



Jackson County 4-H Newsletter



<http://extension.missouri.edu/Jackson/>

February 2011

MESSAGE FROM MEG:

I blinked and it seems that February is almost over. It really is amazing how fast time flies. Mother Nature was really flexing her muscles during January and the beginning of February. We had to cancel or postpone a couple of meetings and even a State 4-H event was postponed. The Inclement weather policy is listed below.

Club leaders the 4-H Council officer team would like to attend your meetings. Please contact me with your upcoming meeting dates. sagemachm@missouri.edu

INCLEMENT WEATHER POLICY

In the event of inclement weather a decision will be made as soon as possible to ensure the safety of our members, leaders, families and staff. If the University of Missouri Jackson County Extension Office is closed then any events or meetings scheduled for that day will be cancelled.

If a meeting or an event is cancelled an e-mail will be sent to club organizational leaders. Event cancellations will also be broadcast on channels 41 and 38 (NBC Action News and 38 The Spot), they share closings with all seven Entercom radio stations in Kansas City (KMBZ, KXTR, 106.5 The Wolf, 99.7 KY, 98.1 KUDL, 98.9 The Rock, and 610 Sports) and with the Kansas City Star. **Cancellations will be listed as Jackson County 4-H.**

For events that are being held on the weekend, a decision will be made by noon the day before the event, *if possible*. The Extension Office will also do everything that it can to contact the people who have **pre-registered** for an event via email and/or phone.

If an event is not cancelled, and you do not feel that it is safe for you to attend, please use your best judgment to ensure your own safety.

4-H COUNCIL MEETING NOTICE

The next 4-H Council meeting will be on **Monday, February 21, 2011 at 7PM, at the Blue Springs Extension Office.** Each and every club can help shape the direction of the Jackson County 4-H program by having your club represented by a member from your club. **A reminder, completed Fair Advertisements are due to the 4-H Office by the end of the 4-H Council meeting. A completed fair advertisement includes payment, a completed order form, and any requested artwork-to be submitted on a cd or jump drive.**

EQUINE COUNCIL MEETING NOTICE

The next Equine Council meeting will be on **Thursday, March 3 at 7PM,** at the Blue Springs Extension Office. Please make sure if your club has a focus on the equine project you have a youth and an adult representative at each equine council meeting.

FIND THE HIDDEN SYMBOL

Congratulations to Ryan Cross, of Valley 4-H Explorers, he was the first person to find the symbol hiding in the January newsletter. Ryan will get a 4-H prize for his reading and detective skills. Each month the symbol will change. The first 4-H member to find the symbol and email Meg with its location at sagemachm@missouri.edu will win a 4-H prize of their choice. The names of each 4-H member will be announced in the following newsletter. This month's symbol is: 😊
Read the newsletter carefully to find the symbol.

Jackson County 4-H Staff

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COUNTY WIDE SHOOTING SPORTS

The next County Wide Shooting Sports meeting will be on **Tuesday, April 12 at 7PM at the Blue Springs 4-H Office**. Anyone interested in participating in any of the shooting sports projects (740-749) must be led by a state certified instructor, so you **MUST** attend the county-wide meetings and shoots if you are enrolled in these projects. Contact Susan Smith at smithsusan@missouri.edu, with any questions about shooting sports.



COUNTY WIDE PHOTOGRAPHY PROJECT

Anyone enrolled in the photography project is welcome to attend the County Wide Photography Project meetings. The next meeting will be held on **Saturday, February 19 at 2:30PM at Burr Oak Conservation Center**. Please note that this is a change of meeting location. Members should bring with them three questions regarding the principles of composition.



4-H COUNCIL REPORT

The meeting was called to order by President **Mackenzie Schuette** on January 17th. Pledges were led, roll was called and minutes were read and approved. The treasurer's report was reviewed and filed for audit. 4-H Equine Council survey results were discussed and utilized to determine events for 2011 4-H year. One major change is the Levels show will be held every other year, with a clinic on the in-between years. Fair Ad sales packets were available; each member should sell at least one Ad.

