

Northland Early Education Council



The 18th Annual Fall Conference...

*“Expanding Your Horizons
In
Early Care and Education”*

**Saturday — October 22, 2011
Antioch Middle School
2100 NE 65th Street
Gladstone, MO 64118**

**Please Join Us
at our
18th Annual Fall Conference!**

**Agenda
October 22, 2011**

8:00-8:30 a.m. Registration/Coffee

8:30 a.m. Welcome & Announcements

8:45-9:45 a.m. Keynote: Dr. Sara Gable

10:00-11:30 a.m. Session A Workshops

11:30 a.m.-12:45 p.m. Lunch & Exhibits

Door Prizes Posted

12:45-1:45 p.m. Featured Speaker: Kraig Kensinger

2:00-3:30 p.m. Session B Workshops

(Conference concludes after last workshop session)

**For more information about
NEEC Fall Conference
Call: 816-407-3490 or
email: clayco@missouri.edu**

REGISTRATION INFORMATION

IMPORTANT: Print the Conference Brochure or view it online.

The Fall Conference fee is \$45 per person. Fee includes morning snack and lunch. Payment must accompany the registration form and be postmarked or emailed by Friday, October 14th. Registrations postmarked by October 14th will be accepted if space is available. After that date, a \$15.00 late fee will be assessed.

WORKSHOP REGISTRATION: Please mark your first and second choices for workshops. Sessions will be assigned on a first received basis, so send your registration ASAP.

REGISTRATION FORM

WAYS TO REGISTER

Paying by check:

1. Complete the registration form online or print out and complete by hand
2. Select workshop choices
3. Mail completed registration form and check to: University of Missouri Extension, 1901 NE 48th Street, Kansas City, MO 64118
4. An email reply will be sent within 7 working days confirming receipt of your registration form

Paying by credit/debit card and mailing form(s):

1. Complete the registration form online or print out and complete by hand
2. Select workshop choices
3. Complete credit/debit card information on the form **
4. You will need two copies of the registration form – one to send in and one for your records.
5. Mail completed registration form to: University of Missouri Extension, 1901 NE 48th Street, Kansas City, MO 64118
6. An email reply will be sent within 7 working days confirming receipt of your registration form

Paying by credit/debit card and emailing form:

1. Complete the registration form online
2. Select workshop choices
3. Complete credit/debit card information on the form **
4. Print a copy for your records
5. Email the form using the email option available to you through your email program. You might need to save the document first.
6. An email reply will be sent within 7 working days confirming receipt of your registration form

A second email will be sent to those paying with credit/debit cards. An email address is required for those paying with credit/debit cards. This will confirm the charge transaction. All credit/debit card information will be kept in strict confidence and will be destroyed as soon as your card information is processed.

** If you do not wish to complete the credit/debit card information on the form, please call Edythe at (816) 407-3490 to complete the charge information over the phone.

F Y I

ROOM TEMPERATURE: The room temperature varies from room to room depending on the location and the number of participants in the workshop. Please dress in layers so you will be comfortable in all rooms regardless of the temperature.

NO SMOKING: Antioch Middle School and grounds are totally smoke free.

PARKING: Nearby parking is available in the school parking lot.

MEALS: Morning snack & lunch are included in your registration fee.

EXHIBITS: Exhibits will be open during the lunch break. Detailed accounts of the exhibitors can be found in your registration packet the day of the conference.

CLOCK HOURS: There will be Five (5) clock hours awarded for participation in the full conference.

CANCELLATIONS/REFUNDS: Refunds will be made only upon written request to University of Missouri Extension, postmarked or emailed no later than **October 21st**. A processing fee of \$10 will be deducted for all refunds.

QUESTIONS: Questions about the conference? Contact Diana Milne, at Clay County University of Missouri Extension office, 816-407-3490 or Email: milned@missouri.edu.

Keynote Speaker:

Sara Gable, Ph.D.
University of Missouri



“Working Together for Young Children’s Health and Wellness”

The obesity epidemic is reaching down to younger and younger children. About 10 percent of infants and toddlers carry excess weight for their length and about 20% of 2- to 5-year olds are overweight or obese. Weight problems during childhood have the potential to disrupt all domains of child development. How can early childhood educators work together and with families to prevent weight problems and socialize children to adopt healthy habits? Sara Gable will provide an overview of the problem, discuss the numerous costs associated with childhood overweight and obesity, and present recommendations from the Institute of Medicine’s 2011 report, “Early Childhood Obesity-Prevention Policies”.

