Check out the State 4-H website at <http://4h.missouri.edu/> Go to projects and then click on the project briefs link on the left side. Project briefs have been written for both leaders and members as a supplement to the 4-H project curriculum. They are fabulous tools that summarize project learning objectives, exhibit ideas, community service suggestions and so much more. There are project briefs for nearly every project area. Please check them out for valuable ideas and resources.



AEROSPACE CAMP

Your Mission.... Prepare to blast off for three fun-filled days on the University of Missouri Science and Technology campus. Experience aeronautics and space flight from a ground-up perspective as you learn about the history of flight, astronomy, and space exploration. Your three days will be filled with computer simulations, interactive team-work activities, and practical hands on experience. **Campers must be age 10-13 (by the start of camp). Camp will be held at the UMS & T Campus and you have your choice of either July 12-14 or July 26-28. Camp cost is \$225.** More information and online registration can be found at:

<http://futurestudents.mst.edu/precollege/aerospace.html>
Camp is filled on a first-come, first-served basis.

Transportation to and from camp is on your own.



COMMUNITY SERVICE CORNER

Community service is an important piece of the 4-H puzzle. Need some community service ideas? Try the community service page, on the state 4-H website at <http://mo4h.missouri.edu/projects/service/>. Don't forget to start filling out your club Service to Communities form in the back of your Clover.

This month we will focus on helping with an Operation Military Kids project, by helping pack some Hero Packs. Hero Packs are backpacks that are given to youth (5-18 years old) who have a parent(s) who are deployed.

❖ The most important item is a LETTER OR CARD. Handwritten, to a Military Child, thanking them for their family's service to our country...examples can be found at <http://mo4h.missouri.edu/programs/military/heropacks.htm>

- | | |
|---|---------------------------------------|
| ❖ Small Journals | ❖ Small Books |
| ❖ Small Photo Albums | ❖ Small Puzzle Books or Activity Pads |
| ❖ Disposable Camera | ❖ Coloring Books |
| ❖ Blank Note Cards | ❖ Small games |
| ❖ Pens, Pencils, Erasers | ❖ Deck of Cards |
| ❖ Hand or Finger Puppets | ❖ Bookmarks, Stickers |
| ❖ Scrap Booking Supplies | |
| ❖ Glue Sticks | |
| ❖ Colored Pencils, Crayons, and/or Washable Markers | |
| ❖ Pipe Cleaners and other craft supplies | |

Jackson County 4-H is hoping to pack 60 backpacks. If your club is willing to collect and pack some backpacks, please contact Meg and let her know how many you are willing to pack.



4-H HORSE NEWS

EQUINE COUNCIL MEETING

The next Equine Council meeting will be on Thursday, May 5, 2011 at 7PM at the Blue Springs 4-H Office.



HORSE ENROLLMENT DEADLINE

May 2 is the deadline for horse enrollment forms.

All 4-H members who are planning on showing horses at any 2011 4-H Horse Shows must complete a horse enrollment form and have it in the Blue Springs 4-H office by **5PM on May 2. You must include a photograph, registration form with picture, or a current Coggins with the picture of each of your horses. Before turning in your horse enrollment forms, please make a copy to keep for yourself.** You will need a copy later in the year for 4-H shows and entries. Club leaders and project leaders, remember here in Jackson County you will sign one month at a time for the member in good standing status.



**JACKSON COUNTY 4-H
CALENDAR OF EVENTS**



Dates and times are subject to change, please make sure you have the most recent calendar.

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4-H HORSE NEWS Continued...
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JACKSON COUNTY EQUINE LEVELS PROGRAM

The Levels program in Jackson County has been developed to ensure 4-H members have the basic skill and knowledge necessary to safely care for their horse and that the member has the riding skills necessary to safely compete with their horse. It is the belief of the Equine Council that certain knowledge is fundamental and necessary for a person to remain safe and to keep a horse safe and healthy.

The basic thought that governs the Levels Program is that age and skill level are not necessarily the same thing. A Level 1 Beginner is a beginner whether they are eight or eighteen years old. The same basic skills need to be learned by both. There are three levels; Level One, Level Two and Level Three.

For Level One and Level Two we will be using the Junior Master Horseman Program. For Level Three we will be using the Nebraska Levels program. Youth please contact your club leader about getting your books. The books will be used for instruction, activity guides in club meetings, and individually.

Level One and Two

EACH 4-H member who will be working on Level One or Two must create an account on the Junior Master Horseman website at www.juniormasterhorseman.com and join the Jackson County, Missouri 4-H Group. To create an account, you will click on the option of registering your book. It will ask you for a group code, type in **JCMO4H** and complete the rest of the information. Testing for Level One and Level Two will take place online on the Junior Master Horseman website. If you have questions, contact Meg.