Committee Reports- Passed around Committee sign-up sheet. Fair committee discussed new ideas for this coming year. Also 4-H King and Queen dance will be held Saturday, February 26th, 2011 at 7:00, at Delta Woods Middle School, reservations are requested by Feb. 21st. Applications for royalty positions were handed out at the 4-H Council meeting and your club leaders also have a copy.

Old Business- Re-Enrollment forms- please return any missing forms and forms needing signatures as soon as possible. **New Business-** Election of another vice president- fair chair. Missouri Hall of fame nominations will be voted on at the February 4-H Council meeting. Club leaders please remember to inform Meg of your upcoming meetings/events. **Reminders-** Regional Energizer will be held on Saturday, January 22 at the Belton Freshman Center. Those who did not register, can still attend, it is \$15 at the door. Next Equine Council meeting is Thursday, February 3rd at 7PM, Blue Springs 4-H office. Next 4-H Council meeting is Monday, February 21st at 7PM, Blue Springs 4-H office. PLEASE COME JOIN US AT OUR NEXT 4-H COUNCIL MEETING!!! Meeting was adjourned.

Lauren Ashton, 4-H Council Reporter



4-H CLUB REPORTS



VALLEY 4-H EXPLORERS

On December 18th, the Valley 4-H Explorers went into the cold and delivered approximately 90 fruit baskets and hams to the Senior Citizens of Grain Valley. Afterward, we went back to the church for our Holiday party. We had a taco bar and a lot of junk food! Then we played games like Twister, Human Battle Ship (my favorite!) and Bingo. When you Bingo-ed, you won a prize. And we don't know how he did it, but **Marty** kept predicting the numbers that were going to be called!

Our next meeting was January 16th where we talked about some of our upcoming activities. We will be making "Birthday Boxes" to give to the Grain Valley Assistance Council. Then we will make fleece blankets and take them down to a homeless shelter in Kansas City when we go there to serve lunch and work passing out clothes.

After the business meeting, we had lessons on small animals. **Kate** talked to us about rabbits. Then **Anna** talked about her cat. After that, **Laurelai** talked about dogs and then **Meredith** taught us about chickens. What was really cool is that they each brought in their animals! Our next meeting is planned for February 6th.

Harrison Perry, Valley 4-H Explorers Club Reporter



NEWSFLASH!!!

Please have all of your information for the March newsletter sent to Meg at sagemachm@missouri.edu by **February 15th**. Please make sure that the information is 4-H related.



2011 FAIR BOOK ADVERTISEMENT SALES

The 2011 Jackson County Fair Book Advertisement Sales campaign is nearing the end. Packets were mailed to each 4-H family AND have been available on the Jackson County 4-H website. This is **THE** major fundraiser for the Jackson County 4-H Council. Proceeds from the sale of Fair book advertisements helps pay for fair expenses; ribbons, awards, building rental, supplies, etc. **EACH AND EVERY 4-H member should sell AT LEAST ONE Fair Book Advertisement**. If you sell a cover, or inside cover, please let Meg know as soon as possible. We want to avoid duplicate selling of the same space.

Clubs can also view this as a fundraiser, since clubs will receive a check for 10% of the advertisements sold by their club members. All completed fair advertisements forms with graphics AND money are due to the Blue Springs 4-H Office by **Monday, February 21**. Get out there and SELL, SELL, SELL.

If you have questions about selling 4-H advertisements, contact Selinda Ramsey at purpleclovers@sbcglobal.net.



SCHOLARSHIPS AVAILABLE

It is scholarship application time. We will try to announce as many as we can each month.

- West Central Electric Cooperative, Inc. has many different scholarships available with different deadlines. **The earliest deadline is February 25.** Applications can be found at www.westcentralelectric.coop. Look under “Youth Programs.”
- **Missouri 4-H Foundation Scholarships** - This year the Missouri 4-H Foundation will offer over \$60,000 in college scholarships. Members who are high school seniors and current 4-H members are eligible to apply for 60 different scholarships. The guidelines and application are available at: 4h.missouri.edu/recognition/scholarships/

Helpful hint: If you have completed the Missouri Recognition Form, you have already completed most of your scholarship application. **Application deadline is April 1 at the State 4-H Office in Columbia.**