Since the 1980’s, Dr. Gable has been engaged in practical and scholarly activity focused on children, families, and child care. Her professional experiences are varied and include an internship with Syntex Corporation’s employee child care program in Palo Alto, California.; lead teaching at Utah State University’s Child Development Lab; and extensive in-home observations of mothers and babies across the first year of life and 2-parent families with first born toddlers across the second and third year. She came to the University of Missouri, Columbia in 1994 to coordinate a federally-funded child abuse prevention demonstration project with low income mothers and preschool-aged children. Since 1996, she has been a State Extension Specialist and faculty member, first in Human Development and Family Studies and more recently, in the department of Nutrition and Exercise Physiology. As an M.U. Extension Specialist, she has created and taught countless educational programs for child care providers and served on numerous child care-related state agency advisory boards. Her research centers on the child care workforce and the etiology and outcomes of childhood obesity. Her future goals include the integration of her child care and childhood obesity research.

“Moovin & Groovin”
Featured Speaker:
Kraig Kensinger
University of Missouri Extension



Kraig Kensinger is employed by University of Missouri Extension, which sponsors the *"Healthily Ever After"* program curriculum. He holds a Bachelor of Sciences degree in Education from the University of Missouri-Columbia, a Missouri life teaching certificate in Communications, and endorsement as a Therapeutic Recreation Associate. Kraig has designed and facilitated enrichment learning activities in theatre, leisure skills, and language arts for pre-school to high school students nationwide.

Nutrition Edu-tainer Kraig Kensinger will present scenes from the traveling puppet program *"Healthily Ever After"*. Using the art of puppetry and classic nursery rhymes, the stage show introduces young students to a variety of health and nutrition topics.

“Healthily Ever After”



The performance is a primer for teacher follow-up learning; using books, food tasting, and movement games. A sample of fun enrichment activities from the available curriculum will be shared. Additional preschool fitness activity ideas will be “demonstrated” through willing audience volunteers.

SESSION "A" BREAK-OUT WORKSHOPS - 10:00-11:30 AM

1-A

"What's the Hold Up?"

**Kathleen Welton, Health Educator
Clay County Public Health Center**

This special workshop will be conducted as a focus group of child care providers to discuss barriers to delivery of services. While the topic is "asthma trigger" education for staff and parents, findings will be relevant to other topics. Participant responses will be used to strategically plan delivery of asthma trigger education and other health education programs by the Clay County Public Health Center. An incentive will be given to those participating in the 90 minute session. Participants must be Clay County child care providers.

Core Competency: Health, Safety & Nutrition

Level: 2

2-A

"Providing a Safe Environment for Children and Staff"

Karen McDonald, Consultant

This workshop will focus on ways to provide a safe environment in every program and classroom. There will be an emphasis placed on ways that staff can engage and interact with the children without risking a false allegation against them. There will also be discussion on supervision that will reduce the risk of peer to peer abuse. The criteria will include discussion on ways to provide safe environments in the classroom as well as the playground. This will be an interactive workshop that will encourage discussion and problem solving based around actual scenarios. Participants will leave with a better understanding about the importance of supervision and high risk environments.

Core Competency: Health, Safety & Nutrition; Interactions With Children

Level: 3

3-A

"Fitting Fitness In"

Glenda Kinder, Nutrition & Health Education Spec., University of Missouri Extension

Move More! Learn why physical activity is key to good health and how aging affects your body's fitness level. Also, learn some movements you can bring into your workday that energize you and your students and make every day more fun.

Core Competency: Health, Safety & Nutrition

Level: 2

4-A

"Habits of Helping: Does the Why Matter?"

**Patricia Schoenrade, Ph.D.
Professor of Psychology, William Jewell College**

Few individuals other than parents are more important than early childhood educators in planting the seeds that grow into a real desire to help others. It's no secret, of course, that young ones learn helping through example. But what, specifically, do we do in the course of a 'normal' day that encourages this value? What we say about helping can be just as powerful. Should one help because it feels good? Because others need us? Because we'll get in trouble if we don't? We'll look at some specific instances of helping—drawing as well from examples within the group—and consider how some of the suggestions that psychology can offer apply to young children.

Core Competency: Child Growth & Development.; Families & Communities; Interactions with Children

Level: 3

SESSION "A" BREAK-OUT WORKSHOPS - 10:00-11:30 AM

5-A

"Early Childhood Music"

Alma Fusco, Childhood Music Educator, All Together Now

This workshop will teach about the importance of music in the classroom and how it helps aid development in young children. Learn tips on how you can turn a basic song into an awesome learning experience. Make your own rhythm patterns even if you do not see yourself as musical. You will walk away with a better understanding on how to enhance your musical program. We'll do an interactive music class demo, where we will go over the tips you've learned and put them into play. Be ready to sing, tap and have a good time!!