Level Three

For those 4-H members working on their Level Three testing, please use the website listed below "Riding Test for ALL Levels" for your study guide, skills test, record sheet, feeds chart and health care chart.

Riding Test for ALL Levels

For the riding test portion of the levels program, all levels will use the Nebraska riding test for their level. The skills tests can be found at:

<http://animalscience.unl.edu/web/anisci/ANSC4HHorseProgramAdvancementLevels>

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HORSE CLINIC
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This year the Equine Council will be hosting a clinic. **The clinic will be held on Saturday, May 7 at Misty River Equestrian Center;** Renee Garrison will be the clinician. The proposed plan for the day will include sessions on Showmanship, English Equitation, Horsemanship and Trail, with novice & advanced classes. Registration forms were emailed to club leaders in April.

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MAY

- 2 Enrollment deadline to be eligible for participating in Jackson County 4-H competitive events (Horse Show, Contest Day, County Fair, etc.) 5PM, Blue Springs 4-H Office
- 2 Horse Enrollment deadline, 5PM, Blue Springs Office
- 2 US Geological Society scholarship application deadline
- 2 Fair Committee meeting, 7PM, Blue Springs Office
- 5 Equine Council meeting, 7PM, Blue Springs Office
- 6 Summers@Mizzou camp registration and scholarship deadline to MU Conference Center, Columbia
- 7 Jackson County 4-H Horse Clinic, Misty River
- 15 Items due for inclusion in June newsletter
- 15 Daisy Outdoor Products scholarship application deadline to National 4-H Council
- 16 Deadline for 4-H T-Shirt orders
- 16 4-H Council meeting, 7PM, Blue Springs Office
- 31 MOVE Across Missouri Competition closes

JUNE

- 1 Pre-entry deadline for Jackson County 4-H Fair
- 1-3 State 4-H Congress, Columbia, MO
- 2 Equine Council meeting, 7PM, Blue Springs Office
- 3-5 MU Lego Robotics Camp, Columbia, MO
- 6 Fair Committee meeting, 7PM, Grain Valley Community Center
- 7-8 Public Speaking Academy, Central Methodist University
- 11 Contest Day, Blue Springs Freshman Center
- 14 Shooting Sports meeting, 7PM, Blue Springs Office
- 15 Items due for inclusion in July newsletter
- 15 Lamb and meat goat nose print deadline for entry at State Fair
- 18 Jackson County Fair Horse Show
- 18 4-H Night with the T-Bones
- 20 Fair Committee Meeting, 6PM, Blue Springs Office
- 20 4-H Council meeting, 7PM, Blue Springs Office
- 22-25 Jackson County Fair, Grain Valley Community Center
- 29-July 1 Missouri Citizenship in Action, Jefferson City

JULY

- 7 Equine Council meeting, 7PM, Blue Springs Office
- 12 4-H Awards Workshop, 10AM-3PM, Blue Springs Office
- 12 4-H Organizational Leader Meeting, 6PM, Blue Springs Office
- 15 Items due for inclusion in August newsletter
- 18 4-H Council meeting, 7PM, Blue Springs Office
- 22-24 MU Lego Robotics Camp, Columbia, MO
- 24-28 Summers@Mizzou Camp, Columbia, MO
- 27-31 State Fair Horse Show, Sedalia, MO

Move Across Missouri - Monthly MOVEment Activities



Stir the Soup

Each participant finds a partner to do this stretching activity. Both partners sit on the floor, face to face, with their feet touching in a wide straddle. They reach out and grab each other's wrists and move side to side and forward and back. Remind youth to keep their knees straight! Partners can make circles - small ones and then larger ones as muscles loosen.

Balloon Soccer

Material needed is a 10-inch round balloon. This activity can be played outdoors or indoors in a wide open room. Youth stand in a circle, shoulder to shoulder, holding hands. Youth kick the balloon around the circle passing to each player. After the balloon has been kicked around the circle, ask participants to take a giant step back and kick the balloon around again (hands may need to be dropped). Keep playing until there is no more space! Encourage youth to try kicking with the other leg in the opposite direction or pass the balloon by bouncing it off their heads.

Source: Couch Potato Challenge: Physical Fitness Activities for 4-H Youth Development Programs

<http://www.4h.missouri.edu/projects/health/docs/couchpotato.pdf>

For other physical fitness ideas, check out the Move Across Missouri featured on the 4-H website

<http://4h.missouri.edu/programs/move/>

YOU CAN ALSO VIEW YOUR MONTHLY 4-H NEWSLETTERS ONLINE AT: <http://extension.missouri.edu/jackson/>

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