- **Jackson County 4-H Foundation Scholarship** - The Jackson County 4-H Foundation sponsors three of the scholarships awarded through the MO 4-H Foundation process. The Jackson County 4-H Foundation will be offering three (3) \$1,000 scholarships to be awarded annually and renewable for up to three years while completing continuous undergraduate study. Students must maintain a 3.0 grade point average and complete 50 hours of work in a Missouri Extension office (preferably the Jackson County Extension office) during each year the scholarship is awarded, to be eligible to receive the scholarship for 4 years. ☺

Scholarship applications will be accepted from any enrolled 4-H member in Jackson County who is a high school senior and has been a continuous 4-H member for no less than the three (3) previous 4-H years.

Members interested in this scholarship should follow the guidelines and use forms from the Missouri 4-H Foundation. These can be found at <http://4h.missouri.edu/recognition/scholarships/> **Applications must be in the State 4-H Office by April 1. Meg must sign your application before it is sent to the State 4-H Office. Please note Meg will be out of the office March 17-19 chaperoning KC Global Summit and March 28-April 1 at a training. Please contact Meg, to schedule a time when you will be bringing your application to the office for her signature.**

- The US Geospatial Intelligence Foundation has a \$2000 scholarship available to high school seniors. More information can be found at: <http://usgif.org/education/scholarships> Scholarships are due to the USGIF by May 2nd.



MOVE ACROSS MISSOURI

The MOVE Across Missouri program will be back for 2011. The goal of the MOVE Across Missouri program is to promote physical activity. MOVE encourages youth and families to engage in a broad range of physical activities. Using an online program, members and families can “log” in the number of hours they MOVE. **Members and leaders will need to sign-up again after January 1, 2011.** For more information visit the MOVE website at: www.4h.missouri.edu/programs/move/ The competitive event runs from February 1 – May 31.



VOLUNTEER ORIENTATION REQUIRED FOR ALL LEADERS

The Missouri 4-H program feels that orienting all 4-H leaders will create a stronger 4-H program overall. As of January 1, 2009, all 4-H leaders (organizational, project, activity and resource leaders) are required to attend or complete a one-time volunteer orientation session.

Leaders may complete this session two different ways. One: complete the online orientation, or Two: complete a volunteer orientation CD.

Online Orientation

- <http://4h.missouri.edu/getinvolved/volunteer/application.htm>
- Scroll down the page till you see the heading: **Online version**
- You may want to use the optional Study Guide (PDF) to track your progress.
- Begin the Online Volunteer Orientation
- After completing the Online Volunteer orientation – follow the link to the Required Quiz.

Volunteer Orientation CD

Each club organizational leader has a copy of the volunteer orientation CD. Copies are also available to be checked out from the Blue Springs Extension Office. The CD contains the 7 units of the orientation for those who may have slow internet connections. However, you must have internet access to complete the online quiz.

New leaders must complete this orientation prior to working with youth, and by January 1, 2011.



JOIN THE REVOLUTION

We are very excited to announce the launch of “Join the Revolution of Responsibility.” This campaign tells the 4-H story in far more compelling terms than ever before. It showcases the stories of real 4-H members making a real impact in their communities and gives a voice to the uncommon dedication and barrier-breaking commitment of the young people who are 4-H. Visit the website at: www.4-h.org/about/revolution to learn more about Revolution of Responsibility.



SHOOTING SPORTS LEADER TRAINING

There is an upcoming training for the shooting sports program. Volunteers are required to successfully complete this upcoming training to lead a 4-H shooting sports project. **The training will be held April 1-3 at Camp Jo-Ota, near Clarence, MO.** Shooting Sports leaders are needed in Archery, Rifle, and Shotgun. **If you are interested in being a shooting sports leader, please contact Susan by March 1** so we can get you registered for the training.



FAIR BOOK COVER CONTEST

The theme for the 2011 Jackson County 4-H Fair is "Together We Can" The Fair Committee is calling all 4-H members into action to design the cover for the Fair Book. All submitted designs will be displayed at the fair. One design will be chosen by a neutral committee of artists based on creativity and the following rules and guidelines.