Core Competency: Child Growth & Dev.; Learning Environment & Curriculum.; Interactions with Children
Level: 3

6-A

"Sign Language for Hearing Infants and Toddlers"

Jennifer Thornton, Independent Certified Instructor & ECE Trainer

Wouldn't it be wonderful if the infants and toddlers in your center could communicate what they need, see and feel without having to resort to tears? Thanks to the Baby Signs® Program, effective communication is not only possible, but fun and easy to achieve. Using the Baby Signs® Program in infant and toddler classrooms: reduces frustration; decreases biting and other aggressive behaviors; helps teachers be more observant and responsive; builds trust and affection between babies and their caregivers; increases parent involvement in classroom programs.

Core Competency: Child Growth & Development; Interactions with Children
Level: 3

7-A

"Emotional Intelligence in Children"

Dawn Kuhlman, MA, Dispute Resolution Specialist, Clay County Family Court

There are many different types of intelligence; however, Emotional Intelligence has been strongly linked to increased empathy, better relationships, increased capacity to learn, and positive mental health. Many schools have implemented Social and Emotional Learning (SEL) Curricula to boost emotional intelligence. These are producing a decrease in behavioral problems and school suspensions. This presentation will include Emotional Intelligence activities that educators can do with children of all ages.

Core Competency: Child Growth & Development
Level: 3

8-A

"Boys Will Be Boys"

Christi Smith, BS, MBA, Consultant & Trainer, New Dimensions in Child Care Solutions

Struggling to help the boys in your care stay calm while keeping the girls engaged? Discover typical play among boys and how they really are different from girls. The workshop will compare what is considered rough and tumble play versus aggressive behavior. We will cover strategies and include fun activities that will help you turn aggression into "rumbling and tumbling fun!"

Core Competency: Child Growth & Development; Interactions with Children
Level: 2

SESSION "B" BREAK-OUT WORKSHOPS - 2:00-3:30 PM

1-B "Introducing Gardening and Home Grown Food to Children"
Marlin Bates, Horticultural Specialist, University of Missouri Extension
Karen Elliott, Nutrition & Health Education Specialist, Univ. of Missouri Extension

Participants in this workshop will gain insight into the various fruits and vegetables that can be produced during the spring, summer, and fall. We'll discuss different methods of gardening including raised-bed gardening. For those with workable ground, we will look at garden designs that are child-friendly. Other topics will include incorporating vegetables into educational programming, identifying "good" bugs and "bad" bugs, harvesting and eating!

Core Competency: Health, Safety & Nutrition; Program Planning & Development
Level: 3

2-B "Kaleidoscope of Art for Children"
Karen McDonald, Consultant

This workshop will provide a variety of art work ideas for classroom teachers on a budget. Ideas will include opportunities for indoor as well as outdoor artwork. The session will be interactive and there will be lots of variety in terms of art media. Each participant will receive a handout that includes websites, recipes, and basic information and ideas for planning a successful day of interactive artwork!

Core Competency: Child Growth & Dev.; Learning Environment & Curriculum; Interactions With Children
Level: 2

3-B "Mid-Continent Public Library: Your Early Literacy Toolbox!"
Jessie Alexander-East, Youth Services Dept. Manager, Mid-Continental Public Library

Learn about the wide variety of materials and resources available through MCPL that can be useful in the early childhood classroom. The American Literary Association *Every Child Ready to Read* initiative will be discussed as well as the research behind it

Core Competency: Learning Environment & Curriculum
Level: 2

4-B "I'm Sorry: The Power of Forgiveness"
Patricia Schoenrade, Ph.D., Professor of Psychology, William Jewell College

What does it mean to really forgive? Are the young ones with whom we work even old enough to think about that idea? When, in the day of the early childhood educator, is forgiveness called for? How might we encourage it, and help children understand the idea of forgiveness? We'll consider some specific examples in both the child and the adult worlds, and discuss some of the power that forgiveness has for our classes, our schools, and the larger community. We may find that, in encouraging forgiveness, we're encouraging children to *'swim upstream'* a bit.