1. All eligible designs must be submitted by an active Jackson County 4-H member.
2. Designs must be copy-ready and arranged on 8 1/2 x 11 paper with **a one inch margin all around.**
3. A copy of the design should be submitted to the office, but the office will also need an electronic version of the design.
4. Designs will include the fair dates (June 22-25.
5. Designs must include the theme – Together We Can
6. Designs must include the location and address – Grain Valley Community Center, 713 Main Street, Grain Valley, MO 64029
7. Designs must include the 4-H clover, and follow all rules for use of the clover.
8. Designs must be neat and legible.
9. **Only one design per 4-H'er will be accepted.**

Please label the back of designs with your name, age and club. The contest winner will receive a special prize, second and third place artists will also be recognized. **Fair Book Ad Cover Contest Design deadline is Wednesday, March 2 at the Blue Springs 4-H Office.**



KOHL'S CARES SCHOLARSHIP PROGRAM

Every year, Kohl's recognizes and rewards young **volunteers** (ages 6-18) across the country for their amazing contributions to their communities. This year we are recognizing more than 2,100 kids with more than \$415,000 in scholarships and prizes. **Nominations are accepted till March 15, 2011.** Visit: <http://www.kohlscorporation.com/CommunityRelations/scholarship/index.asp> for more information.

This is a great way to recognize our 4-H members for all of the good community service they do!



4-H ANIMAL OWNERSHIP DEADLINES FOR JACKSON COUNTY AND MISSOURI STATE FAIR

One of the objectives in owning an animal is to learn new skills in animal breeding, feeding, management and health. To accomplish this, the member should secure the animal as early in the year as possible. For the Jackson County Fair and the Missouri State Fair the dates for minimum length of ownership necessary for exhibiting are:

• Beef Cattle - Steers	3/1
Breeding Animals	6/1
• Dogs	4/1
• Horses	5/1
• Swine – Breeding Boars	Since farrowing
Market Hogs	5/1
Breeding Gilts	90 days
• Sheep – Market lambs	6/1
Breeding Animals	7/1
• Dairy Goats -	6/1
• Meat Goats -	6/1
• Rabbits -	6/1
Meat pen	5-10 weeks prior to show



T-SHIRT DESIGN CONTEST

4-H members, here is another chance to get those creative juices flowing. We want Jackson County 4-H members and leaders to look "GOOD" at all County, Regional and State Events. Put on your thinking caps, be creative and have fun with your designs. The rules are as follows:

- All eligible designs must be submitted by an enrolled Jackson County 4-H member.
- Designs must be print ready. An electronic version of the design must also be submitted.
- Designs must be submitted on paper, preferably 8 1/2 x 11.
- Designs must be neat and legible.
- Designs will be printed in one or two color ink only.
- Designs will be printed on just front or back of shirt.
- Designs must include: Jackson County 4-H
- Designs should focus on the theme of "Together We Can" Please include the words in the design.
- Designs must include the 4-H clover, and the clover CANNOT be altered in any way.
- Please do NOT include your name or club name in the design.
- Please do NOT include a year on the design.
- ONLY one design per 4-H member will be accepted.

Please place your name, age and club on the back of your designs. **All designs are to be in the Blue Springs Extension Office by Monday, March 21 by 5PM,** so the 2011 design can be chosen at the 4-H Council Meeting that evening.



ROBOTICS, ROBOTICS, ROBOTICS

There are several regional, state, and international FIRST Robotics events this spring in Missouri. FIRST is an acronym- For Inspiration and Recognition in Science and Technology (<http://usfirst.org/>). If you are interested in robotics, you may want to attend one of these events to cheer the teams and learn about FIRST competitive robotics.

FIRST is a national 4-H partner with four different leagues for youth grades K-12.