Core Competency: Child Growth & Development; Families & Communities; Interactions with Children
Level: 3

SESSION "B" BREAK-OUT WORKSHOPS - 2:00-3:30 PM

5-B

"Early Childhood Music"

Alma Fusco. Childhood Music Educator, All Together Now

This workshop will teach about the importance of music in the classroom and how it helps aid development in young children. Learn tips on how you can turn a basic song into an awesome learning experience. Make your own rhythm patterns even if you do not see yourself as musical. You will walk away with a better understanding on how to enhance your musical program. We'll do an interactive music class demo, where we will go over the tips you've learned and put them into play. Be ready to sing, tap and have a good time!!

Core Competency: Child Growth & Dev.; Learning Environment & Curriculum.; Interactions w/Children
Level: 3

6-B

"Science Play in Your Classroom"

Janet Stern, M.A., Educator, Science City at Union Station, Kansas City

Science Play in Your Classroom is a workshop that gives early childhood educators an understanding of how they can implement science learning for young children by guiding investigations in all centers of the classroom. The workshop reinforces the teacher's role as facilitator, and gives teachers practical examples of how they can integrate science into the daily experiences of young children.

Core Competency: Learning Environment & Curriculum
Level: 3

7-B

"Freedom & Control in Preschool Classrooms: Engine for Self-Regulation"

Mike Abel, UMKC Institute for Human Development

Self-regulation is found to be related to school readiness and academic success and is a primary outcome that preschool teachers need to seek for children in their classrooms. Freedom and control are the engines for developing self-regulation and executive function. This presentation will help preschool teachers understand how temperament and their own goodness of fit will guide them in choosing strategies that will foster the development of self-regulation. Activities during the presentation will help participants to explore incorporating self-correcting learning activities into their classroom, using language mediators, and using other regulation to support the students during play.

Core Competency: Child Growth & Development
Level: 3

8-B

"Taking a Good Look"

Christi Smith, BS, MBA, Consultant & Trainer, New Dimensions in Child Care Solutions

This training will focus on capturing children's milestones through portfolios, assessments, and journaling as well as how to effectively communicate those milestones during parent teacher conferences. We will establish best practices for effective record keeping and communication of developmental milestones.

Core Competency: Child Observation & Assessment; Program Planning & Development
Level: 3