Jr FIRST Lego League (JrFLL)

<http://www.usfirst.org/roboticsprograms/jfll/default.aspx?id=818>

FIRST Lego League (FLL)

<http://www.usfirst.org/roboticsprograms/fl/default.aspx?id=970>

FIRST Tech Challenge (FTC)

<http://www.usfirst.org/roboticsprograms/ftc/default.aspx?id=968>

FIRST Robotics Competition (FRC)

<http://www.usfirst.org/roboticsprograms/frc/default.aspx?id=966>

All of these events are great robot project field trips-

- **March 10-12, 2011** - Greater Kansas City Regional FIRST Robotics Competition at Hale Arena
1701 American Royal Court, Kansas City, MO 64102 - <http://www.kcfirst.org/>
- **March 16-19, 2011** - St Louis Regional FIRST Robotics Competition at Chaifetz Arena
1 S. Compton Ave, St. Louis, MO 63103 - <http://www.stlouisfirst.org/>
- **Robot Challenge** - The MU College of Engineering is again inviting 4-H groups to participate in the InSITE Robotics Challenge for elementary and middle school youth. The event is **Saturday, April 30** at the College of Engineering in Columbia. **Registration deadline is March 31.** Challenge objectives, rules, and details are at http://4h.missouri.edu/events/robots/docs/insite_challenge.pdf This is a great event for novice and experienced young roboticists. Preparing for the challenge can provide an excellent focus for robot project groups.
- **April 25-30, 2011** - FIRST World Championship (JrFLL, FLL, FTC, FRC) - Edward Jones Dome St. Louis, MO 63101



SNAWS

SHARING NATIVE AMERICAN WAYS SEMINARS

Interested in learning more about bow making, flint napping, Indian Dance basics, applique beading, and much much more? Then you should attend this workshop on **Saturday, March 26** at Saint Pius X High School in Kansas City. Presented by the Indian Council of Many Nations, this event will help you learn the REAL Native American way of life and traditions. Youth participants ages 10 ½ - 18 years of age will pay \$20. For more information and to register visit www.snaws.org



PATRIOTISM: WHAT'S IT ALL ABOUT?

There are many ways to show patriotism, with a group create a diagram of different things you can do in your community to show patriotism. Think of ways you can help out in your community and show that you are not only interested in what's going on around you, but responsible enough to care about making things better. Things you think would be pretty easy for you to do write in green; those things that would require a little help from an adult write in black and anything that you would need help from a political person or other official write in red. This color coding will help you when putting together your plan of action.

Now that you have your chart, plan one thing from each category (red, black and green) that you would really like to do. Don't worry about asking others for help; remember that patriotism isn't just wearing red, white and blue - it's becoming involved in the democratic processes and learning about the way your community is governed. People will be willing to help you accomplish your goals.

Once you have finished your three projects, give a presentation to your club or project group about what you have done. Tell them what you have learned about being a responsible citizen and being patriotic.

Reflect - Have you ever volunteered or been involved in community activities before? How does it make you feel to know you are contributing to your community? What types of things can you see yourself being involved with as you get older?

Apply - Remember patriotism isn't just waving an American flag on the 4th of July; its learning about your community and country and taking action. By becoming involved in your community through volunteer work you are helping your community and bettering yourself as a citizen. Remember to ask for help, everyone will be willing to teach you about their position in the community and help you as you strive for any of your goals.



COMMUNITY SERVICE CORNER

Community service is an important piece of the 4-H puzzle. Need some community service ideas? Try the community service page, on the state 4-H website at <http://mo4h.missouri.edu/projects/service/>. Don't forget to start filling out your club Service to Communities form in the back of your Clover.

This month we will focus on things related to the government:

1. Organize a public issues forum for candidates.
2. Design and paint a community mural.
3. Become an advocate. Contact your legislators on issues close to your heart.
4. Contact a local organization about donating flags to public institutions.



4-H HORSE NEWS

EQUINE COUNCIL MEETING

The next Equine Council meeting will be on **Thursday, March 3, 2011** at 7PM at the Blue Springs 4-H Office.

THE BEST OF MISSOURI – YOUTH HORSE TOUR

The 2011 Missouri 4-H Equine Career Tour, **May 21-27!** 4-H teens, 14-18, with a dream of combining their equine passions with a career are encouraged to participate in this tour to discover MO's equine industry and career opportunities. Participants will visit premier training facilities, unique equine venues and meeting the best of Missouri's equine professionals. Tour applications and the tour objectives are on the Missouri 4-H web site. The fifty bus seats fill quickly so do not delay! **The tour application with deposit will be due March 15 to Debbie Davis, Clinton County 4-H Youth Specialist.** Further information: 816-539-3765 or davisdd@missouri.edu

TRADE DAY

Trade Day will be **Saturday, April 16 from 8AM – 1PM, at Sunset Trails Stables in Lee's Summit.** Trade Day is an opportunity for you to buy, sell or trade equine related items. **Booth spaces and trailer parking spaces are \$29 each prior to April 9. After April 9 the price is \$39.** For more information and to reserve your booth space contact: Corrine Everson at 816-509-0149 or ksucorky@sbcglobal.net.

JACKSON COUNTY EQUINE LEVELS PROGRAM

Level One and Two

EACH 4-H member who will be working on Level 1 or 2 must create an account on the Junior Master Horseman website at www.juniormasterhorseman.com and join the **Jackson County, Missouri 4-H group - Code JCMO4H.** To create an account, you will click on the option of registering your book. It will ask you for a group code, type in **JCMO4H** and complete the rest of the information. Written testing for Level One and Level Two will take place online on the Junior Master Horseman website. If you have questions, contact Meg.

Level Three

For those 4-H members working on their Level 3 testing, please use the website listed below (under riding test heading) for your study guide, skills test, record sheet, feeds chart and health care chart.

Riding Test for ALL Levels

For the riding test portion of the levels program, all levels will use the Nebraska riding test for their level. The skills tests can be found at:

<http://www.animalscience.unl.edu/extension/equine/4H/advancementlevels.html>



JACKSON COUNTY 4-H CALENDAR OF EVENTS

Dates and times are subject to change, please make sure you have the most recent calendar.



FEBRUARY

- 19 4-H Royalty Interviews, Blue Springs Office
- 21 Fair Advertisement sales due to Blue Springs Office
- 21 4-H Council meeting, 7PM, Blue Springs Office
- 23 RSVP requested for King and Queen event
- 26 King & Queen Event, 7PM, Delta Woods MS

MARCH

- 1 Registration deadline - State Shooting Sports training
- 2 Fair Book Cover contest deadline, Blue Springs Office
- 3 Equine Council meeting, 7PM, Blue Springs Office
- 7 Fair Committee meeting, 7PM, Blue Springs Office
- 15 Items due for inclusion in April newsletter
- 15 Registration deadline for youth Horse Tour to Clinton County Extension Office
- 15 Kohl's Cares scholarship nomination deadline
- 19 State Horse Judging Contest, Columbia, Registration is required
- 21 T-shirt design deadline, 5 PM, Blue Springs Office
- 21 4-H Council meeting, 7PM, Blue Springs Office
- 26 SNAWS event, Saint Pius X HS

APRIL

- 1 Missouri State 4-H Foundation Scholarship Applications due to State 4-H Office in Columbia
- 4 Fair Committee meeting, 7PM, Blue Springs Office
- 7 Equine Council meeting, 7PM, Blue Springs Office
- 9 Trade Day early bird pricing deadline
- 12 Shooting Sports meeting, 7PM, Blue Springs Office
- 15 Items due for inclusion in May newsletter
- 15-25 Tractor Supply Paper Clover Campaign
- 16 Trade Day, 8AM-1PM, Sunset Trails Stables
- 25 4-H Council meeting, 7PM, Blue Springs Office

MAY

- 2 Enrollment deadline to be eligible for participating in Jackson County 4-H competitive events (Horse Show, Contest Day, County Fair, etc.)
- 2 Fair Committee meeting, 7PM, Blue Springs Office
- 5 Equine Council meeting, 7PM, Blue Springs Office
- 15 Items due for inclusion in June newsletter
- 16 4-H Council meeting, 7PM, Blue Springs Office
- 21-27 Missouri Youth Horse Tour

JUNE

- 2 Equine Council meeting, 7PM, Blue Springs Office
- 6 Fair Committee meeting, 7PM, Grain Valley Community Center
- 11 Contest Day, Blue Springs Freshman Center
- 14 Shooting Sports meeting, 7PM, Blue Springs Office
- 15 Items due for inclusion in July newsletter
- 20 Fair Committee Meeting, 6PM, Blue Springs Office
- 20 4-H Council meeting, 7PM, Blue Springs Office
- 22-25 Jackson County Fair, Grain Valley Community Center



*Here ye, Here ye, all ye 4-H members, families & friends
are cordially invited to attend...*

“Together We Can”

2011 King and Queen Event

Saturday, February 26, 2011

Delta Woods Middle School

4401 NE Lakewood Way, Lee's Summit

Reservations to 252-5051 requested by Wednesday, February 23

Special Requests and Provisions...