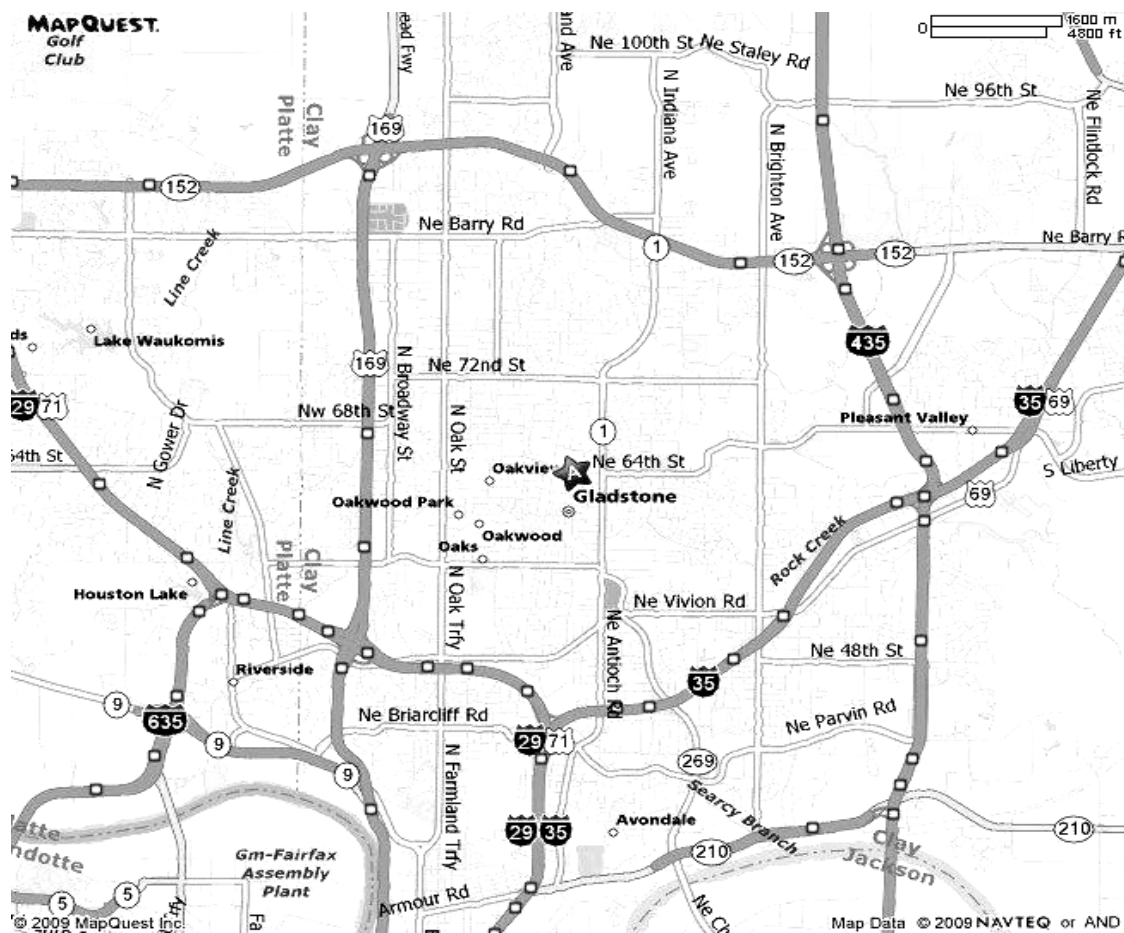
Directions to Antioch Middle School

FROM THE NORTH: I-35 South to 152W toward Gladstone. Take Indiana Exit (MO-1). Turn left onto MO-1 South. Travel South to 64th Street. Turn right on 64th Street (64th Street becomes 65th Street) Continue to 2100 NE 65th. School is on the right.

FROM THE WEST: I-29 South toward Kansas City. Merge onto MO 152E via Exit 9A toward Liberty. Take N Indiana Ave/MO-1 Exit. Turn right onto MO-1 South. Turn right on 64th Street. (64th Street becomes 65th Street.) Continue to 2100 NE 65th Street. School is on the right.

FROM THE SOUTH: Take I-35 North into Missouri. Take slight left at I-29N/US-71 N (signs for St. Joseph). Take Exit 1A for Davidson Road. Turn left onto Davidson Road for .3 mile to Vivion Road (US-69/NE). Turn right and travel on Vivion Road to Antioch Road (MO-1). Turn left onto NE Antioch Rd and continue for 1.6 miles. Turn left at NE 64th Street. (64th Street becomes 65th Street) School is on the right.

FROM THE EAST: I-70 West to I-435 North. Take I-35 South to Antioch Road Exit. Turn right on Antioch Road (North) to 64th Street. Turn left on 64th Street (64th Street becomes 65th Street) and continue west to 2100 NE 65th. School is on the right.



Conference Sponsors

The annual fall conference is coordinated by the University of Missouri Clay County Extension office. Special thanks to each of the following organizations for their collaboration and participation in making the 2011 conference a success:

- ◆ The Family Conservancy
- ◆ North Kansas City Hospital Children's Learning Center
- ◆ Northland Early Education Center
- ◆ North Kansas City School District Community Education

2011 NEEC Fall Conference Committee

Conference Coordinator	Diana Milne University of Missouri Extension
Arrangements & Volunteers.....	Susy Wunder NKC Hospital Children's Learning Center
Facilities	Melissa Wright NKC School District, Community Education
Exhibits	Peggy Grainger YMCA/Burlington Site
Registration	Shannon Crim Northland Early Education Center
Board Liaison	Melissa Taylor The Family Conservancy

Northland Early Education Council Purpose of Organization

The Northland Early Education Council (NEEC) brings together a diverse network of individuals, agencies and organizations concerned with the well-being of children who are cared for outside their own homes.

The NEEC council serves as a planning, organizing, coordinating, training, leadership and advocacy body to address issues related to availability, accessibility and quality of early care and education programs and services in Clay, Platte & Ray Counties.

For the past 18 years, the NEEC has organized and sponsored the annual fall conference: "Expanding Your Horizons in Early Care and Education".

Another professional development opportunity the council offers to the Northland community on a regular basis is the "Workshops on the Move" program. These after-work evening sessions give participants an opportunity to tour a quality child care

center, preschool, or early childhood agency; enjoy refreshments and some networking with colleagues, and then receive a training workshop. These events are held eight or nine months out of the year, usually on the 3rd Thursday. Check The Family Conservancy's training calendar for dates & locations at: www.thefamilyconservancy.org

If you are a center director or program manager and would like to host one of our "Workshops on the Move" events in 2012, please contact: Melissa Taylor at 913-342-1110 or Diana Milne at 816-407-3490.

Meetings of the Northland Early Education Council are open to anyone who is interested in early care and education. The NEEC meets on a monthly basis, usually over an extended lunch hour. For more information on how to get involved, please contact Diana Milne by phone at 816-407-3490 or by Email: milned@missouri.edu.