Desserts

The King and Queen Committee requests all 4-H families bring a dessert to share at the event. 4-H families can start bringing their desserts at 4:30 PM. Please also bring marked serving utensils for your desserts. Punch and salty snacks will be provided by 4-H Council.

Silent Auction Baskets

The King and Queen Committee requests clubs and families donate silent auction baskets, once again. The Silent Auction has been a great fundraiser over the past years. It is also a great opportunity to see how creative we all can be. So put your heads together and see what sort of a themed basket, bucket, or bag you can come up with! For those of you who haven't done this before, here are some ideas...Popcorn bowl with Movie Night supplies, bucket with horse supplies, a pampering basket, Sports supplies in a great duffel bag, 4-H project basket (with all of the supplies needed to make an exhibit). The value of the items can range from \$1 - ?. Be CREATIVE!!

Prizes

Two gift certificates will be available for 4-H clubs for the evening. The club that has the largest percentage of members and leaders attend King and Queen; will receive a \$20 gift certificate to the 4-H Source Book. Also the club who raises the most money on silent auction baskets will also receive a \$20 gift certificate to the 4-H Source Book.

Schedule for 2011 King and Queen Event-Saturday, February 26

3:30 PM - Decorating for the event. Anyone and everyone is welcome to come and help us get our location ready for our festivities.

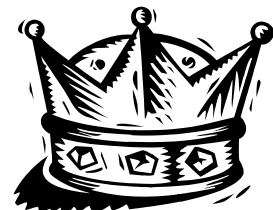
4:30 – 7:00 PM – Time for clubs and families to bring dessert items. Please bring serving utensils for your dessert. And time for clubs to deliver Silent Auction Baskets/Buckets/etc.

5:30 PM – 2010-2011 court members, 2011-2012 candidates and their escorts must be at Delta Woods for the rehearsal of stage presentation.

7:00 – 9:45 PM - The King & Queen Dance

8:00 PM - Introduction and Crowning of the Court.

9:00 PM – Bidding on Silent Auction Baskets closes.



Move Across Missouri

Get ready to continue 4-H Move Across Missouri (MOVE)! MOVE promotes physical activity and encourages youths to engage in a broad range of activities such as walking, biking, running, swimming, dance, taekwondo, gardening and more. Enrollment for new and re-enrollment for current MOVERs began January 1. Please note that if you are currently enrolled in MOVE you must re-enroll on January 1 or after in order to be a part of the 2011 program. If you do not re-enroll on January 1 or after your efforts will not be counted in 2011.

Using an online system, youth and their families can "log" the number of minutes they accumulate throughout the year and during the competitive component of the MOVE program from **February 1 - May 31**. 4-Hers can enroll in the online MOVE program as individuals and/or as part of a team. An individual MOVER may also be a part of a team. A team can consist of a family or members of a 4-H club or group. MOVE awards will be provided. Stay tuned! MOVE is sponsored by the Missouri Beef Industry Council. For more details visit -

<http://www.4h.missouri.edu/programs/move/>



Monthly MOVEment Activity - Stretch and Twist

Materials - None

Participants reach their left hand behind their back, placing it on their right back hip. Place the other hand on top of their head and gently tilt to the right. They should feel a stretch down the neck and across the upper shoulder. Hold for 30 seconds. Repeat on the other side. This is a good activity if a group has been sitting for a long period of time.

YOU CAN ALSO VIEW YOUR MONTHLY 4-H NEWSLETTERS ONLINE AT: <http://extension.missouri.edu/jackson/>

UNIVERSITY OF MISSOURI
 Extension
Jackson County Extension
1106 West Main Street
Blue Springs, MO 64